ACTIVE LIFE CLUB (ALC)

TRUSTEE'S ANNUAL REPORT

For the year ended 31 March 2026

The Trustees have pleasure in presenting their report together with the financial statements and the independent examiner's report for the year ended 31 March 2026.

Reference and Administrative Information

Charity Name:	Active Life Club
Charity No.:	SC048534
Address:	Govanhill Workspace, 69 Dixon Road, Glasgow, G42 8AT

CURRENT TRUSTEES:

Husnain Raza Sadiq	Chair
Atif Javaid	Vice Chair
Mohammed Razaq	Secretary
Sabrina Raza	Assistant Secretary
Nadeem Hanif	Treasurer
Zia Hussain	Trustee
Anne Louise Maher	Trustee
Baljit Kaur	Trustee
Imran Shariff	Trustee

Bankers:	Royal Bank of Scotland

Structure, Governance and Management

Constitution
The charity is a Scottish Charitable Incorporated Organisation (a SCIO). It is governed by its constitution, and the organisation was established in 1999.

Appointment of trustees
The management committee, which normally meets on a monthly basis, is also responsible for control and supervision of the day-to-day operations of the organisation.

The committee members are recruited from the membership and appointed at the AGM according to the constitution, in the event of mid-term resignation, people can be co-opted by the trustees and ratified at the next AGM.

Objectives and Activities

Charitable Purpose
Active Life Club continues to deliver a range of activities and initiatives to empower young people through sport.

Charitable Purposes
The main activities through the year included:

- To raise funds to finance physical activities amongst young people.
- Continue promoting physical activity and healthy lifestyles among young people aged 5 to 25.
- Creating a safe and supportive environment, we ensure our weekly sports activities are inclusive and free of charge.

ACTIVE LIFE CLUB (ALC)

Activities & Achievements

1. **Expanded to reach** 1,076 individuals across 10 projects
2. **Women Empowerment:** Delivered female-only activities for 65 participants
3. **Volunteer Development:** Total of 37 volunteers from underrepresented backgrounds, delivered over 1,544 volunteer hours
4. **Training & Employability:** delivered 454 hours of work experience with various partners
5. **Youth Leadership:** Invested in training and development, including the Professional Certificate in Coordinating a Mentoring Programme and First Aid training.
6. **Strategic Growth:** Recognised as a Living Wage Employer.
7. **Awards & Recognition:** Received multiple national awards, including the Scottish Impact Awards for Community Impact and Glasgow's Sport Awards.

Financial Review

The accounts have been prepared on a Receipts & Payments basis in accordance with the applicable Accounting Standards, Statement of Recommended Practice, Accounting Reporting by Charities (SORP 2005) and applicable accounting standards and the Charities Acts 1993.

Financial performance

Active Life Club closed the year with a deficit of £4,649. This reflects the timing of funding received, as some grants awarded in the previous financial year were designated to support activities and expenditure delivered during this reporting period. The organisation continues to maintain careful financial planning and budgeting processes to ensure long-term sustainability.

Declaration

The trustees declare that they have approved the report above on 01/06/2026, and signed on their behalf by:

25/09/2026

Husnain Raza Sadiq
Chair

Dated

ACTIVE LIFE CLUB (ALC)

Independent Examiner's Notes on ALC Receipts & Payments Statement

1 April 2025 – 31 March 2026

Statement of Responsibilities of Trustees & Independent Examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention

1. Which gives me reasonable cause to believe that in any material respect the requirements:
   - To keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
   - To prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or
2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

K. Malik & Co Ltd

Khalil Malik FCCA

05/9/2026
Dated

K. Malik & Co Ltd
Chartered Certified Accountants
59 James Street
Glasgow
Lanarkshire
G40 1BZ

ACTIVE LIFE CLUB (ALC)

STATEMENT OF BALANCES AS AT 31 MARCH 2026	31/03/26 £	31/03/25 £
CASH FUNDS		
Cash and bank balance at start of the year	184,771	174,544
ADD: Surplus (deficit) for the year	(4,649)	10,227
Cash and bank balance at end of year	**180,122**	**184,771**
INVESTMENTS	-	-
OTHER ASSETS	-	-
LIABILITIES	-	-
TOTAL FUNDS	**180,122**	**184,771**

All funds are restricted to the purpose raised for, except generated income.

