

APPENDIX 1

OSCR

Scottish Charity Regulator

Office of the Scottish **Charity Regulator**

Trustees' Annual Report for the period							
	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
From	01	04	2025	To	31	03	2026

Reference and administration details

Charity name

Other names charity is known by

Registered charity number

Charity's principal address

Lyme Resource Centre
SC049151
97 Pettycur Road
Kinghorn
Fife
Postcode KY3 9RP

Names of the charity trustees on date of approval of Trustees' Annual Report

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Prof John S. Lambert	Chair		
2	Mrs. Arlene Brailey			
3	Prof. Norman A. Lannigan OBE			
4	Elizabeth Murray			
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20				

APPENDIX 1

Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year

Structure, governance and management

Type of governing document	Constitution
Trustee recruitment and appointment	Trustees have been chosen to provide a broad range of skills: • Dr John S. Lambert as international medical expert. • Arlene Brailey as senior pharmacist and carer representative. • Prof. Norman A. Lannigan OBE as retired NHS leader and pharmacist • Elizabeth Murray as healthcare professional (retired), patient representative and business consultant

Objectives and activities

Charitable purposes	• The advancement of education • The advancement of health
Summary of the main activities in relation to these objects	• Educate the public on prevention of tick-bites through awareness raising activities including outdoor signage, leaflets, posters and social media campaigns • Educate healthcare professionals on management of tick-borne diseases through educational webinars, web-based educational resources and continued development of online research database • Inform government policy through regular meetings with Scottish Government Chief Medical Officer's representatives • Raise funds to support other activities

Achievements and performance

Summary of the main achievements of the charity during the financial period

Public Awareness and Prevention

The Lyme Resource Centre Public Awareness and Prevention effort aims to minimise the risk of Lyme disease and tick-borne infections while encouraging the safe enjoyment of the outdoors.

This objective is delivered through;

- Educating the public on tick bite avoidance, early symptom recognition, and proper tick removal techniques through provision of literature in the form of leaflets and posters.
- Via the outdoor signage project which enables the installation of signs designed to provide information to assist the public to enjoy the outdoors whilst remaining safe from the threat from ticks and Lyme disease.
- Through face-to-face meetings with the public via the “Tick Talk” initiative. The Tick Talk initiative is a partnership between the LRC and STEM Ambassadors Scotland

Social media

- The LRC makes use of social media in particular Facebook, Instagram, Tik Talk and LinkedIn and regularly posts useful awareness and prevention information. During the May awareness month, a different post is made each day giving information on tick bite prevention, safe tick removal, recognising early signs of Lyme disease and other useful bite size pieces of information. The LRC has 4011 followers on social media platforms.

Provision of Educational Materials

- Leaflets and posters containing important information to assist the public were refreshed and updated and added to the website or printed as hard copy for the public to take away. During the year 2000 printed copies of leaflets and posters were distributed to individual members of the public or representatives of organisations which promote enjoyment of the outdoors such as the Duke of Edinburgh Awards Scheme. We also commissioned a branded tick remover device designed to be convenient to carry in a wallet or purse. We were able to distribute 1000 of these free of charge to individuals and group leaders at face-to-face events and conferences.

Continued...

Achievements and performance (Continued)

Summary of the main achievements of the charity during the financial period

Signage

- Signs are now installed in areas enjoyed by the public for outdoor activities such as walking or cycling. This year we have initiated a marketing campaign offering the signs, free of charge, to landowners who allow access to their land by the public. In an arrangement with the Conservation Volunteers Trust, (TCV) we can arrange installation on behalf of landowners who are unable to find resources to enable installation. The signs include QR codes which enable the public to access further information and to report tick sitings to the UK Health Security Agency (UKHSA) Tick surveillance Scheme. Signs are now installed in a number of locations in the UK or Republic of Ireland and during 2025-2026 we supplied 100 signs to different locations in the UK and 250 signs for Republic of Ireland where many county councils supported the initiative.

