# CENTRE FOR REIKI INNER LIGHT UNAUDITED ACCOUNTS FOR THE YEAR ENDED 30 JUNE 2018

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**Charity Number SCO44949** 

ROSS McCONNELL Chartered Accountants 3 High Street

Kinross KY13.8AW

# ACCOUNTS

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## YEAR ENDED 30 JUNE 2018

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## **TRUSTEES' ANNUAL REPORT**

## YEAR ENDED 30 JUNE 2018

The trustees present their report and the unaudited accounts of the charity for the year ended 30 June 2018.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered charity name** 

Centre for Reiki Inner Light

Charity registration number S

SCO44949

Principal office Principal address

2 Drummond Park Crook of Devon Kinross

#### The trustees

The trustees who served the charity during the period were as follows:





was appointed as a trustee on 1 February 2018. was appointed as a trustee on 1 February 2018. retired as a trustee on 1 February 2018. retired as a trustee on 1 February 2018.

Independent examiner

Ross McConnell Chartered Accountant 3 High Street Kinross KY13 8AW

#### STRUCTURE, GOVERNANCE AND MANAGEMENT

The Centre for Reiki Inner Light is a charitable unincorporated body, and the purposes and administration arrangements are set out in our constitution.

No trustees received any remuneration during the year. Incidental expenses incurred by the trustees in carrying out their duties are reimbursed.

#### TRUSTEES' ANNUAL REPORT (continued)

### YEAR ENDED 30 JUNE 2018

#### **OBJECTIVES AND ACTIVITIES**

The Charitable Purposes of The Centre For Reiki Inner Light are to promote self healing and personal growth through the spiritual discipline of the Usui System of Japanese Reiki through the provision of quality training and education for Reiki Practitioners and the general public and also to engage Reiki Practitioners to offer a Reiki healing therapy service, thereby: advancing mental and physical health through the prevention or relief of sickness and suffering through the holisitic therapy of Reiki; advancing public education through the provision of training programmes for the general public and for existing new and prospective existing Reiki Practitioners; providing relief to those in need by reason of age, ill-health, financial hardship or other disadvantage.

We have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities.

#### ACHIEVEMENTS AND PERFORMANCE

The Centre has provided regular free Reiki Taster Sessions at both Ardler and Kirkton Community Centres in Dundee.

It has also provided Reiki Taster Sessions at various Women's Festival events, Pamper Day with Dundee Carers Centre, Time for You ar Ardler Community Centre, Fun Days at Ardler and Kirkton Community Centres and also a pamper day organised by a voluntary organisation for women who have been traumatised or abused.

We have continued to provide short talks and practical Reiki sessions for a voluntary organisation providing support to those who wish to move away from addictions and substance abuse.

#### FINANCIAL REVIEW

The results for the year shows a deficit of £300 (2017 deficit of £1,830). The charity holds unrestricted funds of £ 889 (2017 £1,189) at the year end.

## TRUSTEES' ANNUAL REPORT (continued)

## YEAR ENDED 30 JUNE 2018

### PLANS FOR FUTURE PERIODS

Plans for future periods:

" The Centre is to continue its free Taster sessions at Kirkton and Ardler Community Centres

" Continue to work with new developments such as more client-centred pamper sessions with Dundee Carers Session on a regular basis rather than one Pamper Day in June, and also to initiate a rolling programme of Reiki for Relaxation sessions over the 8 Community Centres in Dundee

" To provide Reiki Relaxation Sessions for staff of an organisation working with traumatised women

" Continue to respond to Festival, Fun Days and Pamper days as they arise

" Continue to respond to requests to give talks and provide support for vulnerable client groups of voluntary organisations

#### INDEPENDENT EXAMINER

Ross McConnell Chartered Accountant has been re-appointed as independent examiner for the ensuing year.



Signed by order of the trustees

Charity Secretary

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# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CENTRE FOR REIKI INNER LIGHT

### YEAR ENDED 30 JUNE 2018

I report on the accounts of the charity for the year ended 30 June 2018 which are set out on pages 6 to 9.

#### **RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND EXAMINER**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

#### **BASIS OF INDEPENDENT EXAMINER'S REPORT**

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

#### **INDEPENDENT EXAMINER'S STATEMENT**

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 130 of the 2011 Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

# INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF CENTRE FOR REIKI INNER LIGHT (continued)

## YEAR ENDED 30 JUNE 2018

Laura McConnell Ross McConnell Chartered Accountant Independent examiner

3 High Street Kinross KY13 8AW

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# STATEMENT OF FINANCIAL ACTIVITIES PROFIT AND LOSS ACCOUNT

## YEAR ENDED 30 JUNE 2018

	2018	Total Funds 2017 £
13000	<b>.</b>	£
2	877	299
	877	299
		<del></del>
3/4	(1,177)	(2,129)
	(1,177)	(2,129)
	(300)	(1,830)
	1,189	3,019
	889	1,189
	Note 2	Note $\pounds$ 2 $\frac{877}{877}$ 3/4 $(1,177)$ $(\overline{1,177})$ $(\overline{300})$ 1,189

The Statement of Financial Activities

Profit and Loss Account includes all gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared.

