

Friday Friends

**C/O 50 Hope Park Crescent
Haddington, EH41 3AN**

**Charity Registration Number
SC041325**

ANNUAL GENERAL MEETING

For the year ended 31st December 2025

**Held at
The Nungate and Haddington CC
Kirk View**

Saturday 16th May 2026



Reaching out to a hurting community

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AGENDA

For

Annual General Meeting

16th May, 2026

1. Welcome and Opening Prayer
2. Apologies
3. Minutes of previous AGM
4. Adoption of the Minutes
5. Chair's Report
6. Project Leader's Report
7. Adoption of Annual Report
8. Presentation of Accounts
9. Trustees – Election
10. Any other business
11. Closing remarks and Prayer

Trustees' Report for year ending 31 December 2025

The report and accounts for Friday Friends are here presented by the Trustees. Friday Friends is a charity registered with the Office of the Scottish Charity Regulator (OSCR), and our report and accounts have been prepared in accordance with their requirements.

Charity Trustees

Linda Fisk (Trustee)	Rosina Sansom (Trustee)
Barry Morrison (Trustee)	Eileen Gibson (Secretary)
Stewart Gibson (Chair)	Gavin Lawson (Treasurer)

Structure, Governance and Management

Friday Friends is an unincorporated association, governed by a Constitution dated 8th March 2010. Each Trustee holds office for three years, and thereafter may stand for re-election at an Annual General Meeting in accordance with the Constitution. Additional Trustees may be nominated and elected at any Annual General Meeting.

CHAIR'S REPORT

The task of Chair of Trustees is to give a brief overview of the past year. Three regular Trustees' Meetings were held, in February, June and October. There were also extraordinary meetings and some business conducted by email.

Trustees and volunteers need to be registered with Disclosure Scotland every 5 years. Trustees Barry and Gavin, and volunteers Lisa, Liz and Audrey were registered during 2025.

In autumn, East Lothian Council announced the upgrade of the Centre, which will involve moving to another location in Haddington while the work is done. Originally scheduled for January 2026, the move has been postponed more than once, and we await developments.

There is ongoing concern over Linda and Rosina's workload. They staff the Tuesday lunches, along with Lisa and Audrey, assisted on regular occasions by Fiona Scott, Steph McDowall and Ali Sewell. In addition, Linda and Rosina lead the Friday Wellness session each week, and they are always present at F4 on Sunday afternoons, sometimes leading and speaking.

A special mention needs to be made of the valuable contribution made by John Houston as a helper at Tuesday lunches and speaker at F4. John stepped down from this role in December. We are very grateful for all he has done for Friday Friends, and for his continuing support.

Gavin, our Treasurer, has found locating sources of funding increasingly difficult; however, his efforts have been rewarded and we are still able to meet all our financial commitments. Our God continues to provide enough money to cover rising food bills, and he is bringing more service users to the Tuesday lunches. But above all, we need more volunteers to staff the various activities.

PROJECT LEADER'S REPORT

This annual report will include the charitable purposes, the objectives and activities of the charity and a summary of the charity's achievements and performance for the year 2025. As a charity, recognised by OSCR, we operate under the guidelines of our Constitution and adhere to the purposes and objectives defined therein.

The purposes of Friday Friends are to offer the unconditional love and friendship of God and his people to those experiencing issues of drug and/or alcohol misuse and/or related mental health issues (and their families); enable people with drug and/or alcohol misuse issues to overcome them and live healthy and crime free lives; and help individuals resist drug and alcohol misuse in order to achieve their full potential in society. In furtherance of these purposes and objectives, the charity strives to offer service users of the group a sense of social acceptance, ownership, purpose and accountability; offer service users access to services; offer assistance with confidence, self-esteem and communication/social skills; and offer assistance to improve service users' physical, mental and spiritual well-being.

