Annual General Meeting of the Council of British Pakistanis (Scotland) on 2nd September 2025 held at 16 Eildon Terrace, Edinburgh - 11am

All the Trustees were to continue in their respective roles but

Stood down as Trustee but would continue to attend meetings as an observer.

The annual audited accounts for the year ending 31st of March 25 were presented and approved.

Other than our Immigration work up to level two with the Home Office, our promotional work with HMRC, Financial institutions and the communities, the major work undertaken was CALS project. The meeting agreed the above summary and CALS report be submitted as our work.

Creating Allegiance and Love for Scotland Youth Project (CALS) - Pilot

10th Oct 24 to 9th Sept 25, Confidential

1. Executive summary

Our core community is made up of Scottish families of Pakistani origin living in EH postcode areas, spanning three generations: grandparents, parents, and young people. Scottish Youths of Pakistani Origin (SYPO) often face a unique combination of disadvantages: navigating dual identities, overcoming cultural and language barriers, and experiencing discrimination in education, employment, and wider public life. These challenges are frequently overlooked in mainstream service planning, which is why CALS' community-led approach is vital. Many of our volunteers and participants are themselves SYPO, bringing lived experience and a deep understanding of both the barriers and the opportunities our young people encounter.

The CALS Project was launched to address the cultural disconnect and isolation experienced by SYPO aged 15–25, by strengthening cultural identity, promoting community cohesion, and

building resilience against radicalisation. Since its launch in October, the project has already made significant progress through cultural heritage workshops, Urdu language classes, cookery sessions, and intergenerational dialogues.

- Stronger cultural identity and sense of belonging among SYPO participants.
- Improved family communication through Urdu language sessions.
- Schools and communities report increased trust and engagement.
- Parents have emerged as key enablers of sustained participation.

2. Project Implementation and Activities

a) Cultural and Culinary Workshops

- Events Held: 12 sessions.
- Attendance: Average of 15 participants per session predominantly females
- Activities: hands-on cooking of traditional Pakistani dishes such as Chicken Karahi, Papri Chaat, and Vegetable Pakoras. Cultural quizzes subsequently recreated by youth for their parents. Explored future career interests; including medicine and mechanical engineering and to support their ambition were offered opportunities to connect with Pakistanis professionals in their chosen fields. One parent shared that these cooking sessions did more than teach recipes they helped her daughter reconnect with her roots: "She has really enjoyed the opportunities it has provided, especially the cooking classes making dishes like seviyan, chicken karahi, aloo tikkis, and pilau rice."
- Participant Feedback: 85% reported increased cultural awareness and pride.
- Social Impact: Sessions encouraged teamwork and independence. Participant requests include covering dishes like samosas, spring rolls, and bhindi ghost, as well as Bollywood dance activities.

Parent Quote: "My daughter takes pride in our food and now shares her skills with me in the kitchen."

b) Language and Communication Workshops

- Urdu Classes: 8 students per session, increased retention noted.
- Impact: 70% of students reported greater self-confidence and motivation to speak Urdu with older relatives.
- Challenges: Some irregular attendance due to school or work.
- Observations: Boys thrived in group settings; younger students required more hands on support. Parents became more involved as children shared their experiences at home.

One youth participant reflected: "The language classes have helped me connect with my heritage on a more personal level, allowing me to communicate with older family members and feel more rooted in my identity."

c) Intergenerational Dialogue

- Sessions: 3 held with youth and elders.
- Themes: Cultural identity, racism

• Outcome: 60% of participants reported better mutual understanding and communication across generations.

A parent noted that this experience "helped bridge the gap that can sometimes form because of language or cultural differences and has strengthened our family bond."

Note: opportunity to expand content to include gender roles, mental health, and belonging.

d) Community Engagement and Outreach

Partnerships: Established with Drummond High School, Broughton High School, Leith Academy and Annandale Community Centre where strong interest and support for the CALS project were evident:

Annandale Community Centre

The CALS Youth Project awareness event took place on Thursday, 19 December 2024, at Annandale Community Centre, with around 70 attendees including young people, parents, grandparents, and community leaders. Guests were welcomed with a traditional meal (provided by the centre), and the evening featured speeches from key figures included an introduction to the CBP(S) by its ________, a detailed project overview by Sumra, and a poetic performance in Urdu by youth worker Shamaila. Attendees then took part in small group discussions to explore the project's potential and offer feedback.

