



THE MURRAYFIELD DEMENTIA PROJECT

*Trustees Annual Report
1st April 2025- 31st
March 2026*

Scottish Charity Number SC023210

Murrayfield Churches together



Church of the Good Shepherd

Saughtonhall United Reformed Church

Murrayfield Parish Church

SC000357

SC014175

SC005198

The Murrayfield Club - a safe, stimulating, supportive, fun place for older members of our community

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MINUTES OF THE ANNUAL GENERAL MEETING
THE MURRAYFIELD CLUB
Murrayfield Dementia Project, Scottish Charity SCO23210
Held at the Church of the Good Shepherd
Thursday, 3rd July 2025

Convenor's Opening Remarks

The Convenor, Rev David Scott, welcomed everyone to the Annual General Meeting of the Murrayfield Dementia Project appreciating the opportunity to once again meet in person. The meeting was opened with words of encouragement and inspiration from Galatians 6:9-10 NLT.

So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up. Therefore, whenever we have the opportunity, we should do good to everyone—especially to those in the family of faith.

The Club has been running for 35 years, growing, changing, evolving, and doing 'What is good'. Although the past year has been challenging, the Club has worked hard finding solutions to the problems it has faced. This was followed by prayer.

There were 12 people in attendance.

Apologies

Apologies were received from Peter Scott, Richard Avey, Lynne Wright

Minutes

Minutes of the AGM held on 12th July 2024 included in the Annual Report Brochure. The Minutes were proposed for acceptance by Hazel Pryde and seconded by Rev'd Canon Dean Fostekew.

Report from Convenor

Full report in the Annual Report Brochure.

David opened his report with the reminder that it covers the year to end of March 2025, however, he will refer to some changes that have taken place in the last couple of months.

The year did of course begin with a change of Co-ordinator as Jenny Rowe took on this responsibility following the retirement of Lesley Webster. Jenny has done an exceptional job managing this change and David wished to highlight one particular change instigated by her thanks to her application for new funding. This was the introduction of live music at The Memory Lane Cafe on a regular basis. These Fridays have proved very popular, which has been reflected in higher numbers attending on these weeks.

For the last 6 years The Club has benefited from a substantial funding grant issued by the Edinburgh Integrated Joint Board (EIJB). This was initially for three years but has been rolling on, albeit with a reduction. There had always been a degree of uncertainty with this funding source, but the Trustees were surprised to receive communication at the end of 2024 which advised that all EIJB funding would cease and that the Club would not receive the final quarterly instalment.

After some considerable push back, this decision was reversed. However, with no EIJB funding beyond March, it was clear in the early part of 2025 that the future of The Club was in jeopardy. With considerable work that was led by the Edinburgh Community Health Forum, EIJB then agreed that all 64 grant beneficiaries would be awarded a quarter 1 payment for 2025-2026. This was welcomed. The Trustees were then tasked with increasing income and reducing costs.

In January the Murrayfield Dementia Project was approached by STV News who were keen to come and film the Club as part of their coverage on the impact of the EIJB cuts. A few days after the broadcast we were contacted by the Colin Weir Charitable Foundation. They were very interested in the Club and wanted to help by giving a transitional funding grant. Shortly afterwards £30,000 was received, which was a huge boost. On top of other changes, it then became possible to continue in to 2025 - 2026.

The long-term funding is still a concern but an additional £38,000 has been awarded from Edinburgh City Council's Third Sector Resilience Fund, which will enable the Trustees to look ahead with more confidence.

Many changes have been made in the new year of 2025-2026 including the move to Murrayfield House. The support from the Kirk Session and congregation over this period needs to be recognised within Murrayfield Churches Together and all those who have been directly involved with the Club.

The change to the way lunch is now provided meant that sadly, Lynne Wright's employment came to an end in March. As an employee, Lynne's contribution to The Club was exemplary, often going above and beyond what was expected of her. Lynne's input is very much missed by the members and it is hoped she will return as a volunteer.

The day has eventually arrived when John Crispin steps down as a Trustee and Treasurer of The Club at this AGM. John has served The Club well for many years because he is passionate about all that it does as a service provided by the Church for the people, through the partnership of Murrayfield Churches Together. John's wisdom and experience have been tremendous assets, which all connected with the Club are extremely grateful for. He has also been a particular support to the Convenor and to the employed staff, as well as many others associated with The Club over the years.

Despite all the challenges in 2024-2025, the Murrayfield Club has once again delivered on a Tuesday and Thursday, and at the Memory Lane Cafe on a Friday. This is reflected in the generous feedback that has been received from all who are members or attend the cafe. It is always therefore important to remember why we have The Murrayfield Club and the positive impact it makes in the lives of so many. A wonderful example of three churches working ecumenically to do what they are called to do in the community they serve.