In conjunction with the above purposes, the Friday Friends outreach is comprised of the following: bi-weekly sessions (Tuesdays – Recovery Café Lunch) and (Fridays – Well-being focus and activities) all held in the Nungate & Haddington Community Centre, Haddington, where it provides support, friendship, counselling (when requested), and access to other network agencies to those who experience some degree of exclusion, usually from drug and/or alcohol abuse and/or the related mental health issues associated with such misuse; a Saturday evening outreach known as The Jericho Café, as a prevention project targeted at reaching young people aged 12-16 (currently meeting once a month). In addition, a Sunday afternoon gathering and encouragement opportunity known as F4 (Friday Friends Faith Focus) is held and includes music, prayer, short devotionals and a time of teas/coffees and socialising following.

Monies received over the past year have enabled the project to continue to provide services and engage in the outcomes and targets projected for 2025-2026. We have once again been recipients of monies from One Council Partnership Funding, H&LAP (Haddington & Lammermuir Area Partnership), DAAT, Benefact Trust, Micah Fund, Rotary, Vardy Fund, The Jerusalem Trust, The Paristaman Charity and donations from individuals and service users' contributions made from time to time or on a monthly basis. Also included in what FF receives over and above grants, is the encouragement and support from many of the businesses in Haddington who acknowledge the importance of the work of Friday Friends and contribute generously at Christmas with items for gifts.

March 2025 represents 23 years of outreach to the local community, and 15 years of having the Nungate & Haddington Community Centre as the venue for all our sessions. We want to acknowledge with thanks the hard work and commitment of all those who have helped FF over the last year. It is a challenge, at times, to work with those coming with drug/alcohol/related mental health scenarios, who when they do come, bring their 'stuff, attitudes and behaviours' with them. Still, they come! And in their coming, they know that they are accepted, valued, loved and supported. The core manifesto of our charity is to offer the unconditional love and friendship of God to those who come through the doors, while at the same time enforcing the rules and guidelines for acceptable conduct and behaviour.

Certain required conditions for the charity took place during the year: 1) VCEL Trustee training for all FF trustees in September. The purpose of the training was to review and update all duties and responsibilities of charity trustees. All received certificates of completion. 2. VCEL Governance Health Check – this was a very involved and in-depth review of all charity documents, policies and procedures, We were very pleased (and relieved!) to receive an excellent rating upon completion of the health check.

TUESDAY RECOVERY CAFÉ SESSIONS

The first session back in 2025, included distributing chocolates (given to FF by the daughter of David Greg in memory of her dad) to all present. She was very generous and wanted to express thanks to Friday Friends for the assistance they had given to her father.

This year is one that has not been without its challenges, in terms of both service providers and service users! Numbers for the year have continued to grow, with several new faces appearing as a result of the contact that the MELD support workers have and encouraging those contacts to come along. Café sessions average 15-20 on a weekly basis, with some weeks having more and some weeks less. Attendance usually is dependent on the places in which service users find themselves.

During the course of the year, there were some sessions where certain service users were totally disrespectful, verbally abusive, and aggressive. A significant breach of rules took place in the Autumn, and an official letter was sent to the individual involved stating they were banned from attending any and all sessions. Incidents such as occurred were disruptive and distressing to both volunteers and service users.

The craft sessions on Tuesdays continued to prove very successful and productive. Crafts provided opportunities for folks to be creative and build self-confidence as well as being able to talk about 'stuff' in a non-threatening environment. Conversations around the craft table are entirely different to those around the table when eating.

Varying measures of support (both during sessions and outside of sessions) for some of our 'friends' as follows:

- ✓ Counselling when requested
- ✓ Social work and housing re 'friends' issues
- ✓ On-going involvement with practical issues
- ✓ Access to food/groceries sources
- ✓ Referrals to agencies offering access to food/groceries sources
- ✓ Referrals to community advisor assisting benefit issues
- ✓ Intervening in crisis situations
- ✓ Texts, coffees, meet up with 'friends' who have had difficult issues
- ✓ Follow-up and follow-through contact to locate 'friends' who don't appear for a few sessions to ensure where they are and how they are doing

In June, a team from Ohio USA came to volunteer time and talent to FF. They were well received and they provided and prepared the closing session B-B-Q as well as an afternoon tea. They spoke at F4 and they had some good conversations with many of the service users. They also worked extensively on tidying up the garden area outside and painting and patching on the inside and installing additional boarding around the pool table area.

