

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document

Sahara is Scottish charitable incorporated organisation, registered in January 2021

Trustee recruitment and appointment

Trustees are well established and work for the betterment of local community.

Objectives and activities

Charitable purposes

As stated in the governing document.

Summary of the main activities in relation to these objects

Supporting individuals overcome difficulties due to isolation, by setting up yoga and belly dancing classes, by learning different dances it brings the individual out of their comfort zone and help build confidences.

It's an opportunity for service users communicate with people and form friendships.