

Battle Scars

Charity number England and Wales 1177020

Charity number Scotland SC052466

Annual Report and Financial Statements

for the year ended 31 March 2026



Battle Scars

Annual Report and Financial Statements for the year ended 31 March 2026

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Prepared by West Yorkshire Community Accountancy Service CIO

Battle Scars

Trustees' report for the year ended 31 March 2026

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Jean Birch	Chair	
Tristan Batten	Vice-Chair	Resigned 3 July 2025
Glenn Groves	Treasurer	
Karen Johnson	Secretary	
Aisling O'Brien		Appointed 21 February 2025

Charity number	1177020	Registered in England and Wales
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Registered and principal address	Bankers
Onward Mental Health & Wellbeing Hub	NatWest Bank plc
Onward House	8 Park Row
Millshaw Park Way	Leeds
Leeds	LS1 5HD
LS11 0LS	

Independent examiner

Michelle Westmoreland CGMA

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a Charitable Incorporated Organisation (CIO) Association, formed on 6 February 2018 and governed by a constitution as amended on 27 October 2020.

Method of recruitment and appointment of trustees

The trustees of the charity are appointed by the members at the AGM.

Battle Scars

Trustees' report (continued) for the year ended 31 March 2026

Objectives and activities

The charity's objects

To relieve the needs of persons affected by self-harm in particular but not exclusively by:

Holding survivor led support groups for persons affected by self-harm and anybody interested in understanding self-harm;

Advance the education of the general public in all areas relating to self-harm;

Provide training and practical advice to:

Professionals, staff and volunteers of other organisations (public, voluntary and private sector) who deal with persons who self-harm;

Parents of school age children, young people and adults who self-harm;

Anyone wishing to attend the training or trying to understand self-harm; and

In any such ways as the trustees see fit in furtherance of said objects.

The charity's main activities

Adult peer support groups at various locations and times to increase self-awareness and a sense of belonging and decrease isolation. A system of no referral or booking is in operation so that anybody over 18 can attend whenever they're able to. We do not have gender-specific services, they are all inclusive. We provide a safe environment to allow everybody present to be themselves, to work towards understanding and managing their behaviour and to help them re-adjust to living in a mixed society. In this way we also make our services available to those not fitting in gender stereotypes.

On-line peer support for people 13 or over for quick access to support encouraging people to develop strategies and learn to manage their self-harming behaviour.

Training for professionals from a survivor's perspective providing them with hard to get insights so they can support others more effectively.

Workshops for under 18's to educate, provide them with better self-awareness and providing them with options to better manage life.

Discussion groups for carers/ friends to increase understanding and acceptance and decrease guilt.

On-line resources and printed materials to make disclosing self-harm easier, tools to understand the behaviour and information to break down the stigma.

Volunteer development programme to increase the volunteers' self-worth and confidence, to teach them skills and provide them with different experiences.

Running stalls/information sessions to increase awareness about self-harm and our services.

We encourage our volunteers and service users to actively take part in steering the direction the organisation is taking by expressing their ideas and needs, by suggesting improvements, designing printed material and requesting the sort of resources and information they'd like to see available to them, to their families/friends and to professionals. Feeling involved and listened to makes a big difference to them. We value their input and take all their suggestions into consideration. Some we reject if they are either incompatible with our objectives or unattainable (due to funding or structure) and provide explanations for this, some are acted upon quickly while others are included in future plans. The volunteers are making running our services possible and receive compulsory as well as additional optional training, regular supervision and expenses.

Public benefit statement

In setting our objectives and planning our activities our trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the relief of those in need, by reason of youth, age, ill-health, disability, financial hardship or other disadvantage, the advancement of education and the advancement of citizenship or community development.

Battle Scars

Trustees' report (continued) for the year ended 31 March 2026

Achievements and performance

Following a period of significant concern during the previous financial year regarding the future of the organisation, stability began to return. We secured essential core funding as well as funding for a new project and the expansion of existing services. The year ended in a stable financial position with core costs covered and reserves maintained.

