PHEW (SCOTLAND)

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2026

Company Registration No. SC165172 (Scotland)
Charity Registration No. SC015276 (Scotland)

PHEW (SCOTLAND)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mark Reilly Suzanne Clark Gary Simpson	
Secretary	Helen Anderson	
Senior management	Helen Anderson	Service Manager
Charity number (Scotland)	SC015276	
Company number	SC165172	
Registered office	Respite Care Centre 49 Hope Street Motherwell Lanarkshire ML1 1BS	
Auditor	William Duncan + Co (Audit) Ltd Ellersley House 30 Miller Road Ayr Ayrshire KA7 2AY	
Bankers	Virgin Money Motherwell Branch 43 Hamilton Road Motherwell Lanarkshire ML1 3DD	
Investment advisors	St James's Place Dalserf House Strathclyde Business Park Bellshill ML4 3RA	

PHEW (SCOTLAND)

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PHEW (SCOTLAND)

CHAIRPERSON'S STATEMENT

FOR THE YEAR ENDED 31 MARCH 2026

Following PHEW (Scotland) becoming a wholly owned subsidiary of Sense Scotland on 18th November 2024, Sense Scotland has supported PHEW (Scotland) to secure the long-term sustainability of the organisation and ongoing provision of respite and short breaks for people supported and families.

The next step in this relationship was for PHEW (Scotland) to fully incorporate into the Sense Scotland organisation. For this to be achieved, the Trustees of the PHEW Transitional Board made the decision to hive up the PHEW (Scotland) business into Sense Scotland on 1st April 2026, and the necessary regulation and legal compliance actions were identified and actioned during the course of 2025/2026.

As a result of this transition, these are the final PHEW (Scotland) financial statements, which the trustees have prepared on a final break up basis rather than a going concern basis, in accordance with applicable Financial Reporting Standards.

I am grateful to PHEW (Scotland) staff, Sense Scotland staff and my fellow Trustees for their patience and hard work in getting us to this position.

Mark Reilly
Chairperson

Date: 9 September 2026

PHEW (SCOTLAND)

TRUSTEES' REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2026

The trustees present their annual report and financial statements for the year ended 31 March 2026.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

PHEW provides a residential short break/respite service for adults with learning disabilities, and works in partnership with people supported, carers/families, and other stakeholders to deliver a high quality, accessible and flexible service which meets the individual needs of guests.

Service Planning

The service is delivered to guests and families from across thirteen local authority areas in Scotland: North Lanarkshire, South Lanarkshire, Greater Glasgow, West Lothian, Falkirk, Stirling, East Lothian, Renfrewshire, East Dunbartonshire, Clackmannanshire, Perth & Kinross, Aberdeen, and Argyll & Bute.

Carers tell us that there is a strong need for the service and, based on referrals, there is a continued demand to support carers and guests.

Public benefit

The trustees have paid due regard to guidance issued by the Office of the Scottish Charity Regulator (OSCR) in deciding what activities the charitable company should undertake.

Achievements and performance

Significant activities and achievements against objectives

During 2025/26, PHEW’s main aim was to ensure the sustainability of the charity, thereby enabling the continued provision of residential respite and short breaks.

Work was also undertaken, with the support of Sense Scotland, to prepare for full incorporation of PHEW (Scotland) in to Sense Scotland.

Financial review

The company is a registered Charity. PHEW (Scotland) provides a residential respite/short break service purchased directly by Local Authorities/Health and Social Care Partnerships (predominantly North Lanarkshire Council), or indirectly by way of payments from the individual user’s Self-Directed Support budget. This income is the service’s main source of income.

Overall result from operating activities shows a deficit for the year of £92,852 (2025: deficit of £18,799) due in the main to rising labour costs (including the increase in Employer’s National Insurance Contributions), and the use of agency staff to support staff vacancies.

The free reserves (unrestricted) as at 31 March 2026 are £612,400 (2025: £666,066).

Going concern

Basis other than going concern
As a result of the decision to hive the business activities and continue the core operations within Sense Scotland from the 1st April 2026, the Trustees, with the appropriate advice, concluded that the financial statements for 2025/ 26 shall be prepared on a basis other than going concern.

The financial statements have, therefore, been prepared on an appropriate break-up basis, reflecting the circumstances prevailing at the reporting date and the Trustees' intention to wind this entity up in the near future. The expectation is that the entity will continue in dormant existence in the short term, with the intention to wind up the dormant entity, as described in note 24.