David thanked the staff, volunteers, Trustees, and Isabell our secretary, for their perseverance and commitment to the Murrayfield Club throughout 2024-2025. If you would like to be part of this as a Trustee and/or volunteer in these exciting times for The Club, please speak to David or Jenny at any time.

Dean thanked David for all his hard work in what has been another very difficult year.

Financial Report and Adoption of Accounts

A full copy of the unsigned accounts for 2024/2025 are included in the Annual Report Brochure. The Trustees have already approved them and a signed copy is available for anyone wishing to view the accounts audited and signed by Johnston Smillie. Both the audited accounts and a copy of the Annual Report will be submitted to the Office of the Scottish Charity Regulator (OSCR).

John C admitted that it was with great sadness he was stepping down as a Trustee and as Treasurer of the Club having served in the post since 2009, but he felt it was maybe time to enjoy his retirement! He has met up with his successor Richard and is more than confident that he will be diligent and hardworking in his role as the new Treasurer. The official handover will take place in the next couple of weeks although John will be available to assist and advise Richard if required until he is settled into this position.

Isabell thanked John for all his support over the years especially when having to explain complicated financial issues for the Minutes.

David thanked John for preparing the Annual accounts for presentation at the Annual General Meeting.

He then further thanked him on behalf of the Board of Trustees, for all his service to the Murrayfield Dementia Project with a reminder that he was always welcome to drop into the Club for a visit.

Project Co-ordinator's Report

A full and comprehensive Report prepared by Jenny, included in the Annual Report Brochure.

Jenny briefly went through her Report and wished to take the opportunity to especially thank Agnes Spence who has finally retired as a volunteer although she still occasionally finds time to pop in and say hello.

Jenny also wished to support David's comments on Lynne Wright, whose employment came to an end in March due to changes in lunch provision. She wished to thank her for all the toasting, ladling, slicing, and serving with a smile at the Club. The members have missed her and Jenny also hopes Lynne will return as a volunteer.

One of the main challenges facing Jenny is receiving appropriate referrals of new members to the Club although plans are in process to work on publicity. If anyone is aware of any persons interested in attending the Club then please contact either Jenny or one of the Ministers.

Dean wished it to be known that he had made a referral and it has made such a difference to the life of that person and brought joy to the family.

David thanked Jenny for her entertaining Report which reflected the energy and joy brought to and enjoyed by the Club. A reminder to '*not get tired of doing good things*'. He asked that she convey the thanks and appreciation of the Board of Trustees to all members of staff and volunteers for their hard work.

Election of Trustees and Office Bearers

David announced that he will be leaving Saughtonhall URC for a new position as Minister of Grahamston United Church in Falkirk. He will, however, remain as a Trustee and Convenor until 31st August 2025. Rev'd Canon Dean Fostekew has agreed to step in as Interim Convenor.

Dean was delighted to introduce John Russell to the Meeting as a new member of the Board of Trustees.

Proposed: Rev'd Canon Dean Fostekew

Seconded: Agnes Spence

Trustees:

Rev'd David Scott (until 31st August 2025), The Rev'd Canon Dean Fostekew, Lyzzie Dell, Peter Scott, John Webster and John Russell

Proposed by: Agnes Spence

Seconded by: Hazel Pryde

Re-election of Office Bearers:

Convenor: The Rev David Scott, Saughtonhall United Reformed Church
(until 31/8/2025)
Interim Convenor: Rev'd Canon Dean Fostekew, Church of the Good Shepherd
(with effect from 31/8/2025)
Vice-convenor: Vacant
Secretary: Isabell Coupland, Church of the Good Shepherd
Treasurer: Richard Avey

Proposed: Jenny Rowe
Seconded: Hazel Pryde

AOCB

There being no further business, David thanked Dean and the Church of the Good Shepherd for hosting the Meeting and for the provision of refreshments, especially the home-baked cakes!

Thanks were given to Isabell for taking the Minutes and to those in attendance for their continued support of the Murrayfield Club.

The Meeting was then closed with the Grace.

Trustees - Management Committee

The current Board Comprises



The Rev'd. Canon Dean Fostekew: (Interim Convenor) Dean initially became a Trustee in 2009 when he was appointed as Rector of the Church of the Good Shepherd (Scottish Episcopal) and joined Murrayfield Churches Together Ecumenical Team. He was the chair of the Trustees from 2012–2020. Dean continues to serve the Club as a Trustee. He has experience of over 30 years in pastoral ministry and has cared for family members living with Dementia. Dean will be stepping down as Interim Convenor at the AGM but will continue in the role of Deputy Convenor.