Thanks to the hard work of the Battle Scars team, the quality of our services remained high, creative solutions were implemented, networking increased and new partnerships were formed. Our reputation continued to grow and the Onward Mental Health & Wellbeing Hub firmly established our presence, improving access to services, hosting over 150 events and welcoming thousands of visitors. This significantly helped raise awareness of our work and the facilities available. We faced challenges head on, ranging from supporting people in severe crisis to undertaking the substantial garden landscaping task.

As multiple Battle Scars services can be used simultaneously, we adjusted how we collect data this year to reflect this more accurately. Overall, there were over 3,500 direct beneficiaries, 99 of whom accessed multiple services: 70 accessed two services, 20 accessed three services and 9 accessed four. Due to rules, anonymity options and the structure of our online group, only limited data can be collected, making direct comparison challenging. We estimate that a further 70-100 online group members also access other Battle Scars services. The above figure has been adjusted accordingly. This demonstrates that many receive intensive, layered support through our organisation while maintaining autonomy over their own care.

Feedback flowed freely throughout the year with many people wishing to express their gratitude and some offering constructive suggestions for improvement, which we were able to implement.

Thanks to our newly established team of Ambassadors, we increased efforts to raise awareness of our services and reach people who could benefit from them. While awareness raising remains an ongoing challenge, we also recognise that taking the initial step to make contact and explore support can be difficult for many people. We continue to use a range of marketing approaches, taking advantage of every opportunity to network and promote what we offer.

Impact & Value

Adult services – face-to-face groups

Self-harm peer support groups

The repeat awarding of a Mental Health Transformation grant combined with a 2-year grant from Jimbo's Fund covered all face-to-face service costs during this financial year. Following last year's closure of the community mental health hubs the two groups relocated to our premises – the 16-25s and evening 18+ group – both of which successfully re-established themselves. The new weekly 18+ group experienced some fluctuations in attendance due to changes within the facilitator team but is now consistently vibrant with excellent engagement and a total attendance of 441 over the year. The 50+ group after showing considerable promise mid-year, encountered challenges linked to low attendance. While there is undoubted need, it is proving harder than expected for older people to acknowledge they self-harm and seek support. In response, increased effort is being made to promote this group through older people's services alongside reinforcing the broader Battle Scars definition of self-harm – any harm we do to our bodies and minds – and working to reduce the stigma particularly felt by this demographic.

LGBTQ+ group: Rainbow Collective

Launched on 28 August 2025 and based on a different model to our other groups, the Rainbow Collective provides a safe space for people of this community who self-harm to discuss specific LGBTQ+ issues that affect their lives and their experience of self-harm.

Battle Scars

Trustees' report (continued) for the year ended 31 March 2026

Socials

Craft, film, books and crochet sessions, alongside the collective effort to decorate Onward House for Christmas added a different dimension to peer support. These activities offered relief from the heavy subject matter of self-harm, encouraging laughter, creativity and the opportunity to try new hobbies, while also producing heart warming artwork to display around the building. Total attendance at the above groups over the year was 826.

Adult services – virtual

The popular virtual groups continued to be a vital way to provide support to people across the UK, regardless of location. During the year, we ran 215 groups with an average attendance of 9.5 per session and a total attendance of 2,048. Changes within the facilitator teams are sometimes unavoidable and can be challenging for service users, occasional resulting in fluctuations in attendance. This is an inherent challenge within our largely volunteer-run services for both group coordinators and the volunteer manager. Encouragingly, almost all groups showed an increase in attendance in the final quarter of the year.

Following the success of the Dialectical Behavioural Therapy (DBT) peer support workshops, provision was doubled. These popular groups offer participants the opportunity to try out, learn and practice DBT skills that are not always readily accessible.

The decision to double the frequency of the Self-Harm Addiction Programme support groups from January, providing virtual support to those working through the workbook, resulted in a 124% increase in average attendance.

