Report of the trustees and

Financial Statements for the Year Ended 31 January 2026

For

PCOS Relief

Contents of the Financial Statements
For the Year Ended 31 January 2026

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Charity Information
For the Year Ended 31 January 2026

Scottish Charity Number:

SC051494

Trustees:

Chand Kaur

Hartake Singh

Gurdeep Kaur

Charity Address;

Unit 30 1st Floor Fleming House, Fort Kinnaird Retail Park, EH15 3RD

Accountants

Ahmad & Nabi McMullan Accountants

95-107 Lancefield Street, Glasgow, G3 8HZ

Report of the Trustees
For the Year Ended 31 January 2026

The trustees present their report with the financial statements of the charity for the year ended 31 January 2026

Governing Documents

The is a registered nonprofit charity and the purpose and administration arrangements are set out in the constitution.

Objectives and Activities

PCOS Relief is a charitable organisation that has been established to provide support and advice to those who have been diagnosed with any of the four types of Polycystic Ovary Syndrome. PCOS Relief's main objective is to work alongside Qualified Medical Researchers to collect accurate data in the numbers of females who have been diagnosed with PCOS. The charity also works alongside the NHS and the Scottish and UK government to promote the advancements of Education. PCOS Relief provided a platform where ethnic minority communities can come and seek advice in confidence.

Member of the Board of Trustees

In accordance with charities law, as the charities trustees we certify that:

- So far as we are aware, there are no relevant audit information of which the charities auditors are unaware; and
- As the trustees of the charity, we have taken all reasonable steps that we have ought to have taken in order to make ourselves aware of any relevant audit information and to establish that the charity's auditors are aware of this information.

On Behalf of the Board

Trustee Name –CHAND KAUR

Trustee signature -



Date – MONDAY 12 OCTOBER 2026

Trustee Name – HARTAKE SINGH

Trustee signature - *H.SINGH*

Date – MONDAY 12 OCTOBER 2026

PCOS Relief

Year Ended 31 January 2026

Statement of Financial Activites

	Unrestricted Funds	Restricited Funds	2026 Total	2025 Total
	£	£	£	£
Income				
Donations	3,674	-	3,674	2,094
Sponsorships	-	-	-	-
Main Grant	-	25,300	25,300	23,076
Other Income	300	-	300	900
Refunds	-	-	-	-
Total Income	3,974	25,300	29,274	26,070
Expenses				
Events and Refreshments	-	-	-	976
Social Media post	-	-	-	482
Googling Ranking	-	-	-	-
Microsoft Package	-	-	-	-
IT Equipment	-	-	-	-
Landline	-	-	-	-
Travelling	300	-	300	730
Website	-	-	-	-
Volunteer costs	-	-	-	50
Business Cards	-	-	-	-
Donation Box	-	-	-	-
Professional	-	10,500	10,500	10,720
Total Expenses	300	10,500	10,800	12,958
Net Incoming Resources	3,674	14,800	18,474	13,112
Total Funds Brought Forward	6,328	11,552	17,880	4,768
Total Funds Carried Forward	10,002	26,352	36,354	17,880

Balance Sheet
As at 31 January 2026

	2026	2025
	£	£
CURRENT ASSETS		
Cash at bank	43,985	25,511
CREDITORS		
Loan - C Kaur	- 7,631	- 7,631
NET CURRENT ASSETS (LIABILITIES)	36,354	17,880
TOTAL ASSETS LESS CURRENT LIABILITIES	36,354	17,880
RESERVES		
Surplus/(Deficit)	36,354	17,880
	36,354	17,880

The financial statements were approved by the Trustees on 12th September 2026 and were signed by:

Trustee Name –CHAND KAUR

Trustee signature -

Date – MONDAY 12 OCTOBER 2026

Trustee Name – HARTAKE SINGH

Trustee signature - *H.SINGH*

Date – MONDAY 12 OCTOBER 2026

Report of the Independent Examiner to the Trustees of PCOS Relief

I report on the financial statements for the year ended 31 January 2026 which are set on pages 2-6.

Responsibilities of the trustees and the independent examiner

The trustees are responsible for the preparation of the financial statements in accordance with the terms of the Charities and Trustees Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. The trustees consider that the audit requirements of the regulations 10 (1) (a) to (c) of the Accounts Regulations does not apply. It is my responsibility to examine the financial statements as required under Section 44 (1) (c) of the Act and to state weather particular matters have come to my attention.

Basis of Independent Examiner's Statement

My examination is carried out in accordance with Regulations 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items of disclosure in the financial statements and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, I do not express an audit opinion on the view given by the financial statements.

Independent Examiner's Statement

In the course of my examination, no matter has come to my attention:

1. Which gives me a reasonable cause that in any material aspect the requirements:
    - to keep accounting records in accordance with Section 44 (1) (a) of the 2005 Act and Regulations 4 of the 2006 Accounts Regulations, and
    - to prepare financial statements which accord with the accounting records and comply with Regulations 8 of the 2006 Accounts Regulations

    have not been met, or

2. To which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial records to be reached.

Omar Nabi FFCA
Ahmad & Nabi McMullan Accountants
95-107 Lancefield Street
Glasgow
G3 8HZ

8th October 2026