



Office of the Scottish Charity Regulator

Trustees' Annual Report for the period							
Period start date				Period end date			
	Day	Month	Year		Day	Month	Year
From	01	04	2024	To	31	03	2025

Reference and administration details

Charity name	new beginnings club east lothian		
Other names charity is known by	nbc		
Registered charity number	SC047156		
Charity's principal address	c/o Carers of East Lothian		
	East Lothian Community Hospital		
	Alderston Road		
	Haddington	Postcode EH41 3PF	

Names of the charity trustees on date of approval of Trustees' Annual Report

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
	Chair		
	Vice Chair	1 December 2024	
	Treasurer		
	Secretary		
		1 March 2025	
	Co-opted		
	Co-opted		
	Co-opted		

## Reference and administration details

Names of all other charity trustees during the period, if any, (for example, those who resigned part way through the financial period)

Name	Dates acted if not for whole year
	Sept2024/ March2025
	Sept2024/ December 2024

## Structure, governance and management

Type of governing document

Constitution of the new beginnings club east lothian

Trustee recruitment and appointment

Election at AGM

A person can be nominated by themselves or others to be a Charity Trustee. There will be a minimum of six and a maximum of twelve Charity Trustees. The Charity Trustees will be voted on, or co-opted, by the members of the nbc to represent them.

For any decision to be made at least six Charity Trustees must be present

- a Charity Trustee must:
- be 16 years of age or older

## Objectives and activities

Charitable purposes

nbc is a charitable group set up in East Lothian to promote equality, recognise individuality and celebrate difference by addressing inequalities that face disable and non-disabled people in the community.

nbc's primary goal is to ensure that opportunities are available to all those in East Lothian including those who have a severely limited income and including those living in isolated rural communities where public transport is severely limited and often non-existent in the evenings.

Summary of the main activities in relation to these objects

nbc provide/ organise recreational facilities, working with other groups in the community, with the purpose of improving the conditions of the lives of its members by: a) Creating opportunities to improve health and fitness b) Trying out and exploring new activities c) Creating opportunities for meeting people and offering help so that others can get involved. Nbc relies on fundraising efforts and donations to support the work carried out on behalf of its members. This includes monies to finance one part-time Co-ordinator/ Administrator to assist the Trustees to run the group and help to develop nbc to achieve its potential and secure a sustainable future through future funding.

## Achievements and performance

**Summary of the main achievements of the charity during the financial period**

See separate report

## Financial review

**Brief statement of the charity's policy on reserves**

Our reserve strategy is to ensure we hold 20% of operating expenditure in reserve to allow us to continue operating if there is an unexpected drop in income or to take advantage of new opportunities that may arise.

**Details of any deficit**

No deficit

**Donated facilities and services (if any)**

East Lothian Community Hospital – weekly use of the community hall on a Tuesday afternoon and a Wednesday evening.  
Volunteer Centre East Lothian, Tranent – meeting room for 2 hours every 2 months for Trustee Meetings.  
Carers of East Lothian – printing of bi-monthly newsletter.

## Other optional information

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (e.g. Chair)

CHAIR

TREASURER

Date

X 25/6/25

X 25/6/25

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nbc was awarded funding for this current financial year to continue to fund 2 part-time posts totalling 25hrs/week; Co-ordinator/ Administrator and Events Support Worker. During the financial year the amount of hours paid to teach of these posts was altered, by agreement with the Board of Trustees and the paid staff, in order to meet the growing demands of the running the club.

The paid staff hours for the club are vital in the continuing running of the club to help members to get out and about in their communities and beyond to reduce their social isolation and loneliness and support their health and mental wellbeing. Over the last 12 months more of the clubs members have taken up a greater number of the opportunities the club has to offer. nbc continue to listen to the needs and wants of its members to support their growing independence and learn new skills to enhance their everyday living.

nbc Board of Trustees is made up of members of the club, as voted at the AGM, along with a small number of co-opted Trustee who offer professional help and support in the decision making of the club. The co-opted Trustees have no voting rights. Unfortunately the club lost one of its' Trustees due to a sudden fatal illness. Trustees agreed to re-appoint Lorraine Bannerman, who stopped her post of paid Events Support Worker, as a Trustee. Nbc also had to re-appoint the out-going vice-chair after the in-coming vice-chair resigned very shortly after the AGM.