All virtual groups were self-funded during the previous year.

Adult services – phone

Referrals for our FRESH service increased by 6% compared to the previous year. This service provides an initial point of contact, offering the opportunity to openly discuss self-harm with peers. During the year, the service was expanded to include a follow-up call 6 weeks after the initial contact, alongside the provision of additional information and resources via email.

Referral data indicates that the service is most frequently accessed by 18-19 year olds followed by those aged 21-25 and 26-30. We were able to make contact with 79% of individuals referred which is typical for this service, with some calls lasting up to an hour. The most frequent referrers were NHS Talking Therapies – Chester, Leeds Arts University, Primary Care Mental Health Team Leeds, Live Well Leeds, Safe Space Housing, Waltham Forest College London, Leeds Student Medical Practice, Linking Leeds and St George's Crypt. All calls were made by a small volunteer team, coordinated by a volunteer and managed by the CEO.

This service was self-funded during the previous year

All ages Facebook group

The all-ages online support group had 4,693 members from 96 countries. Of these, 52% were based in the UK and 30% in the USA, with other members from countries including Vietnam, Egypt, Nepal and Mongolia. Within the UK membership, 24% were from Yorkshire including 10% from Leeds. Across the UK, 81% of members were from England, 16% from Scotland, 2% from Wales and 1% from Northern Ireland. The busiest times for posting were between 6 pm and 10 pm and around 11 am with engagement spread fairly evenly across the week. Around a third of members were active in the group during the year, reflecting the fact that individuals access support at different times depending on their needs

Plans and aspirations

Our aims for the coming year are to reach full capacity across our virtual groups while maintaining and increasing attendance at face-to-face groups, increase usage of the FRESH service as an initial steps into further support and to ensure the online support remains both an effective introduction to our wider services and an easy-to-access form of ongoing support.

Battle Scars

Trustees' report (continued) for the year ended 31 March 2026

As we continue to cross-reference engagement across different Battle Scars services and compare attendance data over multiple years, we are identifying repeatable patterns that will help guide and strengthen our marketing efforts.

Young people and families

Discovery Journal

During the year, 221 copies of the Discovery Journal were posted to children and young people aged 10 to 17. Trends observed over the past two years show a consistent pattern, with demand decreasing between the first and second quarters followed by increased uptake in quarters three and four. Analysis by age indicates that 14-year-olds placed the highest number of orders. Of all orders to date, 39% of young people indicated that they were autistic, 37% had ADHD and 23% identified with other neurodivergent profiles including dyslexia and dyspraxia. In addition, 23% of orders were from young people with learning or physical disabilities. Most individuals learned about the resource through family or friends (26%), counsellors or therapists (25%) or school staff (13%), with others finding it via online searches, social media, their GP or Feedback remains extremely positive.

16-25s group

Demand for the weekly 16–25s group continued to grow steadily throughout the year, with attendance increasing by 75%. This builds on a similar increase in the previous year and reflects the time required for such groups to become embedded and trusted. Sustained growth highlights both the ongoing need for support within this age group and the value participants place on the service. The group is funded through the Jimbo's Fund grant, enabling its continued development and stability.

Video for children and young people

The 15-minute recorded presentation, which shares a personal story and encourages young people to reach out for support and develop healthier ways to manage life, was shown to over 570 young people across the UK. It was requested by schools, children's residential homes, CAMHS, youth organisations, social services and psychologists. We have not yet been successful in securing funding to produce a professional version of this video

Family

The two virtual family groups thrived during the year. As one of the most challenging services to establish, they achieved significantly higher and more consistent attendance, reflecting growing trust and engagement from families. The face-to-face equivalent funded by the Leeds Mental Health Transformation Fund took longer to gain traction. However attendance doubled in the final quarter following the first in-person seminar held at our premises in February, which was strongly targeted at parents and carers, and supported by outreach work and an increased social media presence. Feedback has been overwhelmingly positive, with parents reporting that they have implemented our suggestions and, as a result experienced noticeable improvements in their relationships with their children

Plans & aspirations

We plan to deliver regular seminars and webinars to reach relevant professionals, families and carers and promote these resources more widely. We will continue to engage with schools, particularly those supporting students with SEND (Special Educational Needs and Disabilities) and build new connections to extend our reach.

