

APPENDIX 1



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	04	2025	To	31	03	2026

Reference and administration details

Charity name	Young At Heart Deeside SCIO
Other names charity is known by	
Registered charity number	SC052387
Charity's principal address	Melgum Lodge
	Tarland
	Postcode AB34 4XA

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Aileen Longino			
2	Dawn Tuckwood			
3	Emma Tattersall			
4	Lucy Taylor		Appointed 24/11/2025	
5	Louise Booth		Resigned 24/11/2025	
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Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document	SCIO Two -tier Constitution
Trustee recruitment and appointment	Anyone interested in becoming a Trustee does a period of volunteering with the Charity and attend a Trustee meeting as an observer. We like to formally recruit at our AGMs where any prospective Trustees are introduced to our members beforehand. All new Trustees have their duties explained and given a copy of the OSCR Trustee Duties and Responsibilities, a copy of our constitution which is also OSCR approved and our most recent financial statement. They are familiarised with our policies and insurance and told about the day to day running of the Charity. Our Trustees are very hands on with the Charity and get involved wherever they can.

Objectives and activities

Charitable purposes	The organisation's purposes are: 4.1 Provide activities and events for older, vulnerable people over the age of 50 in the rural communities of Aboyne Ballater and Braemar and their surrounding villages. 4.2. To connect older people over the age of 50, with each other through the three themes of active lifestyle, creative activity and learning. 4.3 For the most vulnerable aged 50 and over, we will provide where possible doorstep deliveries and contact.
Summary of the main activities in relation to these objects	We run twice weekly Social Spaces for around 70 older people. We organise events and activities for the wider community of older people. We hand deliver 350 care packages to those most vulnerable in our rural communities.

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Achievements and performance

Summary of the main achievements of the charity during the financial period

April 2025

After and early Easter break we kicked off the new financial year with a range of speakers at our two social spaces with talks from Police Scotland about scams and home safety and visits from the local fire service to tell us about how to keep safe in our homes some taking up the offer of home visits to check smoke detectors etc.

May 2025

Our wonderful Tarland members we the guests of honour at Douneside House in Tarland to help commemorate 80 Years of VE in Europe. We were treated to a wonderful afternoon tea and entertainment. Members were able to share childhood memories of World War 2.

June 2025

In late June of 2025 many of our members attended the 50th celebrations of Aboyne Academy. We enjoyed to a great afternoon of exhibitions, speeches and afternoon tea. Some of our members had worked at the school over the year and were able to share their memories and stories. Also in June around 35 members went to see Chitty Chitty Bang Bang put on at Aboyne Theatre. We organised buses for those that needed them. It was a brilliant production with a talented cast. The ice cream at the interval went down well too. We were able to celebrate the acting prowess of one of a young volunteers who was part of the cast.

July 2025

At our Tarland Social Space we were delighted to welcome the local history group and a very vibrant discussion about the Howe of Cromar took place between them and our members. We also enjoyed a Wimbledon themed sessions in both Tarland and Aboyne with one of our ex young volunteers surprising us with a visit. We had visits from our local fire service at both social spaces who talked about home safety and gave practical advice. A busy month, we also had a local solicitor come and talk to us at Aboyne about Power of Attorneys and wills as a direct result of members enquiries into this. We also received an amazing £20,000 from Awards for All at The National Lottery to be used over two years for the running of the charity. This was brilliant news.

August 2025

Despite the unexpected hail in August our social spaces remained busy with around 35 members in Aboyne and 20 in Tarland. We received a donation towards running costs from wound up Aboyne Games Club for £196.98.

September 2025

At the beginning of September we had over 30 members attend a production of the Vicar of Dibley in the Victory Hall in Aboyne. A bus was organised for our Tarland members to attend. We also had some of the Welfare Rights team attend our Tarland Social Space which was very informative. At the end of the month we had over 25 members attend the first of two Italian themed lunches put on by the Hospitality team at Aboyne Academy. Our members thoroughly enjoyed a two-course lunch prepared and served by pupils.

October 2025

We had a very useful talks from SCARF the energy saving charity at both our social spaces and many of our members received vouchers and money of oil fills as well as new heating as a result of this visit. Our second visit to Aboyne Academy hospitality team for our Italian lunch proved just a successful. Buses were booked for both trips. In October we also started a well-received seated exercise classes which happened on a Monday at Tarland. All benefit hugely from these sessions which remain very popular with our members. We even had time this month to celebrate a members 90th Birthday. We make a fuss at birthdays when we can.

Towards the end of October we launched our Christmas Cheer campaign which involves putting together and hand delivering 350 care bundles to those most in need in our community. We have great support from local shops who display our special post boxes for this.

November 2025

We held our AGM in the Commercial Hotel in Tarland with over 35 members attending which was great to see.

Exercise classes continued through November.

Christmas Cheer bags were assembled ready for delivery in early December and the snow came early!

We also started some early Christmas craft making at our social space sessions.

December 2025

We were back at Aboyne Academy for two lots of Christmas lunch which was excellent. Buses again were organised for Tarland members.

We also had our own Christmas lunches for both social spaces at the Tor Na Coille and the Cow Shed. Transport again was put on for those that needed it.

A visit to panto was a wonderful treat for everyone to see Sinbad the Sailor. We were very busy in December with all Christmas Cheer bags being delivered in rather splendid, branded jute bags this year.

