



Eighteen and Under

Trustees' Annual Report

1st April 2025 to 31st March 2026

Charity contact information

Eighteen And Under

Scottish Charity Number: SC026688

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Charity Trustees

1. Jane Leslie
2. Barry Eggleton
3. Lisa Callander
4. Eva Dominguez
5. Julie Redman

Objectives and activities

The charity's main aims and objectives are to promote, for the public benefit, the relief from mental and physical stress of young people and vulnerable adults, both in Scotland and Internationally, who are in need, as a result of having been raped, sexually abused or abused in any other way and to develop and deliver resources, methods and programmes aimed at preventing abuse and violence.

The policies adopted in furtherance of these objects are wide ranging and explained fully in our review of activities. The trustees have paid due regard to guidance issued by the Office of the Scottish Charity Regulator (OSCR) in deciding what activities the charity should undertake.

Structure, governance and management

Type of governing document

The charity is a Scottish Charitable Incorporated Organisation (SCIO).

The SCIO single tier constitution was adopted by the trustees on the 13th of April 2023. All the charitable aims and objectives remain the same.

Trustee recruitment and appointment

The Trustees all have a background of interest in working in this field and are elected at the Annual General Meeting or appointed by the other Trustees.

None of the Trustees has any beneficial interest in the charity.

The Trustees meet regularly to oversee the running of the charity. Day to day operations is delegated to the Manager and they report to the Trustees via board meetings either online or face to face.

Induction and training of Trustees is done on an informal basis, with professional help and guidance obtained where appropriate.

The charity endeavours to work in partnership with similar organisations where appropriate.

Achievements and performance

As part of our long-term plans, we recruited a part-time worker to help with raising awareness of our Violence Is Preventable (VIP) programme. The aim of this programme is to deliver safety awareness and violence prevention programmes in schools and community settings. Later on in 2026, our plan is to start running Senior VIP sessions in the Forfar area.

This is our second year of Heritage Lottery funding for our Scottish child sexual abuse survivor's movement project. We carried out 30+ interviews with leading individuals involved in the movement from as far back as the 1970s to help create a record of its history. The purpose of the project is to launch a series of podcasts focusing on different themes that help to tell the story of the movement. Our aim was to launch the project at the end of this financial year however, due to the upcoming Scottish elections, we have postponed this, with agreement from the Heritage Lottery, until late Summer 2026. We have also had a younger volunteers involved in creating a visual timeline that can be shared with everyone, a tool that can be added to and adapted for generations to come. The timeline will also be publicly shared following the official launch of the project.

The funding for our Shadow Management group is coming to an end in May 2026. This 3-year funding from the Gannochy Trust, has helped us to bring together young people as volunteers within the charity, helping to support our main management group. During this financial year, our young volunteers have been heavily involved in supporting our Heritage Project. They have helped to create our visual timeline, participated in our weekly online chats with young service users, helped to facilitate Violence Is Preventable (VIP) sessions and supported in working in partnership with a local charity to run a Youth Pride event. We are very thankful to the Gannochy Trust for all their support.

We continue to see young people access our Online platform (forum) where they are involved in clubs, weekly chats, and peer-led forum discussions.

In partnership with the University of Massachusetts Amherst, we have been carrying out research into understanding effective prevention and intervention strategies for Technology-Facilitated Abuse in Childhood. This involves organising and facilitating focus groups comprised of different ages and experiences to help us understand the issues faced by young people with a focus on a solution-based approach.

We continue to search for volunteers with several recruitment drives being carried out to build the number we have we to enable us to meet the demands of our service users. We have been more focused on recruiting younger volunteers to help maintain a youth-led approach.

Stats

Charity forum total members - (250)

Joined over current financial year - (17)

Posts/replies – (623)

Chat/Messages – (13,255)

Young people supported – (113)

Financial review

Statement of the charity's policy on reserves

The Trustees have examined the requirement to maintain free reserves and feel that given the current financial climate that a minimum of 6 months operational costs should be retained in reserves. Transfers have been made into designated funds under the broad headings where the expected future costs will fall. The end result is to bring forward the following designated reserves into 2024/25;

Operational reserve	£50,000
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Moving costs	£22,339
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Crisis drop in	£3,171
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The overall reserves held currently exceeds the minimum policy requirement. We hope to continue to maintain the level of reserves above the minimum required into the future to ensure the continuity of the charity's work.

The charity's main sources of income come from charitable trusts with an interest in the underlying work of the charity, as well as from government bodies, local businesses, and individuals.

In accordance with the charity's constitution the Trustees have the power to make financial investments as they see fit. They have not made any investments over the past year, but the fund of a previous investment is held in a bank account.

The Trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

The major risk to the charity is ensuring the continuity of funding for its projects. The Trustees consider that this can be mitigated by ensuring that funders are satisfied with the service delivery provided. The Trustees also aim to secure funding from a range of donors so that reliance is not placed upon one source of funds. Much of the charity's funding currently comes from specific funding bodies for a specific and

known period of time, which enables the directors to consider contractual obligations to staff, ongoing commitments and legal and financial obligations of the charity.

Donated facilities and services

We have received funds from a local community funder which has allowed us to provide vulnerable individuals and families much needed financial support in the form of shopping and energy vouchers to help them manage the cost of living crisis that is impacting on the poorest in our communities.

Future plans

We plan to launch our heritage project late Summer 2026. We have already booked the Edinburgh City Chambers and have sent out 'Save the date' invites. Our podcasts will be uploaded to several different online sites, and the timeline will be shared with organisations/schools/libraries, and any other groups that are interested.

We continue to look for new premises for our charity. This decision was made as we don't require a large office space as we provide more support and information to our young people online.

Our plan for VIP is to deliver sessions to Sheltered housing complexes in Forfar, Angus. This will help to continue to raise awareness of our overall programme.

Declaration

Signed on behalf of the charity trustees:

Jane Leslie

Print name

Jane LESLIE

Designation

CHAIRPERSON

Date

27.8.2026