Throughout 2024/2025 nbc have continued to offer regular weekly, fortnightly, monthly and bi-monthly social opportunities to their members including tenpin bowling, Pick and Mix sessions, bingo/ dominoes social evenings, friendship cafes, maintaining our allotment, presenting our radio show "Happy Talk". The club also provides opportunities for its members to enjoy trips to the theatre and the cinema as well as visiting places of interest both near and far from home. Trips this year have included Botanic Gardens for Christmas Light Trail, Mary Poppins the Musical, John Muir Museum, Lauderdale Food & Craft Fair, Berwick upon Tweed and Balgone Pumpkin Trail. Nbc have also enjoyed 2 overnight trips to Dumfries House and the Scottish Kelpies in September as well as Scarborough, Pickering NYMR and Whitby in December.

The aspiration to grow the club is very much shown by the enthusiasm our members have in the uptake of all aspects of club life. The club has a number of sub-groups, led by members, to help in the planning and running of the club eg Funding, Membership, Radio and Allotments. These sub-groups have given more members the opportunity to become more involved with the club.

Fundraising continues to give much needed income to the club to help and support with costs for resources for the various aspects of the club, as well as covering costs of insurance, fees for the allotments and radio show and general club expenses. The club organised a Sponsored Walk in Portobello and various Christmas Craft Markets. Individual members have now begun their own fundraising initiatives eg selling homemade tablet, selling football cards. As well as raising these necessary funds to continue to grow the club, members also share in the opportunity to grow themselves; gaining self-confidence, supporting their mental health and learning new skills while building stronger, more supportive friendships and contributing to their local communities.

nbc have a wide range of members, from 20+ to 70+, with different levels of disabilities, both physical disabilities and learning disabilities. nbc is one of the most recognised clubs in East

Lothian who offer social opportunities to some of the most vulnerable adults in our communities.

**Successful Funding Applications:**

£6000.00 – ELC 1 Partnership Fund

£19270.00– VCEL (Communities and Well Being Fund)

£1500.00 – Fa'side Area Partnership

**Other Funding**

£1282.89 – Club Fundraising

£10.00 – Donation from Tree Hanging

£500.00 – Bentely

£1000.00 – Arnold Clark





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## Receipts and payments accounts

For the period from	Period start date			to	Period end date		
	Day	Month	Year		Day	Month	Year
	01	04	2024		31	03	2025

### Section A Statement of receipts and payments

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total funds current period to nearest £	Total funds last period to nearest £
<b>A1 Receipts</b>						
Donations	1,510				1,510	75
Legacies					-	
Grants	26,770				26,770	1,640
Receipts from fundraising activities	1,283				1,283	2,511
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	9,398				9,398	7,200
<b>A1 Sub total</b>	<b>38,961</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>38,961</b>	<b>27,166</b>
<b>A2 Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>A2 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>38,961</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>38,961</b>	<b>27,166</b>
<b>A3 Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	36,375				36,375	28,706
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
Other					-	
<b>A3 Sub total</b>	<b>36,375</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>36,375</b>	<b>28,706</b>
<b>A4 Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>A4 Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>36,375</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>36,375</b>	<b>28,706</b>
<b>Net receipts / (payments)</b>	<b>2,586</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>2,586</b>	<b>(1,540)</b>
<b>A5 Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	<b>2,586</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>2,586</b>	<b>(1,540)</b>

error

## Section B Statement of balances

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
B1 Cash funds	Cash and bank balances at start of year	17,755				17,755	19,295
	Surplus / (deficit) shown on receipts and payments account	2,586				2,586	2,140
						-	
						-	
	Cash and bank balances at end of year	20,341	-	-	-	20,341	21,435
(Agree balances with receipts and payments account(s))							
B2 Investments	Details						
B3 Other assets	Details						
B4 Liabilities	Details						
B5 Contingent liabilities	Details						

Signed by one or two trustees  
on behalf of all the trustees

Signature

Print Name

Date of  
approval25/6/25  
25/6/25

## Section C Notes to the Accounts

**C1 Nature and purpose of funds** (may be stated on analysis of funds worksheets)


**C2 Grants**

Type of activity or project supported	Individual / institution	Number of grants made	£
Total			-