Suggestions from the groups included greater inclusivity through collaboration with other South Asian communities and local institutions, refining the target age group to 12–18, and offering gender-specific activities tailored to boys' and girls' interests—from sports and gaming to cooking and cultural events. Monthly Urdu film nights and competitions were also proposed to boost engagement. The event closed with each group sharing their feedback, reinforcing a sense of community ownership, followed by a heartfelt vote of thanks from Aisha, a community representative on the CALS management committee. Overall, the evening was well-received and highlighted strong support for a project that seeks to empower youth, celebrate cultural heritage, and foster community connection.

Leith Academy

- Prior to our initial meeting, Deputy Head Ben had had a meeting with a SYPO in a stressed situation due to family constraints, in particular older brotherly restrictions, and the school planned to contact social services. Ben stated, "being white" made it difficult to empathise, validating the need for this project.
- A visit made during the 4th Annual Cultural Day on 21st February with a chance to engage with the school community particularly SYPO. Upon speaking to these SYPO it became clear regardless of gender, family restriction prevented attendance to afterschool clubs mainly due to perception of mingling with untoward youth society. SYPO requested CALS volunteers to speak directly to parents may help ease the parental concerns and constraints if the supervising CALS members became known to them especially as will be of same cultural background. It was interesting to note many female SYPO requested segregated sports.

 A successful evening was organised for SYPO and their parents where they were asked to bring a dish prepared by themselves. This event allowed the CALS team and the school representative to engage with students and their parents. A safe space clinic was favoured during discussions.

Broughton High School

- Current Provisions included collaboration with two local community centres (Pilton/Granton), although the uptake was predominately by white youth.
- Deputy agreed, "this was much needed", and signposted around 10 youth for an initial safe space clinic. This was a success and SYPO although it did not have familial restrictions to after school activity attendance felt the school was hypocritical in its approach and could not speak to approach teachers regarding the hypocrisy for fear of impact on academic future. The children having been able to vent to CALS looked forward to the next session either through appointment with CALS.

Drummond High School.

- enthusiasm and was "happy to embrace" our initiative, acknowledging that any current provision "would never be enough". She also emphasised the importance of "understanding the mix of cultures" within the community.
- invited us to observe the student-led Diversity Fashion Show, which highlighted approximately 18 different nationalities represented at the school. Following the show, we engaged with SYPO members to introduce them to the CALS project.
- expressed interest in joining a meeting with SYPO parents to better understand the perspectives of those who may be more restrictive. During this discussion, we suggested the possibility of hosting an event in June at Drummond High, bringing together deputy heads from both state and independent schools involved in CALS. This event would facilitate multigenerational discussion between SYPO members and their parents.

3. Key Findings and Insights

- Stronger cultural identity and sense of belonging, in this Scottish context among SYPO participants.
- Urdu lessons have improved communication within families.
- Engagement with local communities has improved trust between SYPO and schools.
- The target age range should shift to 11–18 years. Girls have shown particularly strong interest in Punjabi cooking classes with bitesize Urdu learning.
- Youth expressed a desire for a broader range of activities, such as gaming, film nights, and sports.
- Boys were keen on sport sessions with bitesize Urdu learning.

4. The Role of Parental Involvement

One clear learning has been that **parental inclusion is crucial to youth engagement**. When parents are informed, consulted, or involved, youth show higher and more consistent attendance.

- Parents help measure impact by reinforcing learning at home.
- Community cooking events and family discussion sessions helped build shared understanding.
- Future plans may include:
 - o Parent-student joint events
 - o CALS home visit outreach (by invitation)
 - o Keeping parents updated through group WhatsApp on group progress

Parent Quotes:

- Another parent shared, "I am really grateful for this project it has helped my daughter feel proud of who she is and both parts of her identity."
- "As a father, it's reassuring to see her comfortably embrace her roots whilst navigating her life in a multicultural setting. CALS has nurtured a gentle sense of belonging and identity that I believe is essential for her growth."