“Tick Talk” meeting the public

- “Tick Talk” is an innovative partnership with STEM Ambassadors Scotland who have provided 25 volunteers to assist with attending events manning the LRC stall and talking to the public about ticks, tick bite prevention, safe removal of ticks and how to spot the early signs of Lyme disease. STEM Ambassadors are volunteers who represent their disciplines of Science, Technology, Engineering and Mathematics mainly by visiting schools and supporting students to take up the STEM disciplines as a possible career. STEM Ambassadors are trained in communication and have appropriate clearance for working with young and vulnerable people. STEM Ambassador ‘Tick Talk’ volunteers, many of whom either suffer from Lyme disease or have family or friends who are sufferers, have been trained by LRC to understand the key messages of tick bite prevention, safe removal and the early signs of Lyme Disease. In the first year of “Tick Talk” seven STEM Ambassadors supported LRC volunteers at seven events delivering 29 hours of volunteer time and reaching around 350 people. STEM Ambassadors broadened out the type of event to include workplace lunchtime events and a session at the “Pint of Science” event in Glasgow.

Continued...

Achievements and performance (Continued)

Summary of the main achievements of the charity during the financial period

Constructively worked with policy makers to improve awareness of ticks and Lyme disease by:

Holding a successful Lyme Disease Awareness Event at the Scottish Parliament, Holyrood in February 2026 for Ministers, MSPs and invited guests. Influenced Scottish Government (SG) policy through contributing resources and ideas through the two SG subgroups on Outdoor Awareness & Health Professional Education and a workstream on long term conditions.

Provided education for healthcare professionals on tick-borne disease to promote earlier recognition, diagnosis and appropriate treatment for Lyme disease:

- Supported ongoing open access to the RCGP Toolkit for Lyme disease - providing easily accessible, credible info for health professionals and public
- Delivered education sessions, hosted information stands at UK health professional conferences, including RCGP Conference, British Paediatric Neurological Association, RCEM Scotland, Scottish Annual Pharmacy Conference, ILADS European Scientific Conference.
- Co-created a CPPE e-learning module on Lyme disease for all pharmacists and technicians in England

Continuing development of LRC website including addition of new resources for schools, outdoor organisations and professionals.

Continued evolution of charity structure and process reflecting its growth.

Established, maintained partnerships with a number of key organisations

- Established, maintained partnerships with a number of key organisations to increase awareness of ticks and tick-borne illness. Formal partnerships with the following organisations were initiated or developed:
- STEM Scotland
- The Conservation Volunteers Trust (TCV) Scotland
- European Scientific Counsel Companion Animal Parasites (ESCAAP)
- Community Woodlands Association Scotland
- The Duke of Edinburgh' Award -Scotland

Raised funds of £73,414 through individual donations grants, trading and other charitable activities.

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Financial review

Brief statement of the charity's policy on reserves

The charity aims to build a reserve of funds to use in accordance with its charitable purposes.

The charity currently has £93,541 of reserves, of which £20,083 is for specific purposes.

Details of any deficit

N/A

Donated facilities and services (if any)

N/A

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Other optional information

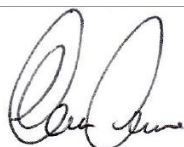
Trustees would like to acknowledge and thank a number of people for fundraising, donations and collaborative resources which have enabled the charity to continue to evolve and raise its profile this year. In particular, LRC wishes to acknowledge and thank:

- Our own volunteer team for giving up their time and contributing so enthusiastically. Without them the LRC would not be able to fulfil its objectives.
- Those organisations and trusts who provided generous grants for the LRC
- Community Woodlands Association for partnering with us and raising awareness of ticks and Lyme disease prevention among their community woodland members
- STEM volunteers who have helped support local community public or other events
- The Conservation Volunteers whose partnership with LRC has resulted in wider awareness of ticks and enabled broader implementation of tick signage across Scotland
- Those who provided generous donations or raised funds for LRC, Making special mention of:
 - Laura Godfrey-Faussett
 - The McGrigor family
 - Victoria Joicey and friends
 - Morven-May MacCallum
 - Orla Burke
 - Sue Pasfield
 - Aileen Scott
 - Philip Harvey.