There was a good turn out for the mid-July 'work day' clean up. These included Audrey, Lisa, Eileen, Jen, Ron, Rachel, Esther, Jasmine, Rosina, Linda, and Alex. The 'work day' provides an opportunity for service users to take a bit of ownership in the venue that is used for FF sessions to make it neat, clean and presentable as possible.

We were once again able to have an in-house Christmas meal and party thanks to generosity and time given by Louise Begbie and Fran Wright, together with Liz from Blooming Haddington and Stuart Baxter from ELC.

WELL-BEING SESSIONS

The numbers attending Friday sessions fluctuate from week to week. This pretty much depends on what is going on in the lives of service users when a Friday rolls around! Numbers vary from 4-5 to 11-12. What has been observed over the year is that those attending are learning how to be a bit more supportive as well as trying to briefly consider and discuss specific topics aimed at improving and supporting mental health.

Topics and tasks over the year have included: soup making, cooking demos for simple meals, planting raised beds, finding purpose, improving low mood, setting boundaries, picnic in St Mary's Pleasance Garden, making choices, the importance of good sleep and some quizzes.

F4 GATHERING ON SUNDAYS

While F4 is a completely different format than Tuesdays or Fridays, it has an element of significant importance, i.e. providing an opportunity for those who choose to come, to hear and learn about where and in whom true hope is found.

We are very grateful for all those who have given of their time to prepare and present messages on Sundays. Those who have helped over the past year are Barry Morrison, Stewart Gibson, Mike & Sheri Johngrass, Bob Bell, Colin & Audrey Cameron, John Houston, Gavin Lawson, Rosina Sansom, Bob Hogg, Team from Ohio, Alex Hart, and Linda Fisk.

MANAGEMENT OF THE N&HCC

2025 marked the 8th year of Friday Friends having management of the N&HCC. To date, this has proved to be a favourable working arrangement with the Council. It provides the Council with monies they would otherwise not receive were it not for the increased hire and use of the Centre.

The duties of the manager of the Centre are numerous and are pretty much a 24/7 commitment. These include liaising with Facilities Management regarding weekly cleaning and supplies, maintaining weekly diaries for noticeboard and keeping noticeboard tidy and up to date, keeping files updated for bookings, invoices, etc., liaising with Security every week regarding alarm times and advising of any changes, opening and closing the centre for all lets 7 days per week, preparing all booking forms for completion and subsequent invoicing for bookings, showing Centre to perspective interested parties, and dealing with payments for bookings and paying into ELC. Along with these duties are the preparation and submission of statistics which the Council has additionally requested.

Following on from an October meeting with ELC where we were advised that the Centre would be closing for refurbishment and a decant of all services to other venues would be necessary, additional correspondence and meetings have had to be added to the list of duties.

FUNDING

As previously shown in this report, we were recipients of grants from four different organisations/foundations/trusts in 2025. These funds have gone towards the continued work of New Hope Counselling and to cover the short-fall of funding from ELC for the Project Administrator's remuneration. We continue to be encouraged and supported by the Haddington & Lammermuir Area Partnership.

While we continue to be very grateful for the monies received from One Council Partnership Funding and Haddington & Lammermuir Area Partnership, individual

donations and standing orders are an important factor towards Friday Friends' financial status.

Funding applications are not an easy task. The application process can be long and tedious, with a small percentage of success. We are exceedingly indebted to Gavin Lawson for being our Volunteer Fundraiser. He has spent innumerable hours researching possible funding sources and then completing the (sometimes lengthy) application process. His expertise and ability to 'put words together' to clearly outline the work and mission of Friday Friends is invaluable and has resulted in positive results.

He also has produced and distributed the Friday Friends quarterly newsletter which informs recipients of the prayer items for both service users and the charity itself.

JERICO CAFÉ

Currently, the Jericho Café is 'on hold.' Elim Church took on the running of The Jericho for two years. Numbers attending fell to single digits. This appears to be the trend in several of the youth outreaches in Haddington.

