

Active Seniors SCIO

**Report of the trustees and unaudited financial statements
for the year ended 31 March 2026**

Scottish charity number: SC052357



ACTIVE SENIORS GLASGOW WEST

BK Plus Ltd
Gordon Chambers
90 Mitchell Street
Glasgow
G1 3NQ

Active Seniors

Contents of the financial statements
For the year ended 31 March 2026

	Page
Reference and Administration Details	1
Trustee’s Annual Report	2-3
Independent Examiner’s Report	4
Receipts and Payments Account	5
Statement of Balances	6
Notes to the Accounts	7-8

Active Seniors SCIO

Reference and Administration Details
For the year ended 31 March 2026

Registered Charity number

SC052357

Principal Address

c/o Kingsway Community Connections
50 Kingsway Court
Glasgow
G13 2EU

Trustees

Irene Irvine
Janette McAllister
Pamela McGuire
Toni Hurrell
Marie Murphy
Barbara Gray
Grace Smith
Katherine Milne
Marion Macintyre
John Doyle
Jean Josey

Chair

Treasurer

Secretary

Vice Chair

Resigned 16 January 2026

Independent examiner

Susan Wood
BK Plus Ltd
Gordon Chambers
90 Mitchell Street
Glasgow
G1 3NQ

Bankers

Bank of Scotland
PO Box 1000
BX2 1LB

Active Seniors SCIO

Reference and Administration Details

For the year ended 31 March 2026

STRUCTURE, GOVERNANCE AND MANAGEMENT

Active Seniors was formed in February 2004 and was recognized as a Scottish Charity with effect from 19th August 2008 and the charity is governed by its constitution. On the 28th February 2023 Active Seniors' application to OSCR to become a Scottish Charitable Incorporated Organisation (SCIO) was successful. All assets were transferred from the existing charity Active Seniors SC039798 to the new one Active Seniors SCIO SC052357. In November 2023 OSCR acknowledged the dissolution of Active Seniors – SC039798.

Trustees are appointed under the terms of the constitution by the members at the AGM. There were eleven trustees in 25-26.

OBJECTIVES AND ACTIVITIES

The objects of the Association shall be to promote the benefit of the inhabitants of The North West Community Health Partnership Area without distinction of sex, sexuality, political, religious or other opinions by associating the local statutory authorities, voluntary organisations and inhabitants in a common effort to advance education and to provide facilities, or assist in the provision of facilities, in the interest of social welfare for recreation and other leisure-time occupation so that their conditions of life may be improved.

In furtherance of the above object the Association shall have the following aims:

- a) To promote events for seniors in the North West Area Community Health Partnership Area of Glasgow.
- b) To consult with seniors on service provision and their needs.
- c) To promote and encourage development opportunities for educational, physical and social activities for seniors.
- d) To consult on representative structures for seniors in the North West Area of the City

KEY MANAGEMENT REMUNERATION

In the opinion of the trustees, there is one member of management, the Development Officer. During the year total employer costs were £14,418 (2025: £12,694), the current member of staff is employed p/t at 16 hours per week.

ACHIEVEMENT AND PERFORMANCE

During 2025/26 1495 seniors attended our events, our monthly social attracted an average of 80 people and our day trips an average of 48.

We have 160 regular members; 19 men and 141 women aged from 61 to 97. In addition to the 160 we have many non-members who come to our monthly free access socials where we have live music and dancing. Many of our members have health issues such as arthritis, diabetes as well as heart and respiratory conditions, so getting out of the house and keeping active helps keep them healthy and active.

Managing access to some events through membership enables us to keep in touch with people on a regular basis, maximise our limited resources, and book and plan events. The majority of our events are free, unless we feel the cost per person is over what we would normally budget, in these cases we ask for a small contribution per person towards the cost.

HIGHLIGHTS FROM ACTIVITIES IN 2025/26

Our programme this year offered a vibrant mix of outings, social events, and wellbeing activities. We enjoyed memorable trips to **Ayr, Largs, Balloch, Rothesay, Peebles, Culzean Castle, and Perth**, along with visits to the **Mackintosh Willow Tea Rooms, Hampden**, and indoor bowling sessions. Members took part in **wellness workshops, canal boat trips**, and even **AI learning sessions**, reflecting our commitment to varied and enriching experiences.

Our large themed socials — celebrating **Easter, Burns Night, Country & Western, Halloween, and Christmas** — continued to be hugely popular, bringing the community together through music, dancing, and shared enjoyment. We also hosted a **community pantomime** attended by **150 seniors**, and our **Macmillan Coffee Afternoon** raised an

Active Seniors SCIO

Reference and Administration Details

For the year ended 31 March 2026

impressive **£1,000**, showcasing the generosity and spirit of our members.

It was another outstanding year filled with connection, activity, and friendship — making new memories while cherishing long-standing ones.

We have been supported this year by The National Lottery Community Fund, Age Scotland, and Glasgow City Council Local Area Partnership Funds.

FINANCIAL REVIEW

Income for the period was £33,365 (2024: £28,972) and expenditure was £30,832 (2025: £25,049) leaving a surplus of £2,533 (2025: £3,923).

As at 31 March 2026 the charity held funds of £55,083 (2025: £52,550).

Reserves policy

The reserves of the charity comprise unrestricted funds, which are available to use in furtherance of achieving the charity's objectives and restricted funds that may be applied only as directed by the funder.

In the year ended 31 March 2026, the charity had a surplus of funds of £55,083 (2025: £52,550) made up of a surplus on unrestricted funds of £14,709 (2025: £10,784) and restricted funds of £40,374 (2025: £41,766).

