



LIVING HOPE (SKYE and LOCHALSH)

ANNUAL REPORT

1st June 2025 to 31st May 2026

Living Hope (Skye and Lochalsh)

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Living Hope (Skye and Lochalsh)

Reference and Administrative Information

Charity Name: LIVING HOPE (Skye and Lochalsh)

Scottish Charity Registration Number: SC050950 – Registered 5th May 2021

Address: Lighthouse, 5 Station Road Kyle of Lochalsh, IV40 8AE

Trustees and Management Committee:

Chairperson - Mr. Gilbert A McKinnon, Inverness. Retired teacher

Vice-chairperson - Mr Calum I MacAskill, Isle of Skye. Local man; long-term friend and supporter of Living Hope and Road to Recovery

Secretary - Mrs Catriona M Boyle, Isle of Skye. Social worker (wife of Stevie Boyle)

Treasurer - Mr Robert E McRae, Isle of Skye. Retired

Independent Examiner:

John Henderson, Isle of Skye

Bankers:

Bank of Scotland

Living Hope (Skye and Lochalsh) Chairperson's Report

Main aims and purposes of **LIVING HOPE (Skye and Lochalsh)**

Living Hope exists primarily to offer hope and a support to those affected by alcohol and substance misuse and related issues such as social isolation, poor mental health and poverty. We understand that full recovery requires peer support and a healthy active support network around an individual to meet the needs of the whole person, physical, mental and spiritual. We have therefore developed recovery-orientated systems of support which meet people's wider wellbeing needs and promote community connections for the socially isolated.

Recovery support is available at the level required whether through drop-ins, recovery groups and one-to-one mentoring. For those who struggle to seek external support, Living Hope offers individual support by phone or home visits. Support also includes opportunities to get involved in activities which increase peer support and community networks. This can include support to connect with other recovery groups which Living Hope networks with further afield, through online meetings or even excursions to attend recovery gatherings. Primarily however, activities promoting peer support and community networking, take place in the Lighthouse centre.

Living Hope continues to rent the Lighthouse centre in Kyle of Lochalsh, operating a coffee shop during the week providing an open door for access to Living Hope support and other important services. The overall aim is to increase social inclusion, community interaction, access to related services, provision of affordable or free food through the pay it forward scheme and the food bank in an inclusive, safe environment. The Café increases employability for volunteers who have previously been in long term unemployment.

It is also a hub for other related charities and third sector organisations, some of whom run regular drop ins from the Lighthouse such as the local Mental Health Association, Young Carers group and Alzheimers Scotland. Social housing tenants support, adult literacy and education provision and the food bank are provided on a regular basis and the building has been used to host community events which have brought various groups together into one space increasing accessibility. The goal is to help improve the general quality of life and wellbeing of those who have been affected by adverse circumstances.

WHAT was done this year:

- Individual support for people struggling with life controlling addictions has continued across Skye and Lochalsh and occasionally further afield with weekly faith-based recovery groups running from the Lighthouse in Kyle of Lochalsh.
- Increased networking and partnership with other recovery charities continues. Most importantly Living Hope (Skye & Lochalsh) has partnered with national charity The Keys Project to run the recovery work. They have similar purposes and focus on the various keys required to sustain full recovery. Keys support with processes, procedures, data protection, safe guarding, training and fair recruitment. They also host weekly online recovery groups.
- The Lighthouse Coffee shop continues to run successfully a few times a week and is supported by the Robertson Trust providing low cost or free food to the community, with weekly drop-ins taking place here.
- We are now partnering with highland employability services to help individuals who face significant barriers to work, to move from volunteering into secure, sustainable employment.
- Volunteers continue to support the outreach to individuals of Living Hope.
- Weekly Christian worship and fellowship meetings take place in the Lighthouse with a focus on celebrating recovery.

Report approved by the Trustees in August 2026 and signed on their behalf by



G. McKinnon (Chairman)

Living Hope (Skye and Lochalsh)

Financial Review

This Financial Review covers the period from 1 June 2025 to 31 May 2026

The Accounts are prepared on a Receipts and Payments basis.

The principal source of the income of Living Hope is regular and occasional donations from supporters of the charity. There is also income from independent organisations who use the charity's premises.

It is the policy of the charity to endeavour to maintain reserves of at least 6 month's expenditure.

Approved by the trustees on28 /06/26..... and signed on their behalf by:



(Chairperson)

Living Hope (Skye and Lochalsh)

Independent Examiner's Report

I report on the accounts of the charity for the financial year ended 31 May 2026 as set out on pages 8 and 9

Respective responsibilities of Trustees and Examiner

The charity trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006.

The charity trustees consider that the audit requirement of Regulation 10(1)(d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts under section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with Section 44 (1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
- to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met.

2. or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed

John Henderson

Name: John Henderson.

Address: Hashabiah, Lower Breakish, Isle of Skye

Date 19 / 06 /26

Living Hope (Skye and Lochalsh)

Statement of Receipts and Payments

Receipts	Note	Unrestricted Funds £	Restricted Funds £	Total Funds £	Last Year
Individual Donations		35155.60		35155.60	27679.07
Other Income		21807.62		21807.62	21743.78
User Groups		3380.76		3380.76	2896.00
Grants		10000.00		10000.00	10000.00
TOTAL RECEIPTS		70343.98		70343.98	62318.85
Payments					
Staff Costs		40043.25		40043.25	44729.87
Shop Supplies		2057.26		2057.26	3421.95
Hall rent		10500.00		10500.00	10500.00
Hall Clean & Upkeep		187.00		187.00	255.00
Wifi		312.00		312.00	312.00
Electricity		7684.53		7684.53	5585.76
CCLI		100.00		100.00	170.00
Business Stream (Water)		1209.01		1209.01	1172.67
Insurance		1032.36		1032.36	819.60
Capital Expenditure	1	762.50		762.50	0
Service Charges		12.46		12.46	0
Gifts & Donations	2	510.00		510.00	0
Miscellaneous	3	1000.00		1000.00	100.00
TOTAL PAYMENTS		65410.37		65410.37	67067.85
NET RECEIPTS/(-PAYMENTS)		4933.61		4933.61	-4749.00

Living Hope (Skye and Lochalsh)

Statement of Balances As at 31 May 2025

	Current Year £	Last year
Bank Balance b/fwd @ 1 June 2025	12970.91	17719.91
Surplus/(Deficit) per Receipts & Payments A/C	4933.61	-4749.00
Balance	17904.52	12970.91
Bank Balance c'fwd @ 31 May 2026		
Main a/c 4883.70		
Shop a/c 13020.82	17904.52	12970.91

Approved by the trustees on 28/08/26 and signed on their behalf by:



Robert E McRae

G McKinnon, Chairman

R McRae, Treasurer.

Notes to the accounts

1 Capital Expenditure	£762.50	Television stand, sound bar
2 Donation	£510.00	Keys UK
3 Miscellaneous	£1000.00	Breath Creative (publicity)