NEW HOPE COUNSELLING

NHC is under the umbrella of Friday Friends but offers counselling to those in the community of Haddington, or indeed East Lothian. The service continued to offer Monday sessions throughout 2025. The distribution of leaflets outlining the counselling service has resulted in several contacting us. There is currently a moderate waiting list.

THE VOLUNTEER SITUATION

It is a known fact that charities and organizations are finding it increasingly difficult to find volunteers. We remain very thankful for the volunteers we have and for the time and effort they are able to give.

As was mentioned in the Chair's Report, John Houston stepped down as a helper at the close of 2025. Stewart and Eileen stepped down from team leads in the Autumn but continue to do the shopping and set up for two sessions per month. Liz Gibson had to step down as well because of personal and work commitments. Doreen also finished as a volunteer due to health concerns, but is hopeful that she may be able to return at some point.

Archie, the volunteer sent to us via MELD, has continued his commitment to helping with the weekly kitchen wash-up duties. He is very appreciative and thankful for our support; and we are very grateful for him. Lisa came onboard to help FF in February and has been a much appreciated member of the team. We are also very thankful for the help of Fiona, Ali, Audrey and Steph.

Fran Wright offered in September to come and cook a healthy, nutritious meal for one Recovery Café session a month during the winter months. She donates all the ingredients and her time.

COMMENTS OF SERVICE USERS:

- Coming on Tuesdays and Fridays helps me mentally it makes me cheerier and gives me a sense of family. It gets me out of the house and being isolated and I really enjoy coming along.
- I have spent too much time alone and coming helps me learn to have chats with other people that are here.
- T & FF have carried me through so many things. Sometimes I am so anxious to come in, but I make myself on Tuesday, Fridays and Sundays because I need the connection. I would be totally lost with Friday Friends.
- It always helps me on the nights before the groups when alone, to remember that the next day T F and S I have somewhere to go and that cheers me up.
- Finding FF enables me to get out of the house and have somewhere to go. I get so anxious sometimes and it frustrates me and my mental health goes down. I so want to do things myself, but when I do I sometimes suffer. It helps coming and talking and sharing issues with people who understand and I don't then feel so alone.

AN UNEXPECTED EVENT

In July, Linda and Rosina attended the Royal Garden Party at Holyrood Palace. A notice of invitation arrived in February inviting us to attend, and this was a gesture of recognition of the work of Friday Friends in the community.

IN CLOSING

This report could not be concluded without again expressing appreciation and gratitude for the continued commitment and timeless efforts of the volunteers, Trustees and the Project Administrator. Friday Friends has sustained its 23 year outreach to the community by the valuable contribution of the 'FF Team.'

God has been faithful to provide and undergird FF for these many years. We praise and thank Him for His past provision, His present provision and we look to Him for the future—knowing that He is faithful, and that He is our source. In a time and season where it seems people are almost apologetic for a Christian stance, Friday Friends is committed to its Christian ethos and it will continue to undergird all that we do.

FRIDAY FRIENDS 2025



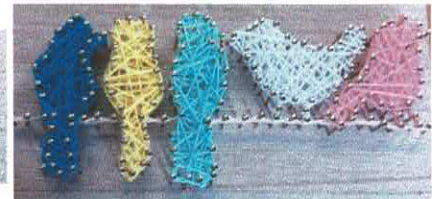
**Tuesday
Recovery Café
Lunch, X-box
& pool**



**Linda and Rosina dressed
for the Kings Garden Party
Such an honour to
represent Friday Friends**



**Crafts
2025**



Christmas 2025



**GARDENING
2025**



Presentation of Accounts

The Treasurer's report for Friday Friends

The report is for the financial period 1st January 2025 to 31st December 2025

The opening bank balance at the beginning of the year amounted to £36,262.

Grants received for the year totalled £30,009. Donations received from Individuals and Service users totalled £2,325.

Total income to Friday Friends of £32,334 for the year.

Total expenses for the year amounted to £31,379 giving a surplus of £955.

See Statement of Financial Activities for more detailed figures

The closing bank balance on 31st December ~~2024~~ ²⁰²⁵ amounted to £37,217.

