

Trustees' Annual Report for the period

Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	10	2024	To	30	09	2025

Office of the Scottish Charity Regulator

Reference and administration details

Charity name

Other names charity is known
by

Registered charity number

Charity's principal address

Better Lives (BL)

BL

SC051988

1A Torridon Avenue

Glasgow

Postcode G41 5LA

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mohamed Javed Thariya			
2	Yasir Hayat Siddiqui			
3	Suleman Ahmed			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

Single Tier Model Constitution

Trustee recruitment and appointment

No changes to the current structure for the year 2024-25

Objectives and activities

Charitable purposes

1. The relief of those in need
2. The Advancement of Religion

Summary of the main activities in relation to these objects

In the year Oct' 2024 till Sept' 2025, Better Lives has raised funds for the people of Gaza who are in crisis and going through genocide and partnered with Rahmat for Humanity charity who is supplying aid on behalf of us. Also helped elderly people in local community with providing information and interpreter/translation facilities, moving homes and on occasions distributing food to the homeless and deprived people in Glasgow

APPENDIX 1

Achievements and performance

1. Continuing from last year we have continued collecting funds for the people affected by the genocide in Gaza, we had volunteers who were very passionate about helping the people of Gaza during this horrible time by providing food, clothes and medical supplies especially for the children, women and elderly people. We had an overwhelming response from our local community from all race and religions who had donated for the people of Palestine to show their support and demonstrate that they are not alone during this crisis. Better Lives had partnered with Rahmat for Humanity, a charity based in England who makes visit to Egypt and provide the basic necessity supplies to the refugees. We received a very positive feedback and appreciation both from the locals in Egypt and Gaza for our efforts and generosity displayed from all our donors and well wishers
2. Better Lives had continued providing help in our local community to the elderly people especially those who does not speak English to make appointments with GP and Citizens Advice Bureau, help making applications for benefits if they are eligible, bus passes, etc and provide translation/ Interpretation services. Also on some occasions day and packing/moving facility was provided for elderly who could not afford to get these services. These services provided were very much appreciated by the local community as it gave them peace of mind and support during their time of need
3. Better Lives also collected some money to provide food packages to the needy locally and internationally where possible

Financial review

Brief statement of the charity's policy on reserves

Any reserves maintained will be utilised for the administration and other cost of the charity and any surplus money left would be used for future causes

Details of any deficit

N/A

Donated facilities and services (if any)

N/A

APPENDIX 1

Other optional information

Declaration

The trustees declare that they have approved the trustees' report above.

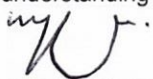
Signed on behalf of the charity's trustees

Signature(s) <i>OSCR will accept digital or typed signatures</i>	Mohamed Javed Thariya	
Full name(s)	Mohamed Javed Thariya	
Position (e.g. Chair)	Trustee	
Date	17/06/2026	

APPENDIX 3

OSCr

Office of the Scottish Charity Regulator

		Independent examiner's report on the accounts						v2	
Report to the trustees/members of		Charity name Better Lives (BL)							
Registered charity number		SC051988							
On the accounts of the charity for the period		Period start date				Period end date			
		Day 01	Month Oct	Year 2024	to	Day 30	Month Sep	Year 2025	
Set out on pages									(remember to include the page numbers of additional sheets)
Respective responsibilities of trustees and examiner		The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.							
Basis of independent examiner's statement		My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.							
Independent examiner's statement		In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*]							
		1. which gives me reasonable cause to believe that in any material respect the requirements: - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or							
		2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.							
Signed:						Date:	17/07/2026		
Name:		MUHAMMAD NASIR SIDDIQUE							
Relevant professional qualification(s) or body		AFA MIPA							
Address:		GLOBAL ACCOUNTANCY PRACTICE							
		10 ALLISON STREET							
		GLASGOW							
		G42 8NN							

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of
any items that the
examiner wishes to
disclose

N/A

Better Lives (BL)

SC051988

Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	Oct	2024		30	Sep	2025

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	2,147				2,147	33,791
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
					-	
A1 Sub total	2,147	-	-	-	2,147	33,791
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	2,147	-	-	-	2,147	33,791
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	8,372				8,372	26,996
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	300				300	300
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	8,672	-	-	-	8,672	27,296
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	8,672	-	-	-	8,672	27,296
Net receipts / (payments)	(6,526)	-	-	-	(6,526)	6,495
A5 Transfers to / (from) funds						
					-	
Surplus / (deficit) for year	(6,526)	-	-	-	(6,526)	6,495

Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	8,125				8,125	1,630
	Surplus / (deficit) shown on receipts and payments account	(6,526)	-			(6,526)	6,495
						-	
						-	
	Cash and bank balances at end of year	1,599.20	-	-	-	1,599.20	8,125
	(Agree balances with receipts and payments account(s))						

Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments			
	Total	-	-

Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets				
	Total	-	-	-

Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities			
	Total	-	-

Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities			
	Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of
approval


Mohamed Javed Shakeel Thariya

17 July 2026

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

Donation used for charitable purposes

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)	X
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C3b Trustee remuneration - details

Authority under which paid	£

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)	X
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C4b Trustee expenses - details

	Number of trustees	£

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

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Analysis of receipts and payments

2 Grants

3 Gross receipts from other charitable activities

4 Payments relating directly to charitable activities

reference error	-	-	-	reference error	reference error
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Better Lives (BL)

SC051988

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Donation						
Receipts						
Donations	2,147				2,147	33,791
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	2,147	-	-	-	2,147	33,791
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	2,147	-	-	-	2,147	33,791
Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	8,372				8,372	26,996
Grants and donations					-	
Governance costs:					-	
Audit / independent examination	300				300	300
Preparation of annual accounts					-	
Legal costs					-	
					-	
Sub total	8,672	-	-	-	8,672	27,296
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	8,672	-	-	-	8,672	27,296
Net receipts / (payments)	(6,525.80)	-	-	-	(6,526)	6,495
Transfers to / (from) funds						
Surplus / (deficit) for year	(6,526)	-	-	-	(6,526)	6,495

Nature and purpose of funds

Donation used for charitable purposes

Additional analysis (3)

6 Breakdown of restricted funds

	Total restricted funds last period	Total restricted funds	
Receipts			
Donations			
Legacies			
Grants			
Receipts from fundraising activities			
Gross trading receipts			
Income from investments other than land and buildings			
Rents from land & buildings			
Gross receipts from other charitable activities			
Sub total			
Receipts from asset & investment sales			
Proceeds from sale of fixed assets			
Proceeds from sale of investments			
Sub total			
Total receipts			
Payments			
Expenses for fundraising activities			
Gross trading payments			
Investment management costs			
Payments relating directly to charitable activities			
Grants and donations			
Governance costs			
Audit / independent examination			
Preparation of annual accounts			
Legal costs			
Sub total			
Payments relating to asset and investment movements			
Purchases of investments			
Sub total			
Total payments			
Net receipts / (payments)			
Transfers to / (from) funds			
Surplus / (deficit) for year			

Nature and purpose of funds	2014	2013
General fund	100.00	100.00
Capital projects	0.00	0.00
Debt	0.00	0.00
Other funds	0.00	0.00
Total	100.00	100.00