Isabell Coupland (Secretary): Isabell joined the congregation of the Church of the Good Shepherd in 2003 and was invited to take over as the Secretary for the Board of Trustees at the AGM in 2017. She brings with her a wide and varied experience from serving as a police officer for 18 years, 6 years within the Community Liaison Department where she was very involved in a series of Personal Safety presentations throughout the city. Isabell is delighted to be given the opportunity to once again be involved in the local community.



Richard Avey (Treasurer): Richard was appointed Club Treasurer in July 2025. He graduated as a Quantity Surveyor from Newcastle Polytechnic and during his career worked in Newcastle, Amsterdam, Riyadh, London and Edinburgh. He is married with two daughters and his interests are football, golf, photography, classic cars and holidaying with his family.



Lyzzie Dell (Trustee): Lyzzie has been a volunteer at the Murrayfield Club for several years. Her professional background lies in Primary School teaching and Nursing, the last part of her career being on the management team of a Stroke Rehabilitation Unit. In retirement she thoroughly enjoys being a member of Edinburgh People's Theatre and Cutting Edge Community Theatre Company, participating in everything from pantomime to Passion Plays.



Peter Scott (Trustee): Peter is a widower with a grown-up son and daughter and three grandchildren (all girls). He is an Elder in Murrayfield Parish Church and a trustee of same. As a member of the sound team in Murrayfield Church Peter helps to operate the sound and vision system in the Church every Sunday.

His interests include choral singing, golf, photography, computing and playing various musical instruments. Peter is enjoying being involved with the Murrayfield Club as one of the trustees.



John Webster (Trustee) John is an Elder at Saughtonhall United Reformed Church and represents the Church as a Trustee of the Murrayfield Club. He retired after over 40 years working in financial services as well as serving part-time in the RAF Reserves over the same period. He is married to Lesley and they have 2 children and 4 grandchildren to keep them busy. Other

than that, John spends time as an enthusiastic golfer and as a member of various local amateur drama clubs. He takes a keen interest in the running of the Club and is a dementia Friend.

John Russell (Trustee)

John is a retired Consultant Psychiatrist and has worked for NHS Scotland for almost 30 years. He has specialised in working with adults with a learning disability in Edinburgh, the Lothians and Fife.

As well as clinical work, John also had an interest in teaching, training and education of medical students and doctors.

John also has personal experience of dementia; his father developed the condition and so he is aware of the impact this can have on families and carers.

John has been a trustee since 2025 and has an interest in staff appraisal and staff contracts.



Peter Thomson (Trustee): Peter joined the Club as a Trustee in September 2025. He spent most of his working career in Banking and Financial Services. A keen sportsman, particularly football, golf and cricket and volunteers as a football and cricket youth coach. Peter became aware of the Murrayfield Club as his mother was a regular attender.

Ellenore Foulis (Trustee): Ellenore qualified as a solicitor in 1979 and thereafter practiced as a litigator and university lecturer until 2019. She has experience over 22 years as a Board Member for a repertory theatre and secure accommodation provider. She spent all her adult life helping in various charitable endeavours, and is particularly interested in ensuring adequate and appropriate care/services are available and funded for the elderly, isolated and lonely.

Staff



Jenny Rowe – Project Coordinator: Jenny joined the Club in November 2017 and worked as the Senior Support Worker until April 2024. After studying textiles and fine art at Duncan of Jordanstone in Dundee Jenny worked in Erskine Care Home in Edinburgh. She worked as an Activities Coordinator there for 8 years, leaving to have her son Hamish in 2017. Jenny was looking for work closer to home and is glad the vacancy at the Club timed in nicely. Jenny enjoys spending time with her family and her hobbies are sewing, gardening, cycling and hill walking.



Karen Avey – Support Worker: Karen joined the Club in January 2015 as a part-time Support Worker, after working in the Private Healthcare sector for 15 years doing administrative work. She enjoys spending time with her two daughters and catching up with her friends.



Nicola Bhabutta – Support Worker: Nicola joined the Club in September 2018. She has had a varied working life including stints as an office supervisor for Marks and Spencer, holiday representative around Europe and Mexico, and then gaining a late degree in journalism from Napier University. She worked in PR in Edinburgh and then on a newspaper in Nottingham. Nicola gave up work when she married her husband to support him in his career as a GP in the Army. She cared for her father when he lived with the family as he was diagnosed and lived with Alzheimer's. In her spare time Nicola enjoys presenting her afternoon shows for a community radio, playing netball, hosting afternoon teas for Contact the Elderly and spending time with her husband and daughter.