Under this basis, assets and liabilities have been reviewed having regard to their recoverability, realisation, and settlement in the context of the charity's cessation and transfer of activities. Appropriate adjustments have been made where the amounts expected to be realised or settled differ from the amounts that would have been recognised under a going concern basis.

This represents a fundamental change in the basis of accounting, and the Trustees consider the resulting financial statements to provide the most appropriate information to users in the circumstances.

Reserves policy
It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three and six month’s expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity’s current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the year.

Investment policy
Phew (Scotland) works within the terms of an investment policy to maximise the return on invested assets while minimising risk and expenses.

The Trustees and investment managers maintain an overview of the investments policy, including its financial performance and whether it is achieving agreed objectives.

The trustees have assessed the major risks to which the charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks.

Risk management
The Trustees have a duty to identify and review the risks to which the charity is exposed, and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

Quality assurance systems, including risk identification and management systems, are monitored and inspected by both the Care Inspectorate and the Planning and Quality Assurance service within North Lanarkshire Council.

The Service maintains appropriate employers’ and public liability insurance.

Structure, governance and management
The charity is a company limited by guarantee governed by its memorandum and Articles of Association dated April 1996. It is a registered as a charity with the Scottish charity Regulator.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mark Reilly	
Lesley Gray	(Resigned 31 March 2026)
John Cox	(Resigned 31 March 2026)
Suzanne Clark	
Martha Shortreed	(Resigned 31 March 2026)
Gary Simpson	

Recruitment and appointment of trustees

The Board will have no less than 3 and no more than 6 members and will be made up of professional and lay people including at least one member who cares for a person with Learning Disabilities.

PHEW Board of Directors is committed to achieving a membership that has a strong balance of the skills and experience required to advance the mission and purpose of PHEW.

None of the trustees has any beneficial interest in the company.

All of the trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Induction and training of trustees

Trustee induction and training

Before being accepted as a member of the Board the nominated person should agree that they will attend Board Meetings on a regular basis and participate in other functions organised by the Board to benefit the Organisation. New members are asked to meet with the Chair or his/her nominee and are briefed on the main duties and responsibilities of a Trustee. Written guidance about duties and obligations are available to support this process.

Auditor

In accordance with the company's articles, a resolution proposing that William Duncan + Co (Audit) Ltd be reappointed as auditor of the company will be put at a General Meeting.

Disclosure of information to auditor

Each of the trustees has confirmed that there is no information of which they are aware which is relevant to the audit, but of which the auditor is unaware. They have further confirmed that they have taken appropriate steps to identify such relevant information and to establish that the auditor is aware of such information.

The trustees' report was approved by the Board of Trustees.

Mark Reilly
Trustee

9 September 2026

PHEW (SCOTLAND)

STATEMENT OF TRUSTEES' RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2026

The trustees, who are also the directors of Phew (Scotland) for the purpose of company law, are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

PHEW (SCOTLAND)

INDEPENDENT AUDITOR'S REPORT

TO THE MEMBERS AND TRUSTEES OF PHEW (SCOTLAND)

Opinion

We have audited the financial statements of Phew (Scotland) (the 'charity') for the year ended 31 March 2026 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2026 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and regulation 8 of the Charities Accounts (Scotland) Regulations 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Emphasis of matter

We draw attention to note 24 to the financial statements which explains that the Trustees intend to wind up the entity and therefore do not consider it appropriate to adopt the going concern basis of accounting in preparing the financial statements.

Accordingly the financial statements have been prepared on a basis other than going concern as described in the accounting policy note 1.2.

Our opinion is not modified in respect of this matter.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of our audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared, which includes the directors' report prepared for the purposes of company law, is consistent with the financial statements; and
- the directors' report included within the trustees' report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report included within the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006the Charities Accounts (Scotland) Regulations 2006 requires us to report to you if, in our opinion:

- proper accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the trustees' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

As explained more fully in the statement of trustees' responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity’s ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005 and under the Companies Act 2006 and report in accordance with the Acts and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

- Enquiry of management, those charged with governance and the entity's solicitors around actual and potential litigation and claims;
- Enquiry of entity staff in tax and compliance functions to identify any instances of non-compliance with laws and regulations;
- Performing audit procedures over the risk of management override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for potential management bias;
- Reviewing minutes of meetings of those charged with governance; and
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations; and
- Reviewing the level of and reasoning behind the company's procurement of legal and professional services.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006, and to the charitable company's trustees, as a body, in accordance with Regulation 10 of the Charities Accounts (Scotland) Regulations 2006. Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company, the charitable company's members as a body and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Mr Brian Thomson BA(Hons) CA (Senior Statutory Auditor)
For and on behalf of William Duncan + Co (Audit) Ltd 17 September 2026
Statutory Auditor
Ellersley House
30 Miller Road
Ayr
Ayrshire
KA7 2AY