5. Challenges and Mitigation Strategies

- Low male participation: Plan sessions focused on male interests (tech, sports, gaming, mental health)
- Inconsistence attendance: Explore flexible timings, further community partnerships and family liaison
- Current funding limitations restricting programme expansion requires application for new flexible grants.

6. Ideas for Next Stage

- Monthly heritage and cultural workshops to reinforce cultural identity and belonging through shared experiences and intergenerational learning.
- Culinary workshops that bring together families, different age groups, and genders, celebrating both Scottish and Pakistani heritage and promoting acceptance of dual identity, while showcasing inspiring role models from the community.
- Weekly sports/activity sessions (including gender-specific options where needed to foster inclusion) followed by safe space clinics where young people can discuss topics such as friendship issues, family pressures, online safety, discrimination, and aspirations. A "bring a friend" approach will make first attendance less intimidating.
- Weekly Urdu language lessons, embedded within workshops, to strengthen intergenerational communication.
- Female-only sessions, facilitated by trained female youth workers, with mother–daughter workshops to build trust and confidence.

- End-of-year strategy and insight events with mainstream and voluntary sector institutions, ensuring our learning benefits the wider community.
- Build a mentorship base (peer and adult mentors within community)
- Host cultural activities and competitions.

All activities to be free, held outside school hours and premises, and located in culturally appropriate, safe, and accessible venues.

7. Next Steps and Future Funding

Pilot programme (Dec 2024–present) confirmed high demand. We learned the 11–18 age group is the most engaged, curious, and vulnerable, making them ideal for targeted intervention. The pilot also taught us to adopt a flexible, week-by-week planning model, where youth decide the subsequent week's topics and activities.

The pilot clearly demonstrates the need for more focused work in the above and yet to be identified areas that would be primarily achievable with the 4-year project with proper secured funding.

The pilot funding strategy meets the Awards for All funding objectives and the next 4-year project from the 11th October 2025 is a logical extension.

Funding of CALS (Pilot) by Awards for All is much appreciated for what turns out to be unique piece of work within the Government strategy and it is anticipated that the 4-year full project would be funded appropriately; given that most of the other charitable funders are specific to their area (e.g. Nationwide for housing) and have little or no understanding for provision for work like CALS.

8. Conclusion

A strong clue lies in the quote from one youth participant "It's been a powerful journey of self-discovery and pride, and I'm incredibly grateful for the opportunity to embrace and celebrate my culture in such a meaningful way." And this was echoed by a parent "CALS has nurtured a gentle sense of belonging and identity that I believe is essential for her growth."

Finally, the title Creating Affection and Love for Scotland speaks for itself, and the activities set above and future, are a mechanism of achieving this. The prevention of radicalisation is central to these activities and CALS objectives to this end concur wholly with that of our Prime Minister Sir Keir Starmer, rising out of very tragic deaths of three young girls in Southport.

President

Council of British Pakistanis (Scotland)

COUNCIL OF BRITISH PAKISTANIS (SCOTLAND) Charity No. SC043740 79A BROUGHTON STREET EDINBURGH EH1 3RJ

FINANCIAL ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

MACKAY LOUDON & CO LTD ACCOUNTANTS

COUNCIL OF BRITISH PAKISTANIS (SCOTLAND)

FINANCIAL ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

CONTENTS

- 1 Independent Examiner's Report
- 2 Statement of Financial Activities
- 3 Balance Sheet
- 4 Notes to the Accounts

YEAR ENDED 31ST MARCH 2025

INDEPENDENT EXAMINEES REPORT TO THE TRUSTEES

I report on the accounts of the charity for the year ended 31st March 2025, which are set out on pages 2 to 4.

This report is made to the charity's board of trustees, as a body, in accordance with the terms of engagement. My work has been undertaken to enable me to undertake an independent examination of the charity's accounts on behalf of the charity's board of trustees and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's board of trustees as a body, for my work or for this report.