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) <i>OSCR will accept digital or typed signatures</i>		
Full name(s)	Mrs. Arlene Brailey	Prof. Norman A. Lannigan OBE
Position (e.g. Chair)	Trustee	Trustee
Date	16 July 2026	16 July 2026

Receipts and payments accounts							
For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2025		31	03	2026

Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
A1 Receipts						
Donations	31,795	14,958			46,753	11,418
Legacies					-	
Grants	20,750	5,500			26,250	4,000
Receipts from fundraising activities					-	
Gross trading receipts	402				402	2,104
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	9				9	164
					-	
A1 Sub total	52,956	20,458	-	-	73,414	17,686
A2 Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
A2 Sub total	-	-	-	-	-	-
Total receipts	52,956	20,458	-	-	73,414	17,686
A3 Payments						
Expenses for fundraising activities					-	2,400
Gross trading payments					-	58
Investment management costs					-	
Payments relating directly to charitable activities	21,847	4,994			26,841	34,061
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
					-	
A3 Sub total	21,847	4,994	-	-	26,841	36,519
A4 Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
A4 Sub total	-	-	-	-	-	-
Total payments	21,847	4,994	-	-	26,841	36,519
Net receipts / (payments)	31,109	15,464	-	-	46,573	(18,833)
A5 Transfers to / (from) funds					-	
Surplus / (deficit) for year	31,109	15,464	-	-	46,573	(18,833)

Categories

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	42,349	4,619			46,968	65,801
	Surplus / (deficit) shown on receipts and payments account	31,109	15,464			46,573	(18,833)
						-	
						-	
	Cash and bank balances at end of year	73,458	20,083	-	-	93,541	46,968
	(Agree balances with receipts and payments account(s))						

	Details	Fund to which asset belongs	Market valuation to nearest £	Last year to nearest £
B2 Investments				
		Total	-	

	Details	Fund to which asset belongs	Cost (if available) to nearest £	Current value (if available) to nearest £	Last year to nearest £
B3 Other assets					
		Total	-	-	

	Details	Fund to which liability relates	Amount due to nearest £	Last year to nearest £
B4 Liabilities				
		Total	-	

	Details	Fund to which liability relates	Amount due (estimate) to nearest £	Last year to nearest £
B5 Contingent liabilities				
		Total	-	

Signed by one or two trustees
on behalf of all the trustees

Signature*

Print Name

Date of approval

Robert A. Bailey

Mrs. Arlene Brailey

Prof. Norman A. Lannigan OBE

16-July-26

16-July-26

Section C Notes to the Accounts

C1 Nature and purpose of funds (may be stated on analysis of funds worksheets)

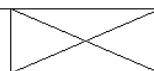
Restricted funds for:
Awareness (Website, signage, leaflets, posters, education etc.)
Research (Future research Initiatives)

C2 Grants

Type of activity or project supported	Individual / institution	Number of grants made	£
Signage	Institution	1	2,500
Conferences	Institution	1	3,000
Unrestricted	Institutions	8	20,750
Total			26,250

C3a Trustee remuneration

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)



Authority under which paid

£

C3b Trustee remuneration - details

C4a Trustee expenses

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)



C4b Trustee expenses - details

	Number of trustees	£
Minor expenses for attending events	2	47

C5 Transactions with trustees and connected persons

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

C6 Other information

No trustees nor any person connected with them received any remuneration during the year.