Wendy Holyer – Support Worker: Wendy joined the club in April 2024 as the new Support Worker. She studied Fashion Marketing at Northumbria University and set up her own business in 2006 designing and dressmaking costumes and dancewear. She has three children and enjoys spending her spare time involved in arts, crafts, dance, and fitness.

Volunteers



The Murrayfield Club is very fortunate to have 5 very dedicated volunteers who generously give their time to support both the club and the Memory Lane Cafe. With the help of our volunteers, we are able to provide a wide range of fresh and fun activities for our members and they assist us in creating the close connections that we feel are so valuable in services such as ours. With their knowledge and experiences, together we continue to produce new ideas and reach new people who can benefit from the broad range of stimulating and fun games, exercises, conversations, reminiscing sessions, puzzles, and friendships which we offer.

This year two of our long serving volunteers retired and we would like to take this opportunity to thank them for their many years of service. Katy Lessels has brought fantastic word games every week and a fierce competitive streak to our games with sometimes questionable point awarding which we will greatly miss. Pat Syme has provided wonderful friendship to the Tuesday group and great encouragement to the members during activities and conversations which is such a valuable skill enabling them to get the most from their club time. We hope we see both Katy and Pat again soon!



Our volunteers are a vital part of the Murrayfield Club and assist with transport, delivery of activities, serving meals, encouraging participation, and most importantly contributing to the laughter and fun which we pride ourselves on.

If you are interested and would like to find out more, please contact Jenny on 07881288909 or by email at jenny@themurrayfieldclub.com.

The Murrayfield Club
Interim Convener's Report
AGM June 2026

The Club is indebted to the previous Convener The Rev'd David Scott, who stepped down in September 2025 on leaving Saughtonhall United Reformed Church for a new post as Minister of the URC congregation in Grahamstown, Falkirk. We wish David well and thank him for all he did in guiding the Trustees and Club Staff through the previous difficult couple of years.

The last year has seen a great improvement in the fortunes of the Club; with funding received from the City of Edinburgh Council Third Sector Resilience Fund and a promise of continuing funding into 2027. The long-term future of the Club is far from secure but with the grant extension there is a period of greater stability which the Trustees and all concerned with the Club have greatly welcomed. The Club has also benefitted, unexpectedly, from the generosity, in early 2026, of a supportive individual and the Colin Weir Foundation. These two significant donations have greatly enhanced the running of the Club and added to the financial stability. For the upturn in the Club's finances the Trustees are very grateful.

The Club is also well settled into its new home at Murrayfield House, with good communications between the Club's Co-Ordinator Jenny Rowe and the senior management team at the Care Home. The relationship continues to flourish. The members appreciate the venue and the access to other spaces out with the meeting room, for different activities including walks round the woodland garden. It is appropriate here to thank Jenny and her team; Nicola, Karen and Wendy and the many volunteers for continuing to ensure that the Club runs effectively and cheerfully in its provision of support to the Club members.

This year has also seen changes to the Trustee body, with three new Trustees joining the Board and bringing considerable skills and experience to the governance of the Club. These new Trustees come from both Murrayfield Churches Together and the wider Murrayfield community. We also welcomed Richard Avery as Treasurer and we appreciate the skills he has brought to the Board. Details of the Trustee body can be found elsewhere in this annual report.

Throughout the past year the Club has continued to do what it does best, offering a high-quality service to its members both at the Murrayfield House venue and through the Memory Lane Café at Saughtonhall URC. The Club also remains an excellent example of good ecumenical co-operation and practice in the service it provides to the local community in which the congregations minister.

Thanks are due to Isabell Coupland our extremely able secretary who keeps communication flowing and holds the Trustee body to account to continue to ensure that we are complying with all the necessary regulations and governance.

Above all, at the heart of the Murrayfield Club is team work and a commitment to provide the best possible support and service to those in our local community who need our care. As interim Convener I am deeply indebted to all members of the Board and to Jenny Rowe for stepping up and taking on new roles to enable the Club to flourish in new ways and old.

