



DanceFitFly SCIO SC:049675

Trustees' Annual Report

Period From 1st November 2024 to Period End 31st
October 2025

Charity contact information

Name	DanceFitFly SCIO
Scottish Charity Number:	SC049675
Address	Unit 7 109 Urquhart Road Aberdeen
Postcode	AB24 5NH
Email address	dancefitfly@gmail.com
Website	https://dancefitfly.wixsite.com/website
Social Media profile name	@DanceFitFly

Charity Trustees

The Trustees of DanceFitFly are:

Chair	Jennifer Elizabeth Oag
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Secretary	Paige Jade Mallen
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Treasurer	Cheryl Ann Bell
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Objectives and activities

The organisation's purposes are:

The advancement of the arts and culture, the advancement of health and the provision of recreational activities, and in furtherance of this (but not exclusively) by;

Procuring and providing a space for use by the public in order to acquire the skills of dancing, personal fitness and recreation.

Working in partnership with other bodies to achieve the purposes.

Dancefitfly operate a custom-built space offering a range of classes and drop-in sessions to the general public, all with the intention of encouraging people to use dance and fitness as a way of helping to improve their physical and mental health. We offer a range of classes at levels from introductory and beginner, through to advanced and standalone workshops, and have continued to offer online participation of some classes to continue to support relationships built during the pandemic.

Classes offered in 2025

During 2025 we continued to offer our core range of classes in contemporary circus arts including:

Pole beginners, improvers & mixed level, Intermediate pole, Low Flow, Pole choreography and dance, pole routine creation, Pole Mama's, Aerial hoop, Aerial conditioning, Aerial routine creation.

Traditional dance arts:

Rapper sword dance, Scottish step dance, percussive step dance and Clog dance.

Strength & flexibility:

Stretch & mobility, handstands & hand balancing

We also ran a number of one off specialist workshops that aligned with our core offerings or to help our students to prepare for upcoming showcases.

Structure, governance and management

Constitution

The charity was founded on 22 October 2019 and was registered as a Scottish Charitable Organisation (SCIO) on 22 October 2019 and is governed by its Constitution and recognised as a charity by the Office of the Scottish Charity Regulator in accordance with the provisions of The Charities and Trustee Investment (Scotland) Act 2005.

The trustees meet on a regular basis and administer the SCIO. The Trustees consider the Board of Trustees as comprising the key management personnel of the SCIO, in charge of directing and controlling the SCIO and running and operating the SCIO on a day to day basis. All Trustees give their time freely to manage the SCIO. One Trustee receives remuneration directly corresponding to classes taught as an instructor, invoiced at the agreed instructors rate. No Trustees receive remuneration for any management activities related to the SCIO. No expenses have been paid to Trustees in the period.

Trustee recruitment and appointment

There were no new appointments in the year.

Achievements and performance

2025 saw DanceFitFly build on the success of our first studio showcase last year and host a summer showcase and community bbq . Again the show was based at our studio premises, run by the Trustees and instructors and was open to all students who wished to perform. We decorated the studio in a summer festival theme and had performances from every discipline in a mix of contemporary circus arts, pole dance and traditional dance. Trustees once again gave their time for free in the organisation of the showcase and we ran a series of additional classes, workshops and open sessions to assist the students in creating their routines. On the night we had 16 performers including solo and doubles performances from students and instructors and a sold out audience of 60 guests. Everyone was invited to stay after the performance for a community bbq to learn about the studio, share experiences and continue to build friendships. During the showcase we were also able to hire a photographer/videographer, Andi Gibb, who as a member of the studio, donated her time for free to capture the performances so that the participants had amazing memories of their time performing.





Our trainee pole instructor, Hannah Duncan, successfully completed her Spin City Beginner's Instructor training course and certification and was offered a regular instructor position with us. She took over the teaching of the beginners classes which now allows Paige time to offer more advanced and specialised workshops. It also provides additional holiday cover and means we are able to minimise class breaks in the schedule.

We have continued to offer photoshoot opportunities as part of themed workshops and these have proven to be very popular. It is a great way of encouraging our members to document the progress they have made and embrace the changes they are experiencing as a result of their movement and dance practice. This is something we will continue to take forward into the next year as well following the success of the summer showcase photography.