Training delivery & supporting professionals

We delivered our training to a total of 329 professionals, a 9% increase from the previous year: 104 attended in-person self-harm training and 142 attended virtual sessions, while 25 attended eating disorders/disordered eating training delivered in both formats and 20 participated in bespoke training.

Battle Scars

Trustees' report (continued) for the year ended 31 March 2026

Participants represented a wide range of organisations including The Children's Society, Unity Foster Care, Leeds Primary Care Networks, Heart of Yorkshire, King's College London, Catalyst, Touchstone, Well Windsor, the University of West London, Mind Cambridgeshire, Gasped, The Alphabet Collective, Justb, Dumfries and Galloway Rape Crisis and Sexual Abuse Support Centre, Yes Project, United Fostering and many others.

Consistent high ratings and positive feedback were received.

A new alumni group, the SelfHarmAware Professionals Guild, was established for those attending our self-harm training. The Gild provides opportunities for continued learning, peer connection and ongoing access to the trainer.

Resources

A collaboration with Leeds City College's Safeguarding Quality and Learning Manager resulted in the development of the Managing Disclosures of Self-Harm by Under and by Over 16s guides for staff working within educational settings, which are now widely available through our website.

Work also begun on developing a resource to support prison staff to respond compassionately and with understanding to prisoners who self-harm. This work was funded by the Albert Hunt Trust.

Plans & aspirations

Increased focus is being placed on promoting our specially designed training course for the private sector as part of our wider strategy to diversify income and raise awareness. Alongside this, our team of Ambassadors continues to support awareness-raising efforts, working in tandem with our social media activity and monthly newsletter

The Onward Mental Health & Wellbeing Hub

The hub and Battle Scars premises, now much more established, continued to accommodate Leeds Mental Wellbeing Service therapists and the organisation Memec while also providing the Leeds Community Healthcare NHS with a training room and Unity Foster Carers with a group room. Unity later decided they were not using the space sufficiently to justify extending their contract and moved out at the end of March. Maintenance and garden landscaping were the primary focus in terms of manual work. Our landlords, MunroeK, supported us to address a roof leak and a partially faulty heating system while additional practical help was provided by friends, service users and partners, including a gardening crew from Virgin Media.

The four meeting/event rooms were frequently hired out and used by approximately 3,000 people from a wide range of organisations. Income generated by the building now covers its running costs with a small sink fund in place to manage unexpected expenses such as repairs due to storm damage.

Plans & aspirations

With continued marketing, including a promotional video filmed in early April, we anticipate increased demand for room hire. Alongside this, we will continue efforts to identify tenants for the two remaining medium-sized rooms. We are also seeking funding to improve building access and security. Contributions created by Battle Scars service users, volunteers and staff will be used to decorate remaining blank walls and further enhance the welcoming atmosphere of the building

Work in Scotland

Our virtual groups were attended by 6 service users based in Scotland, while over 45 individuals accessed our online support. Discovery Journals were sent to children in Edinburgh, Kirkcaldy, Paisley and Perth. The Scotland-only webinar delivered in October was attended by 20 professionals, while a proportion of the 80 attendees at the Self-Harm Awareness Day webinar held in early March were from Scottish organisations. Professionals based in Scotland also continued to attend our wider training sessions throughout the year.

One member of staff ran workshops at a local mental health group in Dumfries and attended the National Rural and Islands Mental Health Forum when agendas aligned with our work.

Due to limited capacity, we were again unable to promote our work as widely as intended.