The Rev'd Canon Dean JB Fostekew

Interim Convener of the Trustee Board

Accounts For the Year Ended 31 March 2026

Please refer to Appendix 1

Project Coordinator Report AGM 2026



2025 started with a big move for the Murrayfield Dementia Project and it was all-hands-on-deck as we packed up and relocated after 30 years at Murrayfield Parish Church. During our previous year's financial challenges due to funding cuts, the Murrayfield House Care Home had very generously offered us the use of some space which they had free. This, along with the donation from the Colin Weir Charitable Foundation, really saved us when we needed it the most and so we embraced the change and focused on making our new home as welcoming as possible for our members. It was obviously quite a change for everyone, but we formed good relationships with the staff and residents of the home whom we see while we run the club there. The members have said that they really enjoy the new premises and that the facilities, friendly faces and use of the ballroom and gardens make a positive difference to their time at the club.

As our first year has gone on, we have managed to work the space we have to fit our needs best. The staff of the home have been very helpful in accommodating us and we have a good Rota for use of the ballroom and courtyard to ensure that we don't encroach on one another's activities. The huge bonus is that we have wonderful gardens which we can use on warmer days and we look out onto them throughout the year so we have lovely views. We have formed a good relationship with the

home's activities team and we invite their residents to live music and special events so that as many people can enjoy these as possible.

We've also been able to support ongoing friendships between our members and their friends who have moved into the care home. This extends to the café also where we have notified the nearby care homes who attend of any new residents who have friends attending so that they can be brought to see one another.

Music, Music, Music!



We all know the power of music from soothing rhythms to energising beats to lyrics that trigger memories and emotions. We feed music into everything that we do from singalongs to music quizzes, name that tune and songs from themes such as wild west, anniversaries, flowers and outer space. We run our exercise classes to popular music to work to the rhythm, help with actions or to just sing along to while we keep fit. It's a great way to communicate with others, to relax and let loose and to find that genre that really connects with someone.



Last year we were lucky enough to receive a grant from the Western NN Community Grants Fund to bring monthly live music to the Memory Lane Café, which the Murrayfield Dementia Project holds every Friday morning. This is a dementia friendly community café which encourages people to get together,

socialise and which has gradually built a support network for those who are living with and/or caring for someone who has dementia and those who are lonely. Fortunately, we have been able to fund continued live music sessions at the café as well as at the club thanks to generous donations. This has then been matched by Music in Hospitals and Care with free sessions so that we can run them more regularly, showcasing a wider variety of music to both the club members and café goers. It is very important to us to be able to support other charities so we are very thankful to Music in Hospitals and Care for our continued relationship with them and their musicians.



We have also been incredibly fortunate to have formed a great relationship with Johnny Collington, a wonderful musician who gives his time for free to be able to bring musical joy to people. Johnny first got in touch with us a year ago and has been performing regularly at the club and café since then. He is greeted warmly by those he plays for, remembering their names and learning requests for them. He is a real gem and we are so grateful for all that he does.



Move It or Lose It



Exercise is important at every age but it must be fun! Who wants to lift



and stretch without banter, music and laughter? Alongside adding music to our very important exercise classes, we also add equipment to make it more fun and flexible so we can use different things every time. This year we've been adding in more games



including lots of hand-eye coordination table top games. Our members love a bit of healthy competition at the club so we rotate a number of physical and coordination games so that every week is different and fresh. We ask the group what they would like to play and we are always willing



to try new games out to see what works well and learn from what doesn't. We have a wide variety of equipment such as Skittles, Carpet Bowls, Table Tennis, Balloon Tennis, Basketball, Boccia Bowls, Archery, Nerf Target Shooting, and the most popular by far, Indoor Kurling (yes with a K). It's

amazing that with practice, hand to eye coordination improves and when we play any ball games everyone gets better and better, especially with basketball!

Transport & Trips



We continue to use Pilton Equalities Project (PEP) buses on our two club days per week, picking up and taking home our groups of club members. An extra benefit of having this long-standing relationship with PEP is that our members get to know the drivers and they get great camaraderie with them. The drivers know the little quirks with each person and this last year in particular we have had some great chats and debates during the pick up and drop off journeys thanks to our new most regular driver. We've had chats about life on the islands, political debates, recipe swaps and Hollywood gossip, it all goes on during the bus run!

The feedback from the members shows us that their bus journey is just as much of an important part of their club day as the activities and lunch are once they are there.

We discuss with the members about places they would like to visit when planning our bus trips which take place throughout the year. This year they asked to revisit the Granton Art Centre, go for afternoon tea, take a



shopping trip to Dobbies and try something new.