APPROVAL OF THE REPORT

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees onand signed on its behalf by:



J McAllister
Trustee

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF
Active Seniors SCIO**

I report on the accounts for the year ended 31 March 2026 set out on pages 7 to 8.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity's trustees consider that the audit requirement of Regulation 10(1)(a) to (c) of the Accounts Regulations does not apply; neither are the accounts required to be audited under Part 16 of the Companies Act 2006. It is my responsibility to examine the accounts as required under Section 44(1)(c) of the Act and to state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended). An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

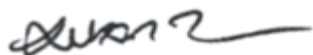
Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements
 - to keep accounting records in accordance with Section 44(1)(a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations (as amended); and
 - to prepare accounts which accord with the accounting records and to comply with Regulation 8 of the 2006 Accounts Regulations (as amended).

have not been met; or

- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Susan Wood BAcc, CA
BK Plus Ltd
Gordon Chambers
90 Mitchell Street
Glasgow
G1 3NQ

Date 20 August 2026

Active Seniors SCIO

Receipts and Payments Account
For the year ended 31 March 2026

		2026	2026	2026	2025
		Unrestricted	Restricted	Total	Total
		Funds	Funds	Funds	Funds
	Note	£	£	£	£
Income and endowments from:					
Donation and legacies	3	2,800	-	2,800	590
Other trading activities	4	4,180	-	4,180	1,306
Charitable activities	5	-	26,385	26,385	27,076
		-----	-----	-----	-----
Total income and endowments		6,980	26,385	33,365	28,972
		-----	-----	-----	-----
Expenditure on:					
Charitable activities	6	3,055	27,777	30,832	25,049
		-----	-----	-----	-----
Net (expenditure)/income		3,925	(1,392)	2,533	3,923
Total funds at 1 April 2025		10,784	41,766	52,550	48,627
		-----	-----	-----	-----
Total funds at 31 March 2026		14,709	40,374	55,083	52,550
		=====	=====	=====	=====

Active Seniors SCIO

Statement of cashflows

For the year ended 31 March 2026

	Unrestricted Funds (£)	Restricted Funds (£)	Total Funds (£)		2025 Total (£)
Opening cash and bank balances	10,784	41,766	52,550		48,628
<i>Surplus/- deficit for the year</i>	3,925	(1,392)	2,533		3,923
Closing cash and bank balances	<u>14,709</u>	<u>40,374</u>	<u>55,083</u>		<u>52,550</u>

Active Seniors SCIO

Notes to the Accounts

For the year ended 31 March 2026

1. GENERAL INFORMATION

Active Seniors ("the charity") is a Scottish charitable incorporated organisation governed by its constitution dated 19 August 2008. It was registered as a charity in Scotland (registered number SC039798) on 19 August 2008 and converted to a SCIO (registered number SC052357) on 27 February 2023. It's registered address is c/o Kingsway Community Connections, 50 Kingsway Court, Glasgow, G13 2EU.

2. BASIS OF PREPARATION

These accounts have been prepared on the Receipts and Payments basis in accordance with the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended)

3. DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	2026 Total	2025 Total
	£	£	£	£
Donation and legacies	2,800	-	2,800	590
	=====	=====	=====	=====

4. OTHER TRADING INCOME

	Unrestricted Funds	Restricted Funds	2026 Total	2025 Total
	£	£	£	£
Fundraising	4,180	-	4,180	1,306
	=====	=====	=====	=====

5. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2026 Total	2025 Total
	£	£	£	£
Grants from				
National Lottery Comm Fund	-	14,699	14,699	21,406
Age Scotland	-	840	840	1,810
Generations Working Together	-	-	-	2,500
Glasgow City Council	-	830	830	1,360
GCVS – Glasgow Wellbeing Fund	-	10,016	10,016	-
	-----	-----	-----	-----
	-	26,385	26,385	27,076
	=====	=====	=====	=====

Active Seniors SCIO

Notes to the Accounts

For the year ended 31 March 2026

6. CHARITABLE ACTIVITIES COSTS

	Unrestricted Funds £	Restricted Funds £	2026 Total £	2025 Total £
Accountancy – IE Fee	-	-	-	780
Bus trips, Travel, Catering	-	3,707	3,707	5,935
IT Costs	-	-	-	-
Postage and stationery	-	-	-	-
General	-	375	375	211
Insurance	-	570	570	547
Donations	-	50	50	160
Staff costs	-	14,418	14,418	12,694
Socials	-	11,522	11,522	4,707
Telephone	-	-	-	-
Travel	-	-	-	15
Training	-	190	190	-
	-----	-----	-----	-----
	-	30,832	30,832	25,049
	=====	=====	=====	=====

7. MOVEMENT IN FUNDS

	At 1 Apr 25 £	Income £	Expenditure £	At 31 Mar 26 £
Unrestricted funds	10,784	6,980	(3,055)	14,709
Restricted funds				
National Lottery Comm Fund	27,237	14,699	(26,107)	15,829
Big Lottery	14,529	-	-	14,529
Age Scotland	-	840	(840)	-
Glasgow City Council	-	830	(830)	-
GCVS – GWF		10,016	-	10,016
	-----	-----	-----	-----
	41,766	26,385	(27,777)	40,374
	-----	-----	-----	-----
	52,550	33,365	(30,832)	55,083
	=====	=====	=====	=====

Purpose of restricted funds:

- National Lottery – Community Fund – Funding for staff costs and carrying out core activities.
- Big Lottery – funding for improving lives
- Age Scotland – funding to be used for Panto and Christmas social
- Glasgow City Council – funding for carrying out core activities.
- GCVS – GWF – funding for improving mental health and wellbeing of adults living in Glasgow

Active Seniors SCIO

Notes to the Accounts

For the year ended 31 March 2026

Related Party Transactions:

The trustees received no remuneration or expenses during the year (2025: NIL).

There were no related party transactions during the year (2025: NIL).