Made up in the funds as follows.

E L DAAT Grant	£4,288
Jericho Cafe	£3,143
Nehemiah Project	£10,908
New Hope Counselling + Benefact Funding	£3,379
Admin Remuneration Funding	£3,728
Area Partnership Funding	£3,957
General - Unrestricted	£7,814

All financial documentation has been independently reviewed and approved by Simon Cunningham.

Reserves Policy

The charity's Reserves Policy is to maintain reserves so that cash and investment income is sufficient to meet at least two months' normal operating costs and any other committed expenditure. The unrestricted bank and cash balances held at 31 December 2025 were £7814. The charity is satisfied that the reserves are sufficient to meet at least two months' operating costs (approximately £4,000).

Signed..... *B.J. Morrison* 16th May 2026

Signed..... *Stewart Gibson* 16th May 2026

Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	January	2025		31	December	2025

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	2,325				2,325	1,810
Legacies					-	
Grants		30,009			30,009	28,782
Receipts from fundraising activities					-	-
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
A1 Sub total	2,325	30,009	-	-	32,334	30,592
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	2,325	30,009	-	-	32,334	30,592
A3 Payments						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	685	30,694			31,379	34,327
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
A3 Sub total	685	30,694	-	-	31,379	34,327
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	685	30,694	-	-	31,379	34,327
Net receipts / (payments)	1,640	(685)	-	-	955	(3,735)
A5 Transfers to / (from) funds						
Surplus / (deficit) for year	1,640	(685)	-	-	955	(3,735)

Section B Statement

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	24,574	11,688			36,262	39,997
	Surplus / (deficit) shown on receipts and payments account	1,640	(685)			955	(3,735)
						-	
						-	
	Cash and bank balances at end of year	26,214	11,003	-	-	37,217	36,262
	(Agree balances with receipts and payments account(s))						

Categories	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	-

Categories	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	-

Categories	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	-

Categories	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	-

Signed by one or two trustees
on behalf of all the trustees

Signature

Print Name

Date of
approval

B.J. Morrison
Stewart Gibson

B.J. MORRISON
STEWART GIBSON

23/4/20
23/4/20

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

DAAT funding used only for the running of the Tuesday club and the Sunday F4 group. One Council funding is used only for the Project Administrator's remuneration. East Lothian Area Partnership Funding is used for Friday wellbeing group, crafts, internet, new furniture, recycle items and printing costs. Michah funding is used only for New Hope Counselling Service. East Lothian Council – Nehemiah Project from the Common Good Fund East Lothian Council used towards the electrics needed to install new kitchen facilities at the Nungate & Haddington Community Centre. Various other cash donations are used for New Hope Counselling and for all Friday Friends related groups.

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
East Lothian Council - DAAT		4	11,484
East Lothian Council - Nehemiah Project		1	800
East Lothian Council - Administration Funding		3	10,625
East Lothian Council - Area Partnership		1	3,600
Benefact Trust/Vardy Trust		2	3,500
		Total	30,009

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

Authority under which paid

C3b Trustee remuneration - details

AS per C1	21,898

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)

C4b Trustee expenses - details

	Number of trustees	£
As per C6	4	783

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

Monthly shopping is acquired in the running of the organisation. Trustees purchase the shopping from their own funds and the charity reimburses them based on receipts from the Trustees as proof they have purchased necessary items for the running of the Charity.