We dutifully set to work to make these all happen and our first trip was to the

fabulous Northcare Suites for afternoon tea with views across Edinburgh. It was such a treat and beyond what we expected with a pastry chef talking us through the menu, goodie bags and the atmosphere of an



upmarket hotel. We then had a brand new experience with the fantastic Cycling Without Age Scotland team at the Helix who took the members on trishaw rides around the Kelpies followed by lunch at the centre. The volunteers were absolutely brilliant, knowledgeable, friendly and gave everyone such a great time. These trips were the highlight of the year and have been requested again so we already have them booked in for this coming September. Our Christmas time trips were to shop at Dobbies and enjoy lunch there also. For most of our members this was a rare chance to take their time with support to shop for their loved ones and after being asked to make shopping trips part of the programme we have booked others.



We also had a very special outing to celebrate the talents of one of our very own member's. An exhibition was held to show her life's work with needlecraft and it was an excellent

chance for everyone to see how talented she is and for her friends to learn more about her skills and interests. It was so



good that we then held our own exhibitions at the club and the café as so many people wanted to see her work. This has led onto a great suggestion from one of our club members to offer the chance for everyone to give a talk on their life stories. We've now begun to add life story mornings with those who wish to, sharing photos, tales and items with the group giving us a greater understanding of everyone.

Food, Glorious Food!



If you ask any of our club members what their favourite part of their club day is you may expect, as we did, that it would be the variety of activities, the fun, the laughter. Alas, it would seem that the food has become the most memorable part and we must admit it is pretty great. Our lunches are now prepared on site freshly each day with seasonal menus offering hearty options like fish with roasted veg, steak & kidney pie and chicken breast with fresh greens. There is rarely anything left on a plate now and we enjoy the cheers when the kitchen crew arrive with the trolley for us, sometimes being tempted into having a go of whichever game we're playing at the same time. The combination of the quality of food and the sociable atmosphere have proved a winner. While the room we use now is smaller than before, it has proved to be a success in creating a more intimate environment that has lent itself to an easier flow of conversation and sense of belonging.

Spiritual Wellbeing



We are very thankful to have regular visits from The Revd. David M Scott and The Rev'd Canon Dean Fostekew who alternate to bring a short service to the members of the club and always, impressively, manage to fit it to the weekly theme. Since David moved in August 2025 we have welcomed Douglas Nicol from Murrayfield Parish Church for a few services.



All members are asked if they are happy to be involved in the service with the option to take part in an alternative activity elsewhere should they wish. The relaxed approach and welcoming atmosphere, however, has meant that all members this year have enjoyed them and been happy to stay. We have also begun some interesting discussions and enjoyed a lot of laughs during them. The services are very welcoming and friendly and so members have opened up and asked some deeper questions and shared opinions which has really opened up the group to more conversation in a great way.

Feedback

Our members are involved in creating theme lists for the year, new game ideas, choosing the meals and snacks, bus trip ideas and we get their feedback on what is working and where they feel we may need to improve. To allow everyone to be able to give us their feedback we use a simple thumbs up, middle or down response as well as verbal feedback for those who can and would like to. We ask for feedback on transport, cleanliness, food, staff, volunteers, activities and spiritual services offered and we're happy to report that to date we have had excellent feedback for these. We also keep in touch with the family and carers of members so that we can monitor how they feel the club is working for them from their point of view. This helps us to deliver the best possible service and enhance everyone's experience.



"This is my favourite day of the week coming here, being with my friends and seeing what you've got for us this time."

"I think it's just wonderful the selection of games and making us think. I leave here happy every week."



"Och I think it's just marvellous. You've got your friends, great food and we have such a laugh. I wouldn't be without it, I really wouldn't."

Last of All

As we approached the end of the financial year we had two great surprises. After receiving a £5,000 grant from the Queensberry Trust in October 2025 and things running well with the new Edinburgh Council Fund, we felt positive going ahead. We then received a surprise £10,000 donation from the family of a previous employee of the club. This has been such a fantastic surprise to everyone and is to provide the members directly with entertainment and trips to enhance their time at the club. Donations like this go along way in providing these extra experiences that bring so much joy to each member and we just can't thank the donor and the family enough.

Following that and only a few days later, we were taken aback to be contacted by the Colin Weir Charitable Foundation again to say that as they wrapped up their projects as planned, we were to be gifted another £10,000 towards the core costs of the club. We are so grateful to them for all that they have done to help us and keep us going and to continue the wishes of Colin Weir himself.

As mentioned in the Volunteers section we said thank you and good luck to Pat Syme and Katy Lessels who retired from volunteering after many years. They have both popped in to see us since and we really do miss them especially Katy's fantastic word games!

This year has been so much more positive than the last, more stable and has welcomed many new faces both in members, café goers and trustees. We've enjoyed a really upbeat atmosphere this last year with many new relationships built and we look forward to that continuing into this coming year. I would like to personally thank everyone for working together, sharing knowledge and ideas and being so supportive. I'm so glad that I get to carry on having a great time with everyone involved at the Murrayfield Dementia Project and look forward to many more good times.

