



04/05/26

As requested this is the report for SATH Community Health Project

Trustees' Annual Report ending June 2025

SATH Community Health Project (SCIO)

Charity Number: SC053458

Company Number: CS006949

Trustees

Syeda Ismat Hussain

Nuzhat Waqas

Salma Mohammed

New trustee added this year – Zenib Ali

Charity was officially started in

June 2024, we achieved our very first lot of funding 01/08/25.

The work could only have started when we had access to funds, hence the delay and nothing to report for report year end June 2025. However, this year we will have a report at the end of June 2026.

The Sath Community Health Project is a charity focused on improving both mental and physical health, particularly for Black, Asian, and Ethnic Minority communities. Its main purpose is to provide culturally sensitive and accessible support that helps people overcome barriers such as stigma, language differences, and lack of access to care. The organisation works to create safe and inclusive spaces where individuals can receive 1-2-1 counselling, group therapy, and emotional support, while also promoting wellbeing through community programmes, workshops, and peer support networks. Overall, the charity aims to reduce health inequalities, empower communities, and ensure that everyone has the opportunity to achieve better wellbeing and live healthier lives.

Following are the links for our social media pages for further information.

Website: sathcommunity.org.uk

Instagram: [sath.chp](https://www.instagram.com/sath.chp)

Facebook: SATH Community Health Project

Syeda Ismat Hussain

NUZHAT WAQAS

DATE - 19-5-26.