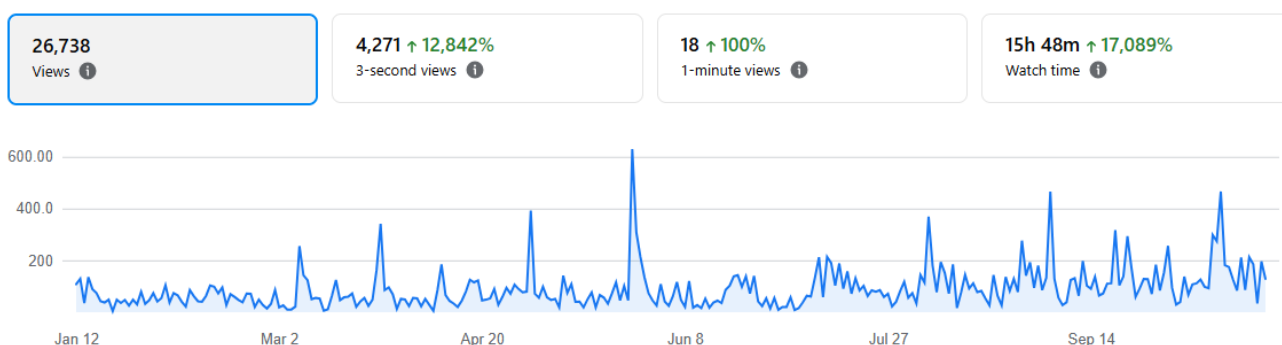
In January we hosted a day of taster sessions looking to bring new members to the studio and give people an opportunity to try out our classes at a reduced price. This was very successful and as we now had a new beginner pole instructor as well we were able to add an additional fortnightly beginners pole class into our timetable.



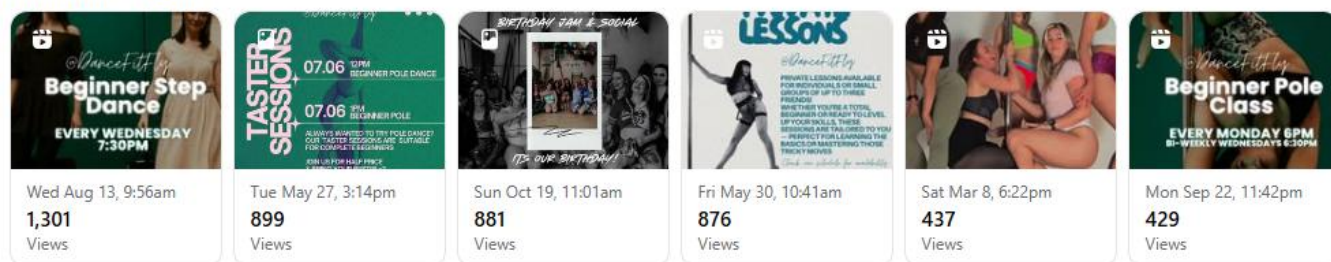
Social Media Performance

We continue to build our online presence on social media throughout the year. We use this to advertise the studio and regular classes, workshops, as well as sharing events and highlighting achievements. Our engagement and reach continues to grow with our key demographic still within the local area

Engagement Statistics



Most viewed posts



Audience overview

Custom: Jan 12 - Oct 31

1,331 Total followers

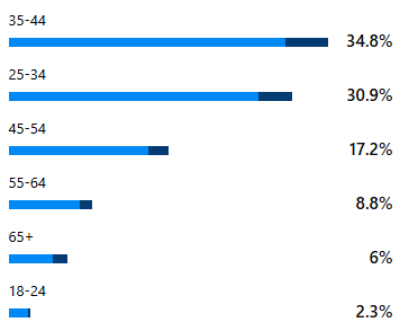
+3.5% from previous 293 days



Age & gender

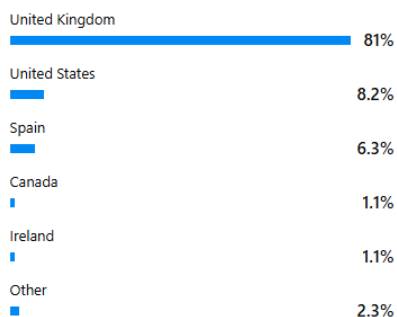
Lifetime

Women Men Unknown



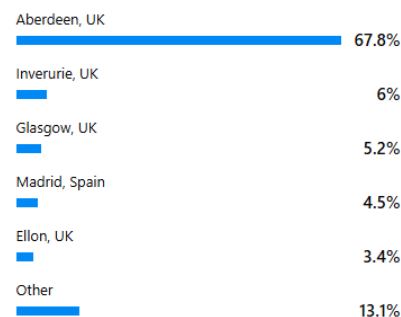
Country

Lifetime



Cities

Lifetime



Financial review

During the period DFF received no grant funding.

There are no outstanding debts to be repaid.

Statement of the charity's policy on reserves

The charity currently holds reserves of £34,654.

The Trustees aim to retain unrestricted reserves to cover operational costs for 6 months, which would be in the region of £7,000. Additional funds will be used to cover ongoing maintenance and repair works that we will look to quote for over the next 12 to 18 months.

Future plans

Our initial 5 year lease with Aberdeen City Council came to an end in January 2025 and as agreed previously by the trustees a new 5 year lease was signed with no changes to any terms and conditions.

Declaration

Signed on behalf of the charity trustees:



Name

Jennifer Oag

Designation

Chair

Date

12/07/2026