Jenny Rowe

Telephone: 07881 288909

Email: jenny@themurrayfieldclub.com

Secretary: mdp.secretary@outlook.com

If you wish to peruse the Murrayfield Dementia Project Constitution or the signed copy of the AGM report, please contact The Murrayfield Club using the above details.

Appendix 1

SCOTTISH CHARITY NUMBER SC023210

MURRAYFIELD DEMENTIA PROJECT

ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2026

JOHNSTON SMILLIE LTD
CHARTERED ACCOUNTANTS
5 South Gyle Crescent Lane
Edinburgh
EH12 9EG

MURRAYFIELD DEMENTIA PROJECT

ANNUAL REPORT AND ACCOUNTS FOR THE YEAR ENDED 31 MARCH 2026

Scottish Charity Number SC023210

Current Management Committee

Rev David Scott	(resigned 31 August 2025)
Rev'd. Canon Dean Fostekew (Interim Convener)	
John Crispin	(resigned 3 July 2025)
Elizabeth Dell	
Peter Scott	
John Webster	
John Russell	(appointed 3 July 2025)
Peter Thomson	(appointed 2 September 2025)

All members of the Management Committee have voting rights and, accordingly, are deemed to be "Trustees" in terms of Charities Legislation.

Principal Address:

2B Ormidale Terrace
Edinburgh
EH12 6EQ

Recruitment and appointment of Management Committee

All of the Project's management committee are appointed or re-appointed by the members at our Annual General Meeting.

Governing Document

The Project is a charitable unincorporated association, and the purposes and administration arrangements are set out in our constitution.

Purpose

The purpose of the Project is to provide for the welfare of people with dementia in Murrayfield and district and to provide support to their families and carers.

Management Committee remuneration and expenses

No member of the Committee received any remuneration or expenses for their services as members of the Management Committee.

MURRAYFIELD DEMENTIA PROJECT

Activities and achievements

- The Murrayfield Dementia Project has continued to run successfully during the 2025 / 2026 accounting year, meeting twice a week at Murrayfield House Care Home (MHCH) and once a week at Saughtonhall United Reformed Church (SURC).
- Numbers attending the Club sessions at MHCH have been steady over the year. For a period of time attendance was between 70-75% of capacity, but most recently this has risen to 85% of capacity.
- There has continued to be positive attendance at the Friday Memory Café at SURC with receipts this year totalling £2,562. Numbers attending on a regular basis have continued to be acceptable in terms of the aims of this Community project.
- As in the past, comments have continued to be made by users of the Club and their families relating to the positive care provided by the staff and volunteers for both the members and their carers.
- The application early in 2025 to the City of Edinburgh Council for the Third Sector Resilience Fund was successful, and a grant for the period 1 July 2025 to 31 March 2026 of £38,000 was awarded.
- In December 2025 the City of Edinburgh Council approved continued funding for all organisations that had received the Third Sector Resilience Fund (Phase 1). The extension of funding is for a period of up to 24 months from 1 April 2026 to 31 March 2028, with grants based on previous amounts awarded plus 2.5% allowed for inflation.
- During the year the Project has secured donations from Murrayfield Churches Together (£200 from their Week of Christian Unity offering); Queensbury House Trust (£5,000); Charles Shott (£10,000); Colin Weir Charitable Foundation (£10,000).
- Financial governance of the Project has been maintained through the regular provision of financial reports at each of the Trustees' Meetings.
- General governance has continued to be provided through regular Zoom meetings of the Trustees, staff members and volunteers.
- The practice of including detailed Treasurer's and Project Co-ordinator's reports in the Trustees' Annual Report, to be presented at the Annual General Meeting scheduled for 19 June 2026, will be continued.

Reserves

A total surplus of £22,822 was achieved in the year and at the year end the Project held total funds of £71,115. The project has been awarded continued funding to March 2027 by Edinburgh Council. The Management Committee considers that the total funds of £71,115 are sufficient for the Project to cover operating costs for a period of at least 6 months, which will allow an orderly wind down of activities in the event of cessation of funding.

