

Trustees' Annual Report

for the year ended 30th April 2025

Reference and Administrative Details

Charity Name: CIC EK Boxing Gym
Scottish Charity Number: SC051252

Trustees during the period:

- Josh Sandford
- John Eastwood
- Jamie Sandford

Principal Address:

1 Glenburn Road, College Milton, East Kilbride G74 5BA

Structure, Governance and Management

CIC EK Boxing Gym is a Scottish charity regulated by the Office of the Scottish Charity Regulator (OSCR). The charity is managed by its trustees, who are responsible for the strategic direction and governance of the organisation.

Trustees meet regularly to oversee the activities, finances and development of the charity and ensure that it continues to operate in line with its charitable purposes.

Charitable Purposes and Activities

The charity's purposes are to advance health, wellbeing and community participation through the provision of boxing, fitness and related recreational activities.

During the year, CIC EK Boxing Gym continued to provide accessible boxing and fitness sessions for children, young people and adults within the local community. The gym promoted physical health, discipline, confidence and social inclusion through structured training and mentoring activities.

The charity also supported individuals who may be at risk of social isolation or disengagement by providing a safe and positive environment focused on personal development and wellbeing.

Achievements and Performance

Throughout the year, the charity maintained regular training sessions and community engagement activities. Participation levels remained positive, with continued support from members, volunteers and the wider community.

Key achievements during the year included:

- Providing regular boxing and fitness training sessions;
- Supporting youth participation and development;
- Promoting physical and mental wellbeing;
- Maintaining a safe and inclusive environment for members;
- Continuing to strengthen community engagement and volunteer involvement.

The trustees consider the charity's activities during the year to have successfully supported its charitable aims and delivered benefit to the local community.

Financial Review

Reserves Policy

The charity aims to maintain sufficient reserves to meet ongoing operational commitments and unexpected expenditure while continuing to develop services for the community.

Plans for Future Periods

The trustees intend to continue developing the charity's activities by:

- Expanding participation opportunities;
 - Supporting youth engagement programmes;
 - Increasing community outreach activities;
 - Improving facilities and equipment where possible; and
 - Seeking additional funding opportunities to ensure long-term sustainability.
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Approved by the trustees and signed on their behalf:

Signed: JOSH SANDFORD

Name: JOSH SANDFORD
Trustee

Date: 10TH MAY 2026