Respective responsibilities of trustees and examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of regulation 10(1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent report

My examination was carried out in accordance with Regulation 11 of the Charity Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act; and Regulation 4 of the Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 8 of the 2006 Accounts Regulations

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the



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Donations and Grants 4 13,250 21,000 34,250	
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Gift aid 3,351 - 3,351	650 0
Interest Received (Gross) 0 TOTAL INCOME 16,601 21,000 37,601	<u>0</u> 650
RESOURCES EXPENDED	
Rent and Rates 0 - 0	0
Insurance 29 - 29	253
Heat, Light and Cleaning 0 - 0	233
Telephone and Website 72 - 72	79
Promotion, Stationery and Posts 26 480 506	0
Salaries and Associated Costs 17,000 7,750 24,750	0
Repairs and Renewals 102 - 102	0
Committee Expenses 5 0 - 0	0
Accountancy and Examiner's Fees 6 250 - 250	250
TOTAL EXPENDITURE 17,479 8,230 25,709	815
NET INCOME/(EXPENDITURE) FOR THE YEAR -878 12,770 11,892	-165
Fund Balances brought forward 1,803 - 1,803	1,968
FUND BALANCES CARRIED FORWARD 925 12,770 13,695	1,803

The notes on pages 4a and 4b form part of these accounts.

		£	£
CURRENT ASSETS			
Cash at Bank and in Hand	3	16,754	4,453
		16,754	4,453
CURRENT LIABILITIES			
CREDITORS : Amounts Falling Due within One Year	7	3,059	2,650
NET CURRENT ASSETS		13,695	1,803
TOTAL ASSETS LESS CURRENT LIABILITIES	2	13,695	1,803
FUNDS			
Unrestricted Income Funds General Purposes Fund		925	1,803
Restricted Funds		12,770	-
		13,695	1,803

The notes on pages 4a and 4b form part of these Accounts.

Signed on behalf of the Trustees



NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

1. ACCOUNTING POLICIES

Basis of preparation

The accounts have been prepared under the historical cost convention.

The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 01 January 2019) and the Financial Reporting Standard applicable in the United Kingdom and republic of Ireland (FRS 102), the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended).

In preparing the accounts, the trustees have considered whether in applying the accounting policies required by FRS 102 and Charities SORP FRS 102 a restatement of comparative items was needed. No restatements were required.

Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is certain that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

Resources expended

Liabilities are recognised as resources expended as soon as there is a legal or constuctive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure is incurred in direct pursuance of the charity's principal objects and as set out in the Trustees' Report.

Accumulated funds

Unrestricted funds are those funds which are expended at the discretion of the trustees in furtherance of the charity's objectives. Where part of an unrestricted fund is designated for a particular project it may be designated as a separate fund, but the designation has an administrative purpose only, and does not legally restrict the trustees discretion to apply the fund.

Value Added Tax

The charity is not registered for VAT and accordingly expenditure includes VAT where appropriate.

2. SUMMARY OF NET ASSETS BY FUNDS

UNRESTRICTED FUNDS RESTRICTED FUNDS

	General		
	Purposes		
	Fund		Total
	£	£	£
Fixed Assets	-	-	-
Net Current Assets	925	12,770	13,695
	925	12,770	13,695
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COUNCIL OF BRITISH PAKISTANIS (SCOTLAND)

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2025

3. CASH AT BANK AND IN HAND	<u> </u>	<u>2025</u>	<u>2024</u>
Bank of Scotland Current A/c Cash in Hand 4. DONATIONS AND GRANTS		£ 16,002 <u>752</u> 16,754	£ 3,701 752 4,453
Annonymous	Unrestricted	13,250 13,250	650 650
5. COMMITTEE EXPENSES			
Number of trustees who were paid	d expenses	-	
Reimbursement of stationery, trav	el and telephone.	-	-
Total amount paid		-	
6. INDEPENDENT EXAMINER'S	<u>FEES</u>		
For preparing accounts For reporting on same		200 50	200 50
7. CREDITORS			
Telephone HMRC - PAYE Rent Accountancy and Examiner's feet	S	72 337 2,400 250 3,059	0 0 2,400 250 2,650