Signed on behalf of ALC

25/09/2026
Dated

Raza Sadiq Chair

ACTIVE LIFE CLUB (ALC)

RECEIPTS & PAYMENTS ACCOUNT STATEMENT

1 APRIL 2025 TO 31 MARCH 2026

	Notes	31/03/2026 Unrestricted	Restricted	Total	31/03/2025 Total
RECEIPTS		£	£	£	£
Grants	3	7,380	89,727	97,107	111,645
Donations	4	6,000	0	6,000	6,000
Other income	5	820	0	820	3,179
Interest		420	0	420	567
Total Receipts		**14,620**	**89,727**	**104,347**	**121,391**
PAYMENTS					
Rent		32,765	7,977	7,977	7,272
Cleaning			128	128	-
Sports Letting			11,151	11,151	7,630
Staff wages			38,935	71,700	72,055
Consultancy			0	0	-
Utilities			693	693	707
Insurance			395	395	883
Memberships / subscriptions			601	601	-
Postage, printing & stationery			90	90	-
Website			135	135	150
Telephone & Internet			358	358	423
Publicity			65	65	2,014
Training			1,550	1,550	639
Travel			697	697	637
Awards			252	252	-
Outdoor Trips			930	930	993
Other expenses			453	453	6,692
Meetings / events/ hospitality			412	412	277
Children's development projects			1,850	1,850	8,440
Sports Equipment			7,649	7,649	1,951
Bank charges			74	74	41
Accounting fees			1,836	1,836	-
Independent Examination			0	0	360
Total Payments		**32,765**	**76,231**	**108,996**	**111,164**
Surplus / (Deficit)		**(18,145)**	**13,496**	**(4,649)**	**10,227**
Opening funds		175,258	9,513	184,771	174,544
Closing funds		157,113	23,009	180,122	184,771

ACTIVE LIFE CLUB (ALC)

NOTES:

1. Accounting policies

The accounts have been prepared on a Receipts and Payments basis. No accruals or prepayments have been included.

2. Trustee Remuneration

No Trustee has received any remuneration during the year.

3. Grants

	31/03/2026	31/03/2025
	£	£
Unrestricted grants		
Robertson Trust	5,000	15,000
Glasgow City Council	2,380	1,200
GMAC Film	-	1,069
MVMT Sports	-	200
Restricted grants		
Glasgow Communities Fund	46,868	46,868
Glasgow Life Fund	12,540	1,900
GCVS Funding	22,500	-
Volunteer Support Fund - Impact Funding	6,000	11,250
Duke of Edinburgh	1,319	7,613
Tesco Grant	500	-
Cycling Access Fund	-	7,140
Cricket Scotland Wicketz	-	3,306
Sponsors for 25th Anniversary	-	10,169
Paid Work Replacement (PWP)	-	5,190
Outdoor trip	-	540
Overpayment recovery	-	200
	97,107	**111,645**

4. Donations

	31/03/2026	31/03/2025
	£	£
Unrestricted donations		
The Corra Foundation - Henry Duncan	6,000	6,000
	6,000	**6,000**

5. Other Income

	31/03/2026	31/03/2025
	£	£
Unrestricted		
Unit 9 Hire	370	2,112
Refunds	-	1,067
Overpayment recovery	-	-

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Outdoor trip	450	-
	820	**3,179**

6. Closing Bank Balance

	31/03/2026 £	31/03/2025 £
Balance as per bank statement	180,122	184,771
Less: cheques written but not cleared	-	-
Less: accountancy fee accrued	-	-
Add: outstanding lodgement	-	-
Balance per Statement of Balances	**180,122**	**184,771**

7. Funds Analysis

	Unrestricted £	Restricted £
2026		
Opening funds	175,258	9,513
Movement	(18,145)	13,496
Transfers	-	-
Closing funds	157,113	23,009
2025		
Opening funds	172,510	2,034
Movement	2,748	7,479
Transfers	-	-
Closing funds	175,258	9,513