SC041325

1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006, 2007, 2008, 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023, 2024, 2025, 2026, 2027, 2028, 2029, 2030, 2031, 2032, 2033, 2034, 2035, 2036, 2037, 2038, 2039, 2040, 2041, 2042, 2043, 2044, 2045, 2046, 2047, 2048, 2049, 2050, 2051, 2052, 2053, 2054, 2055, 2056, 2057, 2058, 2059, 2060, 2061, 2062, 2063, 2064, 2065, 2066, 2067, 2068, 2069, 2070, 2071, 2072, 2073, 2074, 2075, 2076, 2077, 2078, 2079, 2080, 2081, 2082, 2083, 2084, 2085, 2086, 2087, 2088, 2089, 2090, 2091, 2092, 2093, 2094, 2095, 2096, 2097, 2098, 2099, 2100, 2101, 2102, 2103, 2104, 2105, 2106, 2107, 2108, 2109, 2110, 2111, 2112, 2113, 2114, 2115, 2116, 2117, 2118, 2119, 2120, 2121, 2122, 2123, 2124, 2125, 2126, 2127, 2128, 2129, 2130, 2131, 2132, 2133, 2134, 2135, 2136, 2137, 2138, 2139, 2140, 2141, 2142, 2143, 2144, 2145, 2146, 2147, 2148, 2149, 2150, 2151, 2152, 2153, 2154, 2155, 2156, 2157, 2158, 2159, 2160, 2161, 2162, 2163, 2164, 2165, 2166, 2167, 2168, 2169, 2170, 2171, 2172, 2173, 2174, 2175, 2176, 2177, 2178, 2179, 2180, 2181, 2182, 2183, 2184, 2185, 2186, 2187, 2188, 2189, 2190, 2191, 2192, 2193, 2194, 2195, 2196, 2197, 2198, 2199, 2200, 2201, 2202, 2203, 2204, 2205, 2206, 2207, 2208, 2209, 2210, 2211, 2212, 2213, 2214, 2215, 2216, 2217, 2218, 2219, 2220, 2221, 2222, 2223, 2224, 2225, 2226, 2227, 2228, 2229, 2230, 2231, 2232, 2233, 2234, 2235, 2236, 2237, 2238, 2239, 2240, 2241, 2242, 2243, 2244, 2245, 2246, 2247, 2248, 2249, 2250, 2251, 2252, 2253, 2254, 2255, 2256, 2257, 2258, 2259, 2260, 2261, 2262, 2263, 2264, 2265, 2266, 2267, 2268, 2269, 2270, 2271, 2272, 2273, 2274, 2275, 2276, 2277, 2278, 2279, 2280, 2281, 2282, 2283, 2284, 2285, 2286, 2287, 2288, 2289, 2290, 2291, 2292, 2293, 2294, 2295, 2296, 2297, 2298, 2299, 2300, 2301, 2302, 2303, 2304, 2305, 2306, 2307, 2308, 2309, 2310, 2311, 2312, 2313, 2314, 2315, 2316, 2317, 2318, 2319, 2320, 2321, 2322, 2323, 2324, 2325, 2326, 2327, 2328, 2329, 2330, 2331, 2332, 2333, 2334, 2335, 2336, 2337, 2338, 2339, 2340, 2341, 2342, 2343, 2344, 2345, 2346, 2347, 2348, 2349, 2350, 2351, 2352, 2353, 2354, 2355, 2356, 2357, 2358, 2359, 2360, 2361, 2362, 2363, 2364, 2365, 2366, 2367, 2368, 2369, 2370, 2371, 2372, 2373, 2374, 2375, 2376, 2377, 2378, 2379, 2380, 2381, 2382, 2383, 2384, 2385, 2386, 2387, 2388, 2389, 2390, 2391, 2392, 2393, 2394, 2395, 2396, 2397, 2398, 2399, 2400, 2401, 2402, 2403, 2404, 2405, 2406, 2407, 2408, 2409, 2410, 2411, 2412, 2413, 2414, 2415, 2416, 2417, 2418, 2419, 2420, 2421, 2422, 2423, 2424, 2425, 2426, 2427, 2428, 2429, 2430, 2431, 2432, 2433, 2434, 2435, 2436, 2437, 2438, 2439, 2440, 2441, 2442, 2443, 2444, 2445, 2446, 2447, 2448, 2449, 2450, 2451, 2452, 2453, 2454, 2455, 2456, 2457, 2458, 2459, 2460, 2461, 2462, 2463, 2464, 2465, 2466, 2467, 2468, 2469, 2470, 2471, 2472, 2473, 2474, 2475, 2476, 2477, 2478, 2479, 2480, 2481, 2482, 2483, 2484, 2485, 2486, 2487, 2488, 2489, 2490, 2491, 2492, 2493, 2494, 2495, 2496, 2497, 2498, 2499, 2500, 2501, 2502, 2503, 2504, 2505, 2506, 2507, 2508, 2509, 2510, 2511, 2512, 2513, 2514, 2515, 2516, 2517, 2518, 2519, 2520, 2521, 2522, 2523, 2524, 2525, 2526, 2527, 2528, 2529, 2530, 2531, 2532, 2533, 2534, 2535, 2536, 2537, 2538, 2539, 2540, 2541, 2542, 2543, 2544, 2545, 2546, 2547, 2548, 2549, 2550, 2551, 2552, 2553, 2554, 2555, 2556, 2557, 2558, 2559, 2560, 2561, 2562, 2563, 2564, 2565, 2566, 2567, 2568, 2569, 2570, 2571, 2572, 2573, 2574, 2575, 2576, 2577, 2578, 2579, 2580, 2581, 2582, 2583, 2584, 2585, 2586, 2587, 2588, 2589, 2590, 2591, 2592, 2593, 2594, 2595, 2596, 2597, 2598, 2599, 2600, 2601, 2602, 2603, 2604, 2605, 2606, 2607, 2608, 2609, 2610, 2611, 2612, 2613, 2614, 2615, 2616, 2617, 2618, 2619, 2620, 2621, 2622, 2623, 2624, 2625, 2626, 2627, 2628, 2629, 2630, 2631, 2632, 2633, 2634, 2635, 2636, 2637, 2638, 2639, 2640, 2641, 2642, 2643, 2644, 2645, 2646, 2647, 2648, 2649, 2650, 2651, 2652, 2653, 2654, 2655, 2656, 2657, 2658, 2659, 2660, 2661, 2662, 2663, 2664, 2665, 2666, 2667, 2668, 2669, 2670, 2671, 2672, 2673, 26