Additional analysis (1)

Analysis of receipts and payments

1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
General	31,795				31,795	11,008
Research		11,988			11,988	
Awareness - Signage (Ireland)		1,605			1,605	410
Tick Cards		1,365			1,365	
Total	31,795	14,958	-	-	46,753	11,418

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2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
General	20,750		20,750	
Awareness - Signage		2,500	2,500	4,000
Conferences		3,000	3,000	
			-	
Total	20,750	5,500	26,250	4,000

- - - - -

3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Other Receipts	9				9	164
					-	
					-	
					-	
					-	
					-	
					-	
Total	9	-	-	-	9	164

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4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Awareness	13,190	3,670			16,860	22,464
Software Subscriptions	2,504				2,504	156
Stationary and Administration	47				47	168
Insurance	422				422	412
GP Toolkit	3,000				3,000	5,315
Website	1,890				1,890	4,015
Signage		593			593	1,531
Bank Charges	2				2	
Travel and Accommodation	792				792	
Ireland		731			731	
					-	
Total	21,847	4,994	-	-	26,841	34,061

Additional analysis (2)

5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below General Fund	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
Receipts						
Donations	31,795				31,795	11,008
Legacies					-	
Grants	20,750				20,750	
Receipts from fundraising activities					-	
Gross trading receipts	402				402	2,104
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	9				9	164
Sub total	52,956	-	-	-	52,956	13,276
Receipts from asset & investment sales						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	52,956	-	-	-	52,956	13,276
Payments						
Expenses for fundraising activities					-	2,400
Gross trading payments					-	58
Investment management costs					-	
Payments relating directly to charitable activities	21,847				21,847	24,068
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
Sub total	21,847	-	-	-	21,847	26,526
Payments relating to asset and investment movements						
Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-
Total payments	21,847	-	-	-	21,847	26,526
Net receipts / (payments)	31,109	-	-	-	31,109	(13,250)
Transfers to / (from) funds					-	
Surplus / (deficit) for year	31,109	-	-	-	31,109	(13,250)

Nature and purpose of funds

Additional analysis (3)

6 Breakdown of restricted funds

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
	Awareness Ireland	Awareness Signage UK	Awareness General	Research		
Receipts						
Donations	1,605		1,365	11,988	14,958	410
Legacies					-	
Grants		2,500	3,000		5,500	4,000
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
Sub total	1,605	2,500	4,365	11,988	20,458	4,410

Receipts from asset & investment sales

Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
Sub total	-	-	-	-	-	-
Total receipts	1,605	2,500	4,365	11,988	20,458	4,410

Payments

Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	731	593	3,670		4,994	9,993
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
					-	
					-	
Sub total	731	593	3,670	-	4,994	9,993

Payments relating to asset and investment movements

Purchases of fixed assets					-	
Purchase of investments					-	
Sub total	-	-	-	-	-	-

Total payments

Net receipts / (payments)

Transfers to / (from) funds

Surplus / (deficit) for year

Nature and purpose of funds

Restricted funds for:
 Awareness Ireland (signage, leaflets, posters, education etc.)
 Awareness Signage UK (signage)
 Awareness General (website, Conferences, Shows, leaflets, posters, education, etc.)
 Research (Future research Initiatives)

APPENDIX 3



		Independent examiner's report on the accounts v2					
Report to the trustees/members of	Charity name	Lyme Resource Centre					
	Registered charity number	SC049151					
On the accounts of the charity for the period	Period start date				Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2025	to	31	03	2026
Set out on pages	1-12					(remember to include the page numbers of additional sheets)	
Respective responsibilities of trustees and examiner	The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.						
Basis of independent examiner's statement	My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.						
Independent examiner's statement	In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page*] - which gives me reasonable cause to believe that in any material respect the requirements: - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations have not been met, or - to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.						
Signed**:	<i>Derek Lindsay</i>				Date:	30 June 2026	
Name:	Derek Maxwell Lindsay						
Relevant professional qualification(s) or body (if any):	Chartered Accountant						
Address:	2 Barns Park, Ayr. KA7 2AH						

*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

** OSCR will accept digital or typed signatures

APPENDIX 3

Disclosure section

Only complete if the examiner needs to highlight material problems.

**Give here brief details of
any items that the
examiner wishes to
disclose**

none