William Duncan + Co (Audit) Ltd is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

PHEW (SCOTLAND)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2026

	Notes	Unrestricted funds 2026 £	Restricted funds 2026 £	Total 2026 £	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Income and endowments from:							
Donations and legacies	**3**	2,145	-	2,145	6,991	-	6,991
Charitable activities	**4**	909,575	-	909,575	939,642	9,600	949,242
Investments	**5**	16,600	-	16,600	21,715	-	21,715
Other income	**6**	-	-	-	1,474	-	1,474
Total income		928,320	-	928,320	969,822	9,600	979,422
Expenditure on:							
Raising funds	**7**	2,046	-	2,046	3,028	-	3,028
Charitable activities	**8**	978,380	38,646	1,017,026	935,010	48,246	983,256
Total expenditure		980,426	38,646	1,019,072	938,038	48,246	986,284
Net gains/(losses) on investments	**13**	(2,100)	-	(2,100)	(11,937)	-	(11,937)
Net expenditure and movement in funds		(54,206)	(38,646)	(92,852)	19,847	(38,646)	(18,799)
Reconciliation of funds:							
Fund balances at 1 April 2025		666,606	1,087,063	1,753,669	646,759	1,125,709	1,772,468
Fund balances at 31 March 2026		612,400	1,048,417	1,660,817	666,606	1,087,063	1,753,669

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from discontinuing activities.

PHEW (SCOTLAND)

BALANCE SHEET

AS AT 31 MARCH 2026

	Notes	2026 £	2026 £	2025 £	2025 £
Fixed assets					
Tangible assets	**15**		1,066,438		1,108,692
Current assets					
Debtors	**16**	75,460		62,943	
Investments	**17**	151,660		181,037	
Cash at bank and in hand		439,181		469,462	
		666,301		713,442	
Creditors: amounts falling due within one year	**18**	(71,922)		(68,465)	
Net current assets			594,379		644,977
Total assets less current liabilities			1,660,817		1,753,669
The funds of the charity					
Restricted income funds	**20**		1,048,417		1,087,063
Unrestricted funds	**21**		612,400		666,606
			1,660,817		1,753,669

The financial statements were approved by the trustees on 9 September 2026

Mark Reilly
Trustee

Company registration number SC165172 (Scotland)

PHEW (SCOTLAND)

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2026

	Notes	2026 £	2026 £	2025 £	2025 £
Cash flows from operating activities					
Cash (absorbed by)/generated from operations	**27**		(55,932)		102,589
Investing activities					
Purchase of tangible fixed assets		(18,225)		(8,545)	
Proceeds from disposal of investments		27,276		(17,318)	
Investment income received		16,600		21,715	
Net cash generated from/(used in) investing activities			25,651		(4,148)
Net cash generated from financing activities			-		-
Net (decrease)/increase in cash and cash equivalents			(30,281)		98,441
Cash and cash equivalents at beginning of year			469,462		371,021
Cash and cash equivalents at end of year			439,181		469,462

1 Accounting policies

Charity information

Phew (Scotland) is a private company limited by guarantee incorporated in Scotland. The registered office is Respite Care Centre, 49 Hope Street, Motherwell, Lanarkshire, ML1 1BS.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006 the Charities and Trustee Investment (Scotland) Act 2005, the Charities Accounts (Scotland) Regulations 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, The principal accounting policies adopted are set out below.

1.2 Going concern

These financial statements are prepared on the break up basis. Post year end, the operations have discontinued within this entity and therefore the trustees do not consider it appropriate to adopt the going concern basis.

The entity is part of a trading group, Sense Scotland Group. The charitable activities and core operations have been hived up to the parent, Sense Scotland (SC147570), along with the assets and funds. It will continue its core operations as a cost centre within the parent entity, Sense Scotland, for the foreseeable.

The trustees have an expectation that the charity will continue in dormant existence in the short term, with the intention to wind up the dormant entity, as described in note 24.

1.3 Charitable funds

No adjustments arose as a result of ceasing to adopt the going concern basis of accounting.