All of the above amounts relate to continuing activities.

The notes on pages 8 to 9 form part of these accounts.

## BALANCE SHEET

## 30 JUNE 2018

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	Note	2018 £	£	2017 £
CURRENT ASSETS Cash at bank	Note	£ 889	*	r 1,489
<b>CREDITORS: Amounts falling due within one</b> year	6	<u> </u>		(300)
NET CURRENT ASSETS			889	1,189
TOTAL ASSETS LESS CURRENT LIABILITI	ES		889	1,189
FUNDS Unrestricted income funds TOTAL FUNDS	7		889 889	1,189

These accounts were approved by the members of the committee and authorised for issue on the ...... and are signed on their behalf by:

Director

The notes on pages 8 to 9 form part of these accounts.

# NOTES TO THE ACCOUNTS

# YEAR ENDED 30 JUNE 2018

## 7. UNRESTRICTED INCOME FUNDS

	Balance at 1 July 2017	Incoming resources	Balance at 30 June 2018
	£	£	£
General Funds	1,189	(300)	889

## 8. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Net current	
	assets	Total
	£	£
Unrestricted Income Funds	889	889
Total Funds	889	889

## NOTES TO THE ACCOUNTS

## YEAR ENDED 30 JUNE 2018

#### 1. ACCOUNTING POLICIES

#### **Basis of accounting**

The accounts have been prepared under the historical cost convention and in accordance with applicable United Kingdom accounting standards and the requirements of the Statement of Recommended Practice 'Accounting and Reporting by Charities' issued in March 2005 (SORP 2005).

#### **Fixed** assets

All fixed assets are initially recorded at cost.

#### 2. VOLUNTARY INCOME

	Unrestricted Funds	Total Funds 2018	Total Funds 2017
	£	£	£
Donations			
Donations	728	728	29 <u>9</u>
Financial compensation	149	149	
	877	877	299
		1	

#### 3. COSTS OF CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted	<b>Total Funds</b>	Total Funds
	Funds	2018	2017
	£	£	£
Centre for Reiki Inner Light running costs	1,177	1,177	2,129
U U		Martin Street Street	·····

#### 4. COSTS OF CHARITABLE ACTIVITIES BY ACTIVITY TYPE

	Activities		
	undertaken	<b>Total Funds</b>	Total Funds
	directly	2018	2017
	£	£	£
Centre for Reiki Inner Light running costs	1,177	1,177	2,129

#### 5. STAFF COSTS AND EMOLUMENTS

No salaries or wages have been paid to employees, including the members of the committee, during the year.

#### 6. CREDITORS: Amounts falling due within one year

	2018	2017
Other and item	£	£ 300
Other creditors		

## MANAGEMENT INFORMATION

YEAR ENDED 30 JUNE 2018

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The following pages do not form part of the statutory accounts which are the subject of the independent examiner's report on pages 4 to 5.

# DETAILED STATEMENT OF FINANCIAL ACTIVITIES PROFIT AND LOSS ACCOUNT

## YEAR ENDED 30 JUNE 2018

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	2018		2017
	£	£	£
INCOMING RESOURCES			
VOLUNTARY INCOME			
Donations		728	299
Financial compensation		149	-
		877	200
			299
TOTAL INCOMING RESOURCES		877	299
			<u></u>
RESOURCES EXPENDED			
CHARITABLE ACTIVITIES			
Establishment - Other		663	29
Motor and travel costs - Other		208	221
Professional - Accountancy fees		300	300
Professional - Legal fees		6	43
Office expenses - Telephone		-	1,536
		1,177	2,129
TOTAL RESOURCES EXPENDED		1,177	2,129
			***********
NET OUTGOING RESOURCES FOR THE		÷•••••••	
YEAR		(300)	(1,830)
		(000)	

## DETAILED STATEMENT OF FINANCIAL ACTIVITIES PROFIT AND LOSS ACCOUNT

## YEAR ENDED 30 JUNE 2018

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	2018		2017	
	£	£	£	
CHARITABLE ACTIVITIES				
Centre for Reiki Inner Light running costs				
Activities undertaken directly				
Establishment - Other		663	29	
Motor and travel costs - Other		208	221	
Professional - Accountancy fees		300	300	
Professional - Legal fees		6	43	
Office expenses - Telephone			1,536	
-		1,177	2,129	