

You My Sister

Trustees' Annual Report

and Accounts for the

year ended 31 December 2025



You My Sister
Report and Financial Statements
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You My Sister

Trustees' Report for the year ended 31 December 2025

The Trustees present their report together with the receipts and payments accounts of You My Sister for the year ended 31 December 2025. The Trustees confirm that the Annual Report and Accounts of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statement of Recommended Practice (SORP).

Objects and activities

The objects of the charity are the relief of people in need as a result of being harmed by abuse, particularly via commercial sexual exploitation, through practical, financial and mental health support and to provide education for the public benefit as to the harms of the sex trade.

Public benefit

The trustees confirm that they have referred to the recommendations contained in the Charity Commission's general guidance on public benefit when reviewing You My Sister's aims and objectives, and in planning activities and setting policies and priorities for the year ahead.

The activities that You My Sister carries out to further its charitable purposes for the public benefit (as described under Achievements and performance below) are guided by the Objects above.

Achievements and performance

This year we:

- Supported nearly 50 individuals with close to 15% attending more than one course
- Started to develop a range of shorter courses
- Input into a number of consultations on the sex trade
- Supported direct survivor advocacy over a Scottish Bill on prostitution and into other consultations
- Expanded our objectives to enable us to support survivors of any form of abuse
- Attended several key networking events across the UK and supported survivor attendance
- Gained funding for counselling support for key peer workers
- Achieved a 40% grant funding success rate

Trustees' Report for the year ended 31 December 2025

Financial review

During the year the Charity received funds totaling £32,167 and made payments of £49,276. The charity held funds on hand of £25,074 at 31 December 2025, comprising £18,168 of restricted funds and £6,906 of unrestricted funds.

Principal funding sources

The charity's principal source of funds is from grants and donations.

Investment policy

The charity does not currently hold sufficient funds to warrant investment. However, the charity banks with The Co-operative Bank plc, which has a sound ethical banking policy.

Reserves policy

The charity holds a small cash balance and is yet to reach an operational level where it has been possible to consider establishing a financial reserve. The Trustees will continue to monitor the charity's finances and will establish a reserves policy when funds allow.

Plans for the future

Mindful of the now near insurmountable challenge of gaining meaningful and sustainable levels of funding via grants, we will be seeking alternative funding revenues. We will be utilising the free consultancy support offered by several of our funders to plan how to achieve this and to help us revisit long-term plans and goals of the charity. Alongside this we aim to continue to provide high quality support and advocacy for our beneficiaries.

Structure, governance and management

Governing document

The organisation is a Charitable Incorporated Organisation, established and registered as a charity on 5 June 2020. The charity is established under a Constitution, which sets out the objects and powers of the trust.

We have also been registered with the Scottish Charity Commission, OSCR no. SC05277 since 24 August 2023.

You My Sister

Trustees' Report for the year ended 31 December 2025

Recruitment and appointment of the Board of Trustees

The Board of trustees are also the members of You My Sister. New Trustees are appointed by meetings of the Trustees/members. The Constitution stipulates that there must be a minimum of three Trustees, with no maximum.

Trustee induction and training

Trustees are experienced in the area of the charity's work and/or have been appointed for the specific skills they can bring to the Board. All potential trustees are briefed prior to their election, whilst relevant checks are also carried out (e.g. references, DBS checks etc.).

Trustees' responsibilities in relation to the financial statements

Charity law requires the trustees to prepare accounts for each financial period which show a true and fair view of the state of affairs of the charity and of its financial activities for that period. In preparing those accounts, the trustees are required to:

- Select suitable accounting policies and then apply them consistently;
- Make judgements and estimates that are reasonable and prudent;
- observe the methods and principles of the Charities' SORP, Accounting and Reporting by Charities;
- State whether applicable accounting standards and statements of recommended practice have been followed, subject to any departure disclosed and explained in the financial statements; and
- Prepare the accounts on the going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Statement of Recommended Practice. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the board of trustees on 1 September 2026 and signed on its behalf.