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

1 Accounting policies **(Continued)**

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Freehold land and buildings	2% straight line
Fixtures and fittings	25% straight line
Motor vehicles	25% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies **(Continued)**

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.11 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from donations and legacies

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Donations and gifts	2,145	6,991

4 Income from charitable activities

	Unrestricted funds 2026 £	Restricted funds 2026 £	Total 2026 £	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
Respite						
Services provided under contract	737,842	-	737,842	758,740	-	758,740
Sales of services by beneficiaries	171,733	-	171,733	180,902	-	180,902
Performance related grants	-	-	-	-	9,600	9,600
	909,575	-	909,575	939,642	9,600	949,242

Performance related grants analysis

	Respite 2025 £
The Robertson Trust	9,600

5 Income from investments

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Income from listed investments	2,682	-
Investment gains	12,087	20,346
Interest receivable	1,831	1,369
	16,600	21,715

6 Other income

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Other income	-	1,474

7 Expenditure on raising funds

	Unrestricted funds 2026 £	Unrestricted funds 2025 £
Investment management	2,046	3,028

8 Expenditure on charitable activities

	Charitable activities 2026 £	Charitable activities 2025 £
Direct costs		
Staff costs	701,877	659,242
Depreciation and impairment	60,480	57,930
Light & Heat	47,402	37,901
Training	20,805	14,801
Motor Expenses	910	1,953
Catering	51,237	37,164
Subscriptions	814	3,284
Rates & Insurance	27,103	23,635
Telephone	9,020	8,696
Statonery & Postage	1,561	2,363
Sundry expenses	12,458	3,990
Unplanned maintenance & repairs	36,454	67,986
Domestic costs	38	8,846
Other admin costs	25,539	22,443
Accountancy fees	7,300	3,800
Bad debt provision	28	9,881
	1,003,026	963,915
Share of support and governance costs (see note 9)		
Governance	14,000	19,341
	1,017,026	983,256
Analysis by fund		
Unrestricted funds	978,380	935,010
Restricted funds	38,646	48,246
	1,017,026	983,256

9 Support costs allocated to activities

	2026 £	2025 £
Legal and professional fees	-	5,341
Auditor fees	14,000	14,000
	14,000	19,341
Analysed between:		
Charitable activities	14,000	19,341

10 Net movement in funds

	2026	2025
	£	£
The net movement in funds is stated after charging/(crediting):		
Fees payable for the audit of the charity's financial statements	14,000	14,000
Depreciation of owned tangible fixed assets	60,480	57,930

11 Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year, and £nil (2025 - £nil) was paid to trustees for travelling expenses during the year.

12 Employees

The average monthly number of employees during the year was:

	2026	2025
	Number	Number
Total	28	27

Employment costs	2026	2025
	£	£
Wages and salaries	620,758	594,720
Social security costs	51,278	40,050
Other pension costs	29,841	24,472
	701,877	659,242

There were no employees whose annual remuneration was more than £60,000.

Remuneration of key management personnel

The remuneration of the three key management personnel was as follows:

	2026	2025
	£	£
Aggregate compensation	54,932	81,874

13 Gains and losses on investments

	Unrestricted funds 2026	Unrestricted funds 2025
Gains/(losses) arising on:	£	£
Revaluation of investments	(2,100)	(11,937)

14 Taxation

The charity is exempt from taxation on its charitable activities.

15 Tangible fixed assets

	Freehold land and buildings	Fixtures and fittings	Motor vehicles	Total
	£	£	£	£
Cost				
At 1 April 2025	1,932,300	78,527	47,225	2,058,052
Additions	-	18,225	-	18,225
At 31 March 2026	1,932,300	96,752	47,225	2,076,277
Depreciation and impairment				
At 1 April 2025	855,237	46,897	47,225	949,359
Depreciation charged in the year	38,646	21,834	-	60,480
At 31 March 2026	893,883	68,731	47,225	1,009,839
Carrying amount				
At 31 March 2026	1,038,417	28,021	-	1,066,438
At 31 March 2025	1,077,063	31,629	-	1,108,692

Standard security has been given to The National Lottery Charities Board over the lease between North Lanarkshire Council and PHEW (Scotland) of ground in Hope Street, Motherwell.

16 Debtors

Amounts falling due within one year:	2026 £	2025 £
Trade debtors	70,786	14,110
Other Debtors	599	5,761
Prepayments and accrued income	4,075	43,072
	75,460	62,943

17 Current asset investments

	2026 £	2025 £
Unlisted investments	151,660	181,037

18 Creditors: amounts falling due within one year

	2026	2025
	£	£
Other taxation and social security	8,907	4,688
Other creditors	32,662	34,058
Accruals and deferred income	30,353	29,719
	71,922	68,465

19 Retirement benefit schemes

Defined contribution schemes	2026	2025
	£	£
Charge to profit or loss in respect of defined contribution schemes	29,841	24,472

The charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the charity in an independently administered fund.