We currently receive no funding specifically to support work with people in Scotland

Battle Scars

Trustees' report (continued) for the year ended 31 March 2026

Plans & aspirations

The primary challenge in increasing engagement with service users from Scotland remains our limited local outreach. Recruiting local volunteer Ambassadors will be a priority in the coming year to help raise awareness and increase uptake of our accessible services.

Research

Over the financial year, we worked with 28 researchers and formed formal partnerships with six organisations. Income generated through this work will cover CEO and senior staff time required to manage patient and public involvement and consultation work. We continued our collaboration with current second-year Sociology students from the University of Leeds to engage with diverse community leaders across Leeds and gather views on self-harm within their communities. Students encountered similar barriers as those experienced by Battle Scars. While this resulted in different evidence than original anticipated, the work nevertheless provided valuable insight into the challenges of reach and engagement within these communities.

Awareness raising

We delivered our new Respond or Ignore webinar on three occasions, including one session specifically for professionals in Scotland, with total attendance reaching 187. A number of mini workshops were delivered introduce our organisation and work and to raise awareness and understanding of self-harm. Those included a session for 70 staff from GP surgeries in the Leeds 25 and 26 areas, a workshop at the Grimsby Samaritans AGM for 30 attendees and a further session for 12 staff from the Leeds and York Partnership Foundation Trust Community Learning Disability Team.

Our first ever seminar at our premises took place one evening in February and was attended by 18 people. While parents and carers were the primary target audience, the seminar was open to all and was also well attended by professionals.

Our newly formed Ambassador team played an active role in awareness raising throughout the year. Ambassadors ran stalls at the Leeds Conservatoire's Freshers' Wellbeing event, wellbeing events at York College and Cockburn School and delivered introductory sessions on Battle Scars to a range of organisations.

We became members of the Federation of Small Businesses and attended networking meetings whenever capacity allowed. As a result, several businesses have already begun offering practical support.

We took part in radio interviews. A total of 478 new people signed up for our newsletter, increasing the mailing list to over 2,500 recipients. The website was fully updated and refreshed and overall traffic increased by 4.5% to 38,689, a notable achievement given the wider impact of AI on website engagement.

Awards

During the year, Battle Scars received four awards in recognition of its work. These included the West Yorkshire Adversity, Trauma and Resilience award for Empowerment & Voice, the Yorkshire Prestige award for Mental Health Support Service of the Year, as well as awards from Acquisition International and SME Northern Enterprise.

The Battle Scars workforce

During the year, there was one change and one addition to our small staff team, which now comprises 8 people, equivalent to 3.7 full-time roles. The organisation operated at maximum capacity for most of the year, especially considering the additional demands associated with building management and room hire.

Our volunteer team is made up of 57 individuals who support the delivery of services and wider organisational activity.

Our AGM took place in July with those in attendance contributing ideas to support our marketing strategy. Shortly before the AGM, the vice-chair stepped down reducing the board to just four trustees. A well-received recruitment process has since taken place and we expecting three to four new trustees to be formally appointed at the forthcoming and we expecting three to four new trustees to be formally appointed at the forthcoming AGM following a period of gradual introduction. Additional prospective trustees are currently on a waiting list.

Battle Scars

Trustees' report (continued) for the year ended 31 March 2026

Funding & strategic plan

Following the completion of the Pilotlight 360 programme, we are now implementing our new marketing strategy which has four strands of focus: increasing uptake of services, increasing uptake of training, raising awareness about self-harm and increasing income generated by our hub. A new 5-year strategic plan is being finalised focusing on sustainable growth alongside a 1-year operational plan to support delivery of our immediate priorities. Trustees continue to monitor key risks including funding security, volunteer capacity and the demands of delivering high-intensity services, with mitigating actions in place to manage these effectively.

Funding was received from the Brelms Trust (year two of three), the Mental Health Transformation Fund, a Leeds strategic grant, Jimbo's Fund, the Garfield Weston Foundation, Leeds Community Foundation (Suicide Prevention), The Womble Bond Dickinson Foundation and the Charles and Elsie Sykes Trust.

