Choices Dunfermline

Annual Report & Financial Statements For the Year Ended

31st March 2026

Scottish Charity No. SC032645

Choices Dunfermline
Liberty Centre, Pitreavie Way
Pitreavie Business Park
Dunfermline
Fife KY11 8QS
01383738118
office@choicesdunfermline.org
www.choicesdunfermline.org

Trustees' Annual Report

For the Year Ended 31st March 2026

The Trustees have pleasure in presenting their report together with the financial statements and the independent examiner's report for the year ended 31st March 2026.

Administrative Information

Charity Name
Choices Dunfermline

Charity No.
SC032645

Address
Liberty Centre, Pitreavie Way, Pitreavie Business Park, Dunfermline, Fife KY11 8QS

Current Trustees

Rowland Lines	Chair
Paula Lines	
Julie Steele	
Judith Fleming	
Dolina Thomson	
Tracy Baird	
Pauline Wylie	

Structure, Governance & Management

Constitution
The charity's governing document is a Trust Deed.

Management
The Trustees are responsible for the governance of Choices, and the Centre Manager recruits trained volunteers as necessary to provide strategic direction.

The overall running of the Centre is delegated to the Centre Manager whilst trained volunteers assist in overseeing evening sessions.

Objectives & Activities

Charitable purposes

The Trust Deed states: -'Advancement of education in the subject of pregnancy and the termination of pregnancy and into the effects thereof upon women whether physical, medical or psychological.
The preservation and protection of women's health.
The provision of advice, counselling and assistance to women and their partners and families who are suffering from any physical or mental illness, distress or poverty during or as a result of pregnancy or following an abortion, miscarriage, or baby bereavement.
The promotion of such other charitable purposes which may conveniently be carried on in connection with the above objects.'

Activities

Choices Dunfermline provides free, confidential support including

- Unplanned pregnancy support.
- Pregnancy loss support.
- Practical support and information.

Achievements & Performance

Choices continues to provide a valuable and confidential support service to people across Fife experiencing unplanned pregnancy and pregnancy loss, including termination, miscarriage and stillbirth. Support is offered primarily in person, with online appointments available via Zoom where required.

During the year, Choices provided 308 support sessions. Demand for the service remains steady, and unfortunately this leaves some clients still having to wait 3-6 months before receiving regular support. Clients who approach us for support with unplanned pregnancy are prioritised and are offered an appointment within a week.

Choices continues to receive referrals from health professionals and other organisations e.g. General Practitioners, Clinical Psychologists, Community Psychiatric Nurses, bereavement midwives and other agencies.

Choices employs a part-time manager for 15 hours per week and is supported by a dedicated team of nine volunteers, one of whom provides administrative support.

We were extremely grateful to receive a substantial legacy gift from the estate of Ray and Beth Morgan, founding trustees of Choices who shared a deep passion for our vision and the work of the organisation. The impact of their generosity has already been significant, enabling us to increase our weekly opening hours from 10 to 15 hours. Their gift will help ensure this work of Choices can continue for many years to come.

We are also incredibly grateful for the other generous donations received during the year. Jen, Phil, Edith and their families raised over £2,000 for Choices by completing a sponsored walk in memory of their son Eli, on his birthday. We also received an anonymous donation of £1,000, as well as a donation of over £1,000 from Dunfermline Whisky, raised through a recent fundraising event.

These generous donations enabled us to renovate our counselling rooms in Liberty Centre, beautifully updating the space and creating a more comfortable, welcoming and relaxing environment for both our clients and volunteers.

We remain deeply grateful to everyone who supports Choices. Their generosity enables us to continue providing compassionate, confidential support to people across Fife at some of the most difficult times in their lives.

Financial Review

Donations from individuals represented the main regular source of funding for the centre. Choices also gratefully received charitable grants.

Plans for Future Periods

It is anticipated that continued employment of the Centre Manager will allow for ongoing promotion of the work of the centre to health professionals and other organisations, with a view to seeing a further increase in the number of client referrals.

The Management Trustees of Choices have made the decision to change the constitution to Scottish Charitable Incorporated Organisation (SCIO). To this end, Tracy Baird, one of the existing Trustees has been elected to manage the process and will take over role of Responsible Person for the charity.

Approved by the trustees on 12 Oct 2026 and signed on their behalf by:

Rowland Lines
Chair