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receipts from other charitable activities

01.04 2000 04.04 07.04 10.04 13.04 16.04 19.04 22.04 25.04 28.04 01.05 04.05 07.05 10.05 13.05 16.05 19.05 22.05 25.05 28.05 31.05 03.06 06.06 09.06 12.06 15.06 18.06 21.06 24.06 27.06 30.06 03.07 06.07 09.07 12.07 15.07 18.07 21.07 24.07 27.07 30.07 02.08 05.08 08.08 11.08 14.08 17.08 20.08 23.08 26.08 29.08 31.08 03.09 06.09 09.09 12.09 15.09 18.09 21.09 24.09 27.09 30.09 03.10 06.10 09.10 12.10 15.10 18.10 21.10 24.10 27.10 30.10 02.11 05.11 08.11 11.11 14.11 17.11 20.11 23.11 26.11 29.11 30.11 03.12 06.12 09.12 12.12 15.12 18.12 21.12 24.12 27.12 30.12 31.12

Expenditures relating directly to charitable activities

1. (a) $\frac{1}{2}$ (b) $\frac{1}{2}$ (c) $\frac{1}{2}$ (d) $\frac{1}{2}$ (e) $\frac{1}{2}$ (f) $\frac{1}{2}$ (g) $\frac{1}{2}$ (h) $\frac{1}{2}$ (i) $\frac{1}{2}$ (j) $\frac{1}{2}$ (k) $\frac{1}{2}$ (l) $\frac{1}{2}$ (m) $\frac{1}{2}$ (n) $\frac{1}{2}$ (o) $\frac{1}{2}$ (p) $\frac{1}{2}$ (q) $\frac{1}{2}$ (r) $\frac{1}{2}$ (s) $\frac{1}{2}$ (t) $\frac{1}{2}$ (u) $\frac{1}{2}$ (v) $\frac{1}{2}$ (w) $\frac{1}{2}$ (x) $\frac{1}{2}$ (y) $\frac{1}{2}$ (z) $\frac{1}{2}$

2025

2025 Friday Friends

SC041325

Additional analysis (2)