In addition, we have diversified income streams by selling donated items through our new eBay charity shop and through Facebook Marketplace and by adding a free will writing facility to our website.

Financial review

The net receipts for the year were £19,020, including net receipts of £23,621 on unrestricted funds and net payments of £4,601 on restricted funds after transfers.

Reserves policy

The charity's free reserves, at the year end were £87,285.

To provide the organisation with adequate financial stability and the means to meet its charitable objectives for the foreseeable future. The trustees propose to maintain the organisation's unrestricted reserves at a level which is to three to six months' operational expenditure according to the Battle Scars' budget. This would equate to approximately £97,500 based on planned spending of £195,000.

Approved by the board of trustees on 3/7/26

Jean Birch (Trustee)

Battle Scars

Independent examiner's report to the trustees of Battle Scars

I report to the charity trustees on my examination of the accounts of the CIO for the year ended 31 March 2026, which are set out on pages 11 to 15.

Responsibilities and basis of report

As the charity trustees of the CIO you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the CIO's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the charity as required by section 130 of the Charities Act;
- 2 the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Michelle Westmoreland CGMA

3/7/26

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Battle Scars

Receipts and payments account

for the year ended 31 March 2026

	Notes	2026 Unrestricted funds £	2026 Restricted funds £	2026 Total funds £	2025 Total funds £
Receipts					
Grants and donations	(2)	17,145	74,496	91,641	128,428
Fees and charges		13,543	-	13,543	16,097
Rental income		60,980	-	60,980	11,318
Memberships		246	-	246	177
Other income		442	-	442	680
Total receipts		92,356	74,496	166,852	156,700
Payments					
Salaries NICs and pensions		26,302	69,971	96,273	116,613
Payroll charges		1,379	-	1,379	1,328
Materials and resources		-	-	-	304
Travelling		433	1,042	1,475	1,550
Phone and internet		288	-	288	968
Printing and postage		551	443	994	1,150
Consumables		540	249	789	65
Equipment and materials		1,144	619	1,763	3,715
Food and refreshments		829	-	829	655
Rent and rates		8,669	-	8,669	11,660
Utilities		12,962	5,381	18,343	13,369
Insurance		723	-	723	757
Repairs, maintenance and refurbishment		12,635	1,392	14,027	8,221
Accountancy and Independent examination		924	-	924	924
Professional fees and DBS		1,113	-	1,113	773
Bank charges		243	-	243	233
Total payments		68,735	79,097	147,832	162,285
Net receipts / (payments)		23,621	(4,601)	19,020	(5,585)
Fund balances brought forward		63,664	55,256	118,920	124,505
Fund balances carried forward	(3)	87,285	50,655	137,940	118,920

Battle Scars
Statement of assets and liabilities
as at 31 March 2026

	2026	2026	2026	2025
	Unrestricted	Restricted	Total	Total
	£	£	£	£
Cash funds				
Cash at bank	87,226	50,655	137,881	118,861
Cash in hand	59	-	59	59
Total cash funds	<u>87,285</u>	<u>50,655</u>	<u>137,940</u>	<u>118,920</u>

Debtors and prepayments

	2026
	£
Debtors	5,934
Prepayments	300
	<u>6,234</u>

Liabilities

	2026
	£
Accruals	952
	<u>952</u>

The financial statements were approved by the board of trustees on 3/7/26

Jean Birch (Trustee)

Battle Scars

Notes to the accounts

for the year ended 31 March 2026

1 Accounting policies

Basis of accounting

The trustees have taken advantage of section 133 of the Charities Act 2011 and have prepared the accounts on a receipts and payments basis.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Battle Scars
Notes to the accounts continued
for the year ended 31 March 2026