Dr Laura Jones

Dr Laura Jones
Trustee

You My Sister

Reference and Administrative Details of the Charity, its Trustees and Advisers For the year ended 31 December 2025

Charity registration number: 1189815

Operational address: Women's Resource Centre
3rd Floor
72-75 Red Lion Street
London
WC1R 4NA

Trustees

Tonyé Babudoh

Dr Laura Jones

Rebecca Mordan

John McCormack

Kim Rojas Powell

Anna Kristina Dahlstrom

Appointed 17 June 2025

Appointed 1 May 2026

Michelle Rothwell-McHugh

Resigned 18 December 2025

Independent Examiner

Frank McDowell FMAAT

FJM Accountancy Limited

23 Shackleton Court

2 Maritime Quay

London

E14 3QF

Bankers

The Co-operative Bank plc

P.O. Box 101

1 Balloon Street

Manchester

M60 4EP

Independent examiner's report to the Trustees of You My Sister CIO

I report to the trustees on my examination of the accounts of the above charity ("the CIO") for the year ended 31 December 2025.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the CIO's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- 1 the accounting records were not kept in accordance with section 130 of the Charities Act; or
- 2 the accounts did not accord with the accounting records; or
- 3 the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Frank James McDowell FMAAT

Frank James McDowell FMAAT

FJM Accountancy Limited
23 Shackleton Court
2 Maritime Quay
London
E14 3QF

Date: 8 September 2026

You My Sister
Receipts and Payments Account
For the year ended 31 December 2025

		2025			2024		
	Notes	Un- restricted £	Restricted £	Total funds £	Un- restricted £	Restricted £	Total funds £
Receipts							
Grants and donations	1	4,324	27,570	31,894	5,984	58,687	64,671
Charitable activities		173	-	173	-	-	-
Expense refunds		100	-	100	244	-	244
Total receipts		4,597	27,570	32,167	6,228	58,687	64,915
Payments							
Research, project and grant costs		300	6,186	6,486	1,002	1,127	2,129
Organisational running costs		1,941	2,625	4,566	106	1,744	1,850
Publicity		324	868	1,192	324	987	1,311
Freelancers working on course creation, course delivery and student assessments		1,909	35,107	37,016	2,000	32,669	34,669
Fundraising costs		16	-	16	6	-	6
Total payments		4,490	44,786	49,276	3,438	36,527	39,965
Net cash received/(spent) in the year		107	(17,216)	(17,109)	2,790	22,160	24,950
Transfer		-	-	-	94	(94)	-
Opening cash balances at 1 January 2025		6,799	35,384	42,183	3,915	13,318	17,233
Closing cash balances at 31 December 2025		6,906	18,168	25,074	6,799	35,384	42,183

You My Sister
Statement of assets and liabilities
As at 31 December 2025

	2025 £	2024 £
Cash funds		
Cash at bank - unrestricted funds	6,906	6,439
Cash at bank - restricted funds	18,168	35,384
Total	<u>25,074</u>	<u>41,823</u>
Funds at PayPal	-	360
	<u>25,074</u>	<u>42,183</u>
 Liabilities		
Accrued accountancy fees	500	900
	<u>500</u>	<u>900</u>

Signed on behalf of the Trustees on 1 Septemebr 2026.

Dr Laura Jones

Dr Laura Jones
Trustee

You My Sister
Notes to the Accounts
For the year ended 31 December 2025

1 Restricted funds

	At 1 Jan £	Receipts £	Payments £	Transfers £	At 31 Dec £
Year ended 31 December 2025					
The Ashworth Charitable Trust	5,000	-	(4,516)	-	484
City Bridge Trust	6,129	13,070	(12,566)	-	6,633
Elizabeth Rathbone	-	2,000	(1,386)	-	614
Foundation Scotland	-	1,500	(165)	-	1,335
The Foyle Foundation	3,000	-	(1,000)	-	2,000
The Hugh Fraser Foundation	5,000	-	(2,432)	-	2,568
National Lottery Awards for All Scotland	14,255	-	(9,721)	-	4,534
The Robertson Trust	2,000	11,000	(13,000)	-	-
	35,384	27,570	(44,786)	-	18,168

Year ended 31 December 2024

The Ashworth Charitable Trust	-	5,000	-	-	5,000
City Bridge Trust	2,642	12,687	(9,200)	-	6,129
The Foyle Foundation	-	5,000	(2,000)	-	3,000
The Hugh Fraser Foundation	-	5,000	-	-	5,000
National Lottery Awards for All England	4,979	-	(4,932)	(47)	-
National Lottery Awards for All Scotland	-	20,000	(5,745)	-	14,255
The Robertson Trust	5,697	11,000	(14,650)	(47)	2,000
	13,318	58,687	(36,527)	(94)	35,384

The Ashworth Charitable Trust

Educational Work

The Robertson Trust

Core funding for our work in Scotland

City Bridge Trust

For service provision in London

The Foyle Foundation

For service provision in London

The Hugh Fraser Foundation

For service provision in Scotland

National Lottery Awards for All England

To contribute to core costs

National Lottery Awards for All Scotland

For service provision in Scotland

2 Transactions with related parties

During the year, the charity made payments to the Director on a freelance basis of £27,000 (2024: £26,000).