20 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2025	Incoming resources	Resources expended	At 31 March 2026
	£	£	£	£
Property fund	1,077,063	-	(38,646)	1,038,417
Hydro Pool fund	10,000	-	-	10,000
	1,087,063	-	(38,646)	1,048,417

Previous year:	At 1 April 2024	Incoming resources	Resources expended	At 31 March 2025
	£	£	£	£
Property fund	1,115,709	-	(38,646)	1,077,063
Hydro Pool fund	10,000	-	-	10,000
Salary fund	-	9,600	(9,600)	-
	1,125,709	9,600	(48,246)	1,087,063

20 Restricted funds **(Continued)**

The Property fund represents capital grants and other donations received in respect of the property. The balance relates to the carrying value of the assets to be released in line with the depreciation policy over the useful life of the assets.

The Hydro pool fund is grant funding received towards a Hydro pool. This is intended to be utilised in the near future.

21 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2025	Incoming resources	Resources expended	Gains and losses	At 31 March 2026
	£	£	£	£	£
General funds	666,606	928,320	(980,426)	(2,100)	612,400

Previous year:	At 1 April 2024	Incoming resources	Resources expended	Gains and losses	At 31 March 2025
	£	£	£	£	£
General funds	646,759	969,822	(938,038)	(11,937)	666,606

22 Analysis of net assets between funds

	Unrestricted funds 2026	Restricted funds 2026	Total 2026
	£	£	£
At 31 March 2026:			
Tangible assets	28,021	1,038,417	1,066,438
Current assets/(liabilities)	584,379	10,000	594,379
	612,400	1,048,417	1,660,817

	Unrestricted funds 2025	Restricted funds 2025	Total 2025
	£	£	£
At 31 March 2025:			
Tangible assets	31,629	1,077,063	1,108,692
Current assets/(liabilities)	634,977	10,000	644,977
	666,606	1,087,063	1,753,669

23 Operating lease commitments

Lessee

At the reporting end date the charity had outstanding commitments for future minimum lease payments under non-cancellable operating leases, which fall due as follows:

	2026	2025
	£	£
Within one year	1	1
Between two and five years	4	4
In over five years	70	71
	75	76

24 Events after the reporting date

On the 1st April 2026, PHEW (Scotland) ceased to trade within this entity. All trade and assets were hived up to the parent entity, Sense Scotland (SC147570). The parent is sole member and therefore has 100% ownership and control of the subsidiary.

PHEW (Scotland)'s trade and core business remains the same within Sense Scotland as a named cost centre. The Trustees expect this entity to remain in dormancy in the short term, with the intention to wind it up.

Further information is available within the financial statements of Sense Scotland Group (SC147570).

25 Related party transactions

Transactions with related parties

During the year the charity entered into the following transactions with related parties:

25 Related party transactions **(Continued)**

North Lanarkshire Council
The charity has a contractual long term lease agreement with North Lanarkshire, for the grounds upon which PHEW's respite centre is situated. The lease agreement includes clauses and terms which deems North Lanarkshire Council as the host authority, allowing the local authority to set the host authority rates. North Lanarkshire Council is one of PHEW (Scotland)'s key customers.

The charity received funding totalling £477,830 (2025 - £481,617) from North Lanarkshire Council for Respite contract funding.

Included within Debtors at note is a balance owed from North Lanarkshire Council of £41,766 (2025 - £nil) inclusive of valued added tax.

During the year North Lanarkshire Council provided waste management services provided of £1,430 (2025 - £1,375).

Included in Accrued income at note 17 is a balance in relation to North Lanarkshire Council of £nil (2025 - £40,100), inclusive of value added tax.

Service Users
PHEW (Scotland) provides services to one (2025 - one) close family member of Trustees.
£3,978 of fees and allowances income (2025 - £4,115) was received in relation to these service users during the year.

26 Ultimate controlling party

The charitable company is controlled by its parent charity, Sense Scotland which is governed by its board of Trustees. Sense Scotland is sole member and has 100% ownership and control of PHEW (Scotland).

27 Cash (absorbed by)/generated from operations

	2026	2025
	£	£
Deficit for the year	(92,852)	(18,798)
Adjustments for:		
Investment income recognised in statement of financial activities	(16,600)	(21,715)
Fair value gains and losses on investments	2,100	11,937
Depreciation and impairment of tangible fixed assets	60,480	57,930
Movements in working capital:		
(Increase)/decrease in debtors	(12,517)	47,699
Increase in creditors	3,457	25,536
Cash (absorbed by)/generated from operations	(55,932)	102,589

28 Analysis of changes in net funds

The charity had no material debt during the year.