5 Breakdown of unrestricted funds

	Various - cash Donations				Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	2,325				2,325	1,810
Legacies					-	-
Grants					-	-
Receipts from fundraising activities					-	-
Gross trading receipts					-	-
buildings					-	-
Rents from land & buildings					-	-
Gross receipts from other charitable activities					-	-
Sub total	2,325	-	-	-	2,325	1,810
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	-
Proceeds from sale of investments					-	-
Sub total	-	-	-	-	-	-
Total receipts	2,325	-	-	-	2,325	1,810
Payments						
Expenses for fundraising activities					-	-
Gross trading payments					-	-
Investment management costs					-	-
Payments relating directly to charitable activities	685				685	-
Grants and donations					-	-
Governance costs:					-	-
Audit / independent examination					-	-
Preparation of annual accounts					-	-
Legal costs					-	-
Sub total	685	-	-	-	685	-
Payments relating to asset and investment movements						
Purchases of fixed assets					-	-
Purchase of investments					-	-
Sub total	-	-	-	-	-	-
Total payments	685	-	-	-	685	-
Net receipts / (payments)	1,640	-	-	-	1,640	1,810
Transfers to / (from) funds					-	-
Surplus / (deficit) for year	1,640	-	-	-	1,640	1,810

Nature and purpose of funds

Cash donations received various sources to help with the running of the charity

FRIDAY FRIENDS

SC041325

Additional analysis (3)

6 Breakdown of restricted funds

	East Lothian Council - DAAT	East Lothian Council - Nehemiah Project	East Lothian Council - Administration Fundline	East Lothian Council - Arms Partnership	Benefact Trust/Vardy Trust	Community Counselling/Micah Fund	Total restricted funds	Total restricted funds last period
Receipts								
Donations							-	
Legacies							-	
Grants	11,484	800	10,625	3,600	3,500		30,009	28,782
Receipts from fundraising activities							-	
Gross trading receipts							-	
Income from investments other than land and buildings							-	
Rents from land & buildings							-	
Gross receipts from other charitable activities							-	
Sub total	11,484	800	10,625	3,600	3,500	-	30,009	28,782
Receipts from asset & investment sales								
Proceeds from sale of fixed assets							-	
Proceeds from sale of investments							-	
Sub total	-	-	-	-	-	-	-	-
Total receipts	11,484	800	10,625	3,600	3,500	-	30,009	28,782
Payments								
Expenses for fundraising activities							-	
Gross trading payments							-	
Investment management costs							-	
Payments relating directly to charitable activities	11,864	919	10,368	3,283	121	4,139	30,694	34,327
Grants and donations							-	
Governance costs:							-	
Audit / independent examination							-	
Preparation of annual accounts							-	
Legal costs							-	
Sub total	11,864	919	10,368	3,283	121	4,139	30,694	34,327
Payments relating to asset and investment movements								
Purchases of fixed assets							-	
Purchase of investments							-	
Sub total	-	-	-	-	-	-	-	-
Total payments	11,864	919	10,368	3,283	121	4,139	30,694	34,327
Net receipts / (payments)	(380)	(119)	257	317	3,379	(4,139)	(685)	(5,545)
Transfers to / (from) funds								
Surplus / (deficit) for year	(380)	(119)	257	317	3,379	(4,139)	(685)	(5,545)
Nature and purpose of funds								
See C6 notes of Accounts								

APPENDIX 3



Independent examiner's report on the accounts

v2

Report to the trustees/members of

Charity name

Friday Friends

Registered charity number

SC041325

On the accounts of the charity for the period

Period start date

Day

Month

Year

01

January

2025

to

Day

Month

Year

31

December

2025

Set out on pages

(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006. The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the Charities Accounts (Scotland) Regulations 2006. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
 - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Name:

SIMON CUNNINGHAM

Date:

16TH April 2026

Relevant professional qualification(s) or body (if any):

Chartered Accountant
ICAS (Institute of Chartered Accountants of Scotland)

Address:

14 VINEFIELDS
PENCIATLAND
TRANENT
EH34 5HD

THE VARDY FOUNDATION



East Lothian
Council

Haddington & Lammermuir
Area Partnership



The Jerusalem Trust

The Paristamen Charity

Standing beside charities with small grants to make a big difference