Our last social spaces of the year were a giggle with quizzes, singing and kazoo playing washed down with a wee sherry and some festive goodies. We had a visit from some pupils and the Headteacher from Aboyne Academy.

Just before Christmas we were asked to take part in the MacRobert Trust Christmas tree festival and our members enjoyed a wonderful afternoon of carol singing and Christmas fayre. We received a donation of £500 from MacRobert Trust and a donation from Aboyne Highland Games for £1200.

January 2026

In January the weather cancelled a few of our session, but we still managed to meet at social space when it was safe to do so. We had a special birthday at Aboyne and some of our Tarland members went to the local café for a Burns supper although we had it a lunchtime!

Exercise classes started back in in January to keep everyone warm and moving.

February 2026

The weather still had a hold, but we managed to celebrate Valentines Day and the Winter Olympics too. After such a prolonged period of rain everyone was glad to meet up and chat.

March 2026

We were asked to an Afternoon Tea by the Aboyne Academy hospitality team which as usual was very enjoyable. We had 51 members attend over the two sessions. Transport was organised as usual.

Exercise classes continued in Tarland and we had Braemar Mountain Rescue along to entertain us and scare us in equal measures about their daring rescues.

With an early easter this year we did easter crafts at the end of the month with a egg decorating contest too!

We received a donation for the Co-op for £500

Our numbers at both social spaces continue to grow and attendance at events and outings reflects this too.

Financial review

Brief statement of the charity's policy on reserves

As most of our funding is restricted funding we don't have any reserves. We do not have any committed unrestricted funds and any unrestricted funds held after all payments have been made at year end can be considered as reserves to be carried into the following financial period.

Details of any deficit

Donated facilities and services (if any)

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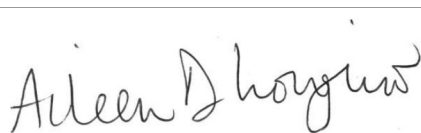
Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

AILEEN DOUGLAS LONGINO

Position (e.g. Chair)

Chair and Founder

Date

22/10/25

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YOUNG@HEART DEESIDE
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING RECEIPTS AND PAYMENTS ACCOUNT)
FOR PERIOD TO 31 MARCH 2026

		Restricted Funds	Unrestricted Funds	Total Funds 2025	Total Funds 2024
	Notes	£	£	£	£
<u>RECEIPTS</u>					
Grants	1	20,000	-	20,000	3,699
Donations		-	3,174	3,174	982
Receipts from Fundraising Activities		-	-	-	344
Receipts from Charitable Activities		-	-	-	-
Investment Income		-	-	-	-
Total Incoming Resources	2	20,000	3,174	23,174	5,025
<u>PAYMENTS</u>					
Donations		-	-	-	-
Payments relating directly to Charitable Activities		10,342	-	10,342	7,303
Governance Costs		-	72	72	132
Total Resources Expended	3	10,342	72	10,414	7,435
Net Incoming / (Outgoing) resources for Year		9,658	3,102	12,761	(2,411)
Total Funds at 1 April 2025		1,988	1,465	3,453	5,863
Total Funds at 31 March 2026		11,646	4,567	16,213	3,453

The statement of financial activities includes all gains and losses in the year.
The above receipts and payments are split between restricted and unrestricted funds.

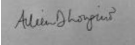
YOUNG@HEART DEESIDE
STATEMENT OF BALANCES
AS AT 31 MARCH 2026

Balance at Bank as at 1 April 2025
 Surplus/(deficit) for the year

Balance at Bank at 31 March 2026

Restricted Funds	Unrestricted Funds	Total Funds 2026	Total Funds 2025
£	£	£	£
1,988	1,465	3,453	5,863
9,658	3,102	12,761	(2,411)
11,646	4,567	16,213	3,453

The financial statements were approved by the Trustees on..... 14-Sep-26
 and were signed on its behalf by:



Trustee

YOUNG@HEART DEESIDE
NOTES TO THE ACCOUNTS
FOR PERIOD TO 31 MARCH 2026

Nature & Purpose of Funds

Unrestricted funds are used in furtherance of the aims of the organisation to provide a sustainable network of activities, clubs and support to older people in the communities of Aboyne, Ballater and Braemar and the surrounding rural villages by helping reduce social isolation and inequalities by connecting these communities. In addition, any restricted funds are used for the purposes for which they have been provided.

Committee Member Remuneration & Expenses

No remuneration or expenses were paid to any committee member or person connected to a committee member in this period.

Notes

1 Grants

Awards for All	£ 20,000.00 (<i>restricted</i>)
	20,000.00

2 Receipts

Grants	20,000.00
Fundraising	0.00
Donations	3,174.23
	23,174.23

3 Payments

Equipment	132.12
Social Space	6,001.69
Cheer Campaign	3,771.55
Bank Charges	53.39
Insurance	107.87
Subscriptions	237.18
Sundries	37.75
Independent Examination	72.00
	10,413.55

Independent Examiner's Report to the Trustees of
Young At Heart Deeside SCIO
Registered Charity Number SC052387

I report on the accounts of the charity for the year ended 31 March 2026 which are set out on pages 5 to 7.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the 2006 Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed: *Jacquie Milne*

Name: Jacquie Milne

Designation: Finance & Administration Manager, Aberdeenshire Voluntary Action

Address: PO Box 18706, Peterhead AB42 9BA

Date: 15 September 2026