.....
Rev'd. Canon Dean Fostekew, Interim Convener

.....
Date

MURRAYFIELD DEMENTIA PROJECT

Receipts and Payments account for the year ended 31 March 2026

	2026 Unrestricted Funds £	2026 Restricted Funds £	2026 Total £	2025 Total £
Receipts				
Grants – City of Edinburgh Council	-	50,704	50,704	50,814
Club Charges	19,165	-	19,165	16,157
Donations	15,200	10,000	25,200	37,793
Fund Raising	2,562	-	2,562	2,690
Total Receipts	36,927	60,704	97,631	107,454
Payments				
Staff Costs				
Salaries	18,205	33,105	51,310	48,831
Employer Pension	203	447	650	617
Training	-	-	-	45
Office/Administration				
Computer, Stationery, Printing, Telephones etc.	49	457	506	218
Client Services				
Catering	1,031	-	1,031	8,813
Hall Rental	710	5,965	6,675	7,885
Transport	7,863	46	7,909	6,739
Other Costs				
Insurance	-	1,087	1,087	1,014
Miscellaneous (Sundries)	1,188	2,602	3,790	2,352
Bank Charges	-	6	6	150
Accountancy (Payroll)	128	685	813	514
Total payments for charitable activities	29,377	44,400	73,777	77,178
Governance Costs: Independent Examination	1,032	-	1,032	984
Total Payments	30,409	44,400	74,809	78,162
Net receipts/(payments)	6,518	16,304	22,822	29,292
Transfers to/(from) funds	-	-	-	-
(Deficit) / Surplus for period	6,518	16,304	22,822	29,292

MURRAYFIELD DEMENTIA PROJECT

Statement of Balance at 31 March 2026

	2026 Unrestricted Funds £	2026 Restricted Funds £	2026 Total £	2025 Total £
Bank and Cash in hand				
Opening Balances	44,322	3,971	48,293	19,001
(Deficit) /Surplus	6,518	16,304	22,822	29,292
Closing balances	50,840	20,275	71,115	48,293
Reserves	50,840	20,275	71,115	48,293

At the 31 March 2026 the charity also held:

	2026 £	2025 £
Other assets		
Club fees due at the year end	-	-
PAYE	-	268
	-	268
	2026 £	2025 £
Other liabilities		
Accountancy and Independent examination fees	1,080	1,008
Staff costs	127	444
Transport costs	875	543
Credit card	313	141
Meals	-	156
Music costs	-	150
	2,395	2,442

Movement of Funds

	Balance at 31 March 2025	Income	Expenses	Transfers	Balance at 31 March 2026
Unrestricted funds	44,322	36,927	(30,409)	-	50,840
<u>Restricted funds:</u>					
Edinburgh & Lothian Health Foundation	1,091	-	-	-	1,091
Arthur Junner	700	-	(322)	-	378
Johnston Smillie	1,000	-	(895)	-	105
City of Edinburgh Council Community Fund	1,180	-	(1,180)	-	-
City of Edinburgh Council (TSRF)	-	38,000	(29,299)	-	8,701
Edinburgh Integration Joint Board	-	12,704	(12,704)	-	-
Charles Shott Donation	-	10,000	-	-	10,000
	3,971	60,704	(44,400)	-	20,275
Total funds	48,293	97,631	(74,809)	-	71,115

The unrestricted fund represents free reserves.

The Edinburgh and Lothian Health Foundation fund represents unspent funding which the funder has agreed can be retained and used for the Outreach service.

The Arthur Junner fund is to be used for musical entertainment.

The Johnston Smillie fund is to be used for Club equipment and also Club members' excursions.

The Edinburgh Community Council fund has been used for musical entertainment.

The City of Edinburgh Council – Third Sector Resilience Fund represents grant funding received to support core costs.

Edinburgh Integration Joint Board (EIJB) fund has been used for the Project's core expenditure as set out in the Grant Agreement.

The Charles Shott Donation is to be used for entertainment costs.

Approved by the Management Committee and signed on their behalf

.....
John Russell, Trustee

Date

MURRAYFIELD DEMENTIA PROJECT

Independent Examiner's Report to the Management Committee of Murrayfield Dementia Project
(SC023210)

I report on the accounts of the Charity for the year ended 31 March 2026 which are set out on pages 3 to 5.

Respective responsibilities of Management Committee and Examiner

The charity's management committee are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 as amended. The charity's management committee consider that the audit requirements of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 as amended. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with these records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the management committee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent examiners statement

In the course of my examination no matter has come to my attention:

1. which gives me reasonable cause to believe that in any material respect the requirements:
 - to keep accounting records in accordance with Section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, as amended, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts regulations as amendedhave not been met; or
2. to which in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

.....
M A P Taddei MA FCA CA
Relevant Professional Body: The Institute of Chartered Accountants in England and Wales
Johnston Smillie Ltd
Chartered Accountants
5 South Gyle Crescent Lane
Edinburgh
EH12 9EG

Date.....