**C3a Trustee remuneration**

If no remuneration was paid during the period to any charity trustee or person connected to a trustee cross this box (otherwise complete section 3b)

--

Authority under which paid

£

**C3b Trustee remuneration - details**


**C4a Trustee expenses**

If no expenses were paid to any charity trustee during the period then cross this box (otherwise complete section 4b)

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**C4b Trustee expenses - details**

	Number of trustees	£

**C5 Transactions with trustees and connected persons**

Nature of relationship	Nature of transaction	Transaction amount (£)	Balance outstanding at period end (£)

**C6 Other information**


### Additional analysis (1)

#### Analysis of receipts and payments

##### 1 Donations

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Private Donations	10				10	75
Bentley	500				500	
Arnold Clark	1,000				1,000	
					-	
<b>Total</b>	<b>1,510</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>1,510</b>	<b>75</b>

##### 2 Grants

	Unrestricted funds to nearest £	Restricted funds to nearest £	Total current period to nearest £	Total last period to nearest £
East Lothian One Partnership Fund	6,000		6,000	7,500
CMH&W Yr 4	19,270		19,270	10,140
Fa'side Area Partnership	1,500		1,500	
			-	
<b>Total</b>	<b>26,770</b>	<b>-</b>	<b>26,770</b>	<b>17,640</b>

##### 3 Gross receipts from other charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Bank Interest	182				182	203
Activities	7,105				7,105	5,817
Socials/ Pick n Mix	1,927				1,927	1,157
Sale of Merchandise	186				186	23
Fundraising	1,283				1,283	2,251
					-	
					-	
					-	
<b>Total</b>	<b>10,682</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>10,682</b>	<b>9,451</b>

reference error

reference error

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##### 4 Payments relating directly to charitable activities

	Unrestricted funds to nearest £	Restricted funds to nearest £	Expendable endowment funds to nearest £	Permanent endowment funds to nearest £	Total current period to nearest £	Total last period to nearest £
Allotments fees/ expenses	501				501	899
Events	10,827				10,827	6,382
Telephone/ postage and stationery	475				475	274
Wages	22,839				22,839	19,053
misc	299				299	117
Mileage	1,095				1,095	970
Insurance	241				241	235
Fundraising	98				98	775
Subscriptions					-	
					-	
					-	
<b>Total</b>	<b>36,375</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>36,375</b>	<b>28,705</b>

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## Additional analysis (2)

## 5 Breakdown of unrestricted funds

	Unrestricted fund 1 - enter name of fund below	Unrestricted fund 2 - enter name of fund below	Unrestricted fund 3 - enter name of fund below	Unrestricted fund 4 - enter name of fund below	Total unrestricted funds	Total unrestricted funds last period
<b>Receipts</b>						
Donations	1,510				1,510	75
Legacies					-	
Grants	26,770				26,770	17,640
Receipts from fundraising activities	1,282				1,282	2,251
Gross trading receipts					-	
buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities	9,399				9,399	7,200
<b>Sub total</b>	<b>38,961</b>	-	-	-	<b>38,961</b>	<b>27,166</b>
cross ref error						
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>	<b>-</b>	-	-	-	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>38,961</b>	-	-	-	<b>38,961</b>	<b>27,166</b>
cross ref error						
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities	10,827				10,827	6,382
Fundraising	98				98	775
Allotments	501				501	899
Misc	299				299	117
Wages	22,839				22,839	19,053
Insurance	241				241	235
Telephone, posaget, stationery	475				475	274
Mileage	1,095				1,095	970
Subscriptions					-	
<b>Sub total</b>	<b>36,375</b>	-	-	-	<b>36,375</b>	<b>28,705</b>
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>	<b>-</b>	-	-	-	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>36,375</b>	-	-	-	<b>36,375</b>	<b>28,705</b>
<b>Net receipts / (payments)</b>	<b>2,586</b>	-	-	-	<b>2,586</b>	<b>(1,539)</b>
<b>Transfers to / (from) funds</b>						
<b>Surplus / (deficit) for year</b>	<b>2,586</b>	-	-	-	<b>2,586</b>	<b>(1,539)</b>
cross ref error						
<b>Nature and purpose of funds</b>						

**Additional analysis (3)****6 Breakdown of restricted funds**

	Restricted fund 1 - enter name of fund below	Restricted fund 2 - enter name of fund below	Restricted fund 3 - enter name of fund below	Restricted fund 4 - enter name of fund below	Total restricted funds	Total restricted funds last period
<b>Receipts</b>						
Donations					-	
Legacies					-	
Grants					-	
Receipts from fundraising activities					-	
Gross trading receipts					-	
Income from investments other than land and buildings					-	
Rents from land & buildings					-	
Gross receipts from other charitable activities					-	
<b>Sub total</b>					-	-
<b>Receipts from asset &amp; investment sales</b>						
Proceeds from sale of fixed assets					-	
Proceeds from sale of investments					-	
<b>Sub total</b>					-	-
<b>Total receipts</b>					-	-
<b>Payments</b>						
Expenses for fundraising activities					-	
Gross trading payments					-	
Investment management costs					-	
Payments relating directly to charitable activities					-	
Grants and donations					-	
Governance costs:					-	
Audit / independent examination					-	
Preparation of annual accounts					-	
Legal costs					-	
<b>Sub total</b>					-	-
<b>Payments relating to asset and investment movements</b>						
Purchases of fixed assets					-	
Purchase of investments					-	
<b>Sub total</b>					-	-
<b>Total payments</b>					-	-
<b>Net receipts / (payments)</b>					-	-
<b>Transfers to / (from) funds</b>					-	
<b>Surplus / (deficit) for year</b>					-	-

**Nature and purpose of funds**

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# APPENDIX 3



## Independent examiner's report on the accounts

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Report to the trustees/members of

Charity name  
New beginnings club east lothian

Registered charity number

SC047156

On the accounts of the charity for the period

Period start date				Period end date		
Day	Month	Year		Day	Month	Year
01	04	2024	to	31	03	2025

Set out on pages

(remember to include the page numbers of additional sheets)

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts in accordance with the terms of the Charities and Trustee Investment (Scotland) 2005 Act and the Charities Accounts (Scotland) Regulations 2006 (as amended). The charity trustees consider that the audit requirement of Regulation 10(1) (d) of the Accounts Regulations does not apply. It is my responsibility to examine the accounts as required under section 44(1) (c) of the Act and to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination is carried out in accordance with Regulation 11 of the 2006 Accounts Regulations. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeks explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, I do not express an audit opinion on the view given by the accounts.

Independent examiner's statement

In the course of my examination, no matter has come to my attention [other than that disclosed on the attached page\*]

- which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 44(1) (a) of the 2005 Act and Regulation 4 of the 2006 Accounts Regulations, and
  - to prepare accounts which accord with the accounting records and comply with Regulation 9 of the 2006 Accounts Regulations

have not been met, or

- to which, in my opinion, attention should be drawn in order to enable a proper

Signed:

Name:

Relevant professional qualification(s) or body (if any):

Address:

Date:

12/6/25

\*Please delete the words in the brackets if they do not apply. If the words do apply, set out those matters which have come to your attention on the following page.

## APPENDIX 3

### Disclosure section

Only complete if the examiner needs to highlight material problems.

Give here brief details of  
any items that the  
examiner wishes to  
disclose





## **new beginnings club • east lothian**

### **Statement of Accounts 1 April 2024 to 31 March 2025**

**Opening Balance** £17,755.44

**Income:**

Donations	£1510.00
Bank Interest	£181.90
Activities	£7104.86
Socials/Pick and Mix	£1926.60
Sale of Merchandise	£185.50
Fundraising	£1282.89
Grants	<u>£26,770.00</u>

**Sub Total** £38,961.75 £56,717.19

**Less Expenditure:**

Activities Events	£10,827.03
Postage Stationery	£475.56
Wages	£22,839.00
Insurance	£240.99
Allotments	£500.55
Fundraising	£98.15
Misc.	£299.00
Mileage	<u>£1094.90</u>

**Sub Total** £36,375.18

**Closing Balance**

**£20,342.01**

**Represented by – Bank Balance at 31 March 2025**