2 Grants and donations	2026 Unrestricted funds £	2026 Restricted funds £	2026 Total funds £	2025 Total funds £
DWF Foundation	-	800	800	-
Jimbos fund	-	18,876	18,876	-
Leeds Community Foundation	-	30,835	30,835	24,213
Sykes Trust	-	2,000	2,000	-
The Brelms Trust	-	6,000	6,000	5,400
Transformation	-	12,000	12,000	-
Womble Bond Dickinson Foundation	-	3,985	3,985	-
Arnold Clark	-	-	-	1,000
Garfield Weston Foundation	-	-	-	21,500
National Lottery Community Fund (NLCF)	-	-	-	20,000
OneStop	-	-	-	997
The Co-op Foundation	-	-	-	1,972
The Foyle Foundation	-	-	-	8,200
The Morrissons Foundation	-	-	-	1,100
The Tudor Trust	-	-	-	30,000
General donations	17,145	-	17,145	14,046
	<u>17,145</u>	<u>74,496</u>	<u>91,641</u>	<u>128,428</u>

3 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Albert Hunt	1,500	-	1,500	-	-
Focus Foundation	209	-	136	-	73
Rank Foundation	150	-	150	-	-
Screwfix Foundation	1,993	-	632	-	1,361
Leeds Community Fdn	14,861	-	5,644	(9,217)	-
Co-op Foundation	746	-	746	-	-
The Brelms Trust	-	6,000	6,000	-	-
Garfield Weston 2	12,723	-	12,505	-	218
Garfield Weston 2	5,930	-	981	-	4,949
Foyle Foundation	2,010	-	2,010	-	-
OneStop	61	-	61	-	-
NLCF Awards For All	6,895	-	5,007	-	1,888
Morrisons Foundation	1,100	-	610	-	490
Jimbos fund	-	18,876	14,682	-	4,194
Transformation	-	12,000	15,021	9,217	6,196
Womble Bond	-	3,985	1,389	-	2,596
Leeds Community Fdn	-	3,835	1,389	-	2,446
DWF Foundation	-	800	307	-	493
Leeds Community Fdn	-	27,000	3,249	-	23,751
Sykes Trust	-	2,000	-	-	2,000
The Tudor Trust	7,078	-	7,078	-	-
	<u>55,256</u>	<u>74,496</u>	<u>79,097</u>	<u>-</u>	<u>50,655</u>

Battle Scars

Notes to the accounts continued

for the year ended 31 March 2026

3 Restricted funds

Fund name	Purpose of restriction
Albert Hunt	Towards the cost of producing a resource for prison staff
Focus Foundation	Towards the costs of the Addiction Workbook program.
Rank Foundation	Towards the cost of onward Hub set-up.
Screwfix Foundation	Towards the cost of onward Hub set-up.
Co-op Foundation	Towards the cost of 16-25s group running costs.
The Brelms Trust	Towards utilities costs.
Garfield Weston 2	Towards programme expenses for the Pilot 360 project.
Garfield Weston 2	Towards programme expenses for the Pilot 360 project.
Foyle Foundation	Towards the costs of the Virtual groups.
OneStop	Towards group expenses.
NLCF Awards For All	Towards volunteer development and management.
Morrisons Foundation	Towards sensory and garden equipment.
Jimbos fund	Towards the cost of face-to-face services
Transformation	Towards the cost of face-to-face services
Womble Bond	Towards set up, run and promote an LGBTQ+ group
Leeds Community Fdn	Towards providing support to LGBTQ+ people who self-harm
DWF Foundation	Towards covering costs for the postage of the Discovery Journals to 10-17's
Leeds Community Fdn	Towards implementing new strategic plans, learning and ststainability
Sykes Trust	Towards the cost of face-to-face services
The Tudor Trust	Towards CEO wages

4 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee expenses

No trustee received any expenses during this year or the previous year.

Details of remuneration and benefits

		2026	2025
		£	£
Jenny Groves	Gross pay	30,000	39,538
	Social security	1,394	2,157
	Pensions	900	1,186
		<u>32,294</u>	<u>42,881</u>

Reason for remuneration

The trustee was employed in the role of CEO

Legal authority for the payment

The legal authority for the payment